

# AKT regulates IL-1 $\beta$ -induced proliferation and activation of hepatic stellate cells

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**Abstract: Background:** Activated hepatic stellate cells (HSCs) are closely involved in the initiation, perpetuation, and resolution of liver fibrosis. Pro-inflammatory cytokine levels are positively correlated with the transition from liver injury to fibrogenesis and contribute to HSC pathophysiology in liver fibrosis. **Methods:** In this study, we investigated the effect of the pro-inflammatory cytokine interleukin (IL)-1 $\beta$  on the proliferation and signaling pathways involved in fibrogenesis in LX-2 cells, an HSC cell line, using western blotting and cell proliferation assays. **Results:** IL-1 $\beta$  increased the proliferation rate and  $\alpha$ -smooth muscle actin (SMA) expression of LX-2 cells in a dose-dependent manner. Within 1 h after IL-1 $\beta$  treatment, c-Jun N-terminal kinase (JNK), p38, and nuclear factor- $\kappa$ B (NF- $\kappa$ B) signaling was activated in LX-2 cells. Subsequently, protein kinase B (AKT) phosphorylation and an increase in  $\alpha$ -SMA expression were observed in LX-2 cells. Each inhibitor of JNK, p38, or NF- $\kappa$ B decreased cell proliferation, AKT phosphorylation, and  $\alpha$ -SMA expression in IL-1 $\beta$ -treated LX-2 cells. **Conclusion:** These results indicate that JNK, p38, and NF- $\kappa$ B signals converge at AKT phosphorylation, leading to LX-2 activation by IL-1 $\beta$ . Therefore, the AKT signaling pathway can be used as a target for alleviating liver fibrosis by the inflammatory cytokine IL-1 $\beta$ .

## Introduction

Fibrosis is characterized by extensive deposition of extracellular matrix (ECM) components. It is a pathological feature of a chronic inflammatory response caused by various types of damage in several organs, including the skin, kidney, lung, heart, intestine, and liver (Tomasek *et al.*, 2002; Friedman, 2004; Wynn, 2007). The primary cellular mediators of fibrosis are myofibroblasts transdifferentiated from fibroblasts, which originate from tissue-resident fibroblasts (Geerts, 2001; Mueller *et al.*, 2007; Hung *et al.*, 2013), pericytes (Hung *et al.*, 2013), and bone marrow-derived mesenchymal stem/stromal cells (Kramann *et al.*, 2015). Other myofibroblasts are also proposed to be derived from epithelial, endothelial, and mesothelial cells, which undergo epithelial-mesenchymal transition, endothelial-mesenchymal transition, and mesothelial-mesenchymal

transition, respectively (Kalluri and Neilson, 2003; Willis *et al.*, 2006; Hinz *et al.*, 2007; Zeisberg *et al.*, 2007; Kis *et al.*, 2011; Hinz *et al.*, 2012).

Hepatic stellate cells (HSCs) are liver-resident fibroblasts located in the space of Disse, accounting for 5%–8% of the total resident cells in the healthy human liver (Geerts, 2001). They remain quiescent and are responsible for the intracellular lipid droplet storage containing vitamin A as retinyl palmitate (Friedman, 2008; Trivedi *et al.*, 2021). In response to liver injury, they proliferate and transdifferentiate from a “quiescent” to an “activated” phenotype responsible for most of the ECM deposition in liver tissue, leading to liver fibrosis (Blaner *et al.*, 2009; Friedman, 2000). HSCs communicate with immune cells, sinusoidal endothelial cells, and/or hepatocytes during liver pathophysiology via various growth factors, chemokines, and cytokines (Baghaei *et al.*, 2022). Growth factors, including transforming growth factor (TGF)- $\beta$ 1, connective tissue growth factor, platelet-derived growth factor, and vascular endothelial growth factor, play essential roles in HSC activation. Among them, TGF- $\beta$ 1 induces HSC activation as a principal factor through signal

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transducers for receptors of the TGF- $\beta$  superfamily-dependent or -independent pathways, resulting in upregulated expression of ECM components (Fabregat *et al.*, 2016; Zhang, 2017; Baghaei *et al.*, 2022). Inflammation is a major hallmark of liver fibrosis and is mediated by chemokines, which induce the chemotaxis of immune cells in the liver (Hellerbrand *et al.*, 1998; Sahin *et al.*, 2012; Lee *et al.*, 2018b; Bartneck *et al.*, 2021). Therefore, chemokines regulate HSC activation and liver fibrosis progression. Various cell types release inflammatory cytokines during liver injury, promoting HSC activation and liver fibrosis (Baghaei *et al.*, 2022). Multiple pro-inflammatory interleukins (IL), including IL-1 $\beta$ , regulate the biological function of liver-resident cells and induce the recruitment of immune cells to the liver (Gielsing *et al.*, 2009; Masola *et al.*, 2019).

Previously, we reported that inflammatory cytokines IL-1 $\beta$ , IL-6, and tumor necrosis factor (TNF)- $\alpha$  levels were positively correlated with the degree of liver fibrosis (Lee *et al.*, 2018a). These inflammatory cytokines increased fibroblast growth factor-21 levels for protective effects on IL-1 $\beta$ -induced growth retardation of Huh-7 cells through the nuclear factor- $\kappa$ B (NF- $\kappa$ B) and c-Jun N-terminal kinase (JNK) pathways (Lee *et al.*, 2018a). Although it has been reported that inflammatory cytokines, including TGF- $\beta$ , IL-1 $\beta$ , IL-6, and TNF- $\alpha$ , can induce fibrosis, most studies have focused on TGF- $\beta$  and TNF- $\alpha$  (Yang and Seki, 2015; Fabregat *et al.*, 2016) and few have determined the signaling pathways involved in the regulation of HSC activation by IL-1 $\beta$ . Therefore, here, we investigated the effect of the pro-inflammatory cytokine IL-1 $\beta$  on the proliferation and signaling pathways in LX-2 cells, an HSC cell line. We found that IL-1 $\beta$  increased growth rate and  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) expression through the JNK, p38, and NF- $\kappa$ B signaling and protein kinase B (AKT) activation. JNK, p38, and NF- $\kappa$ B signals were activated at early time points after IL-1 $\beta$  treatment and then converged at AKT. Thus, we establish that the AKT signaling pathway can be used as a target for alleviating liver fibrosis by the inflammatory cytokine IL-1 $\beta$ .

## Materials and Methods

### Materials

The reagents used in the study were obtained from the indicated suppliers: IL-1 $\beta$ , IL-6, TGF- $\beta$ 1, and TNF- $\alpha$  from R&D Systems (Minneapolis, MN, USA); antibodies against  $\alpha$ -SMA from Abcam (Cambridge, UK); antibodies against glyceraldehyde 3-phosphate dehydrogenase (GAPDH), proliferating cell nuclear antigen (PCNA), nuclear factor of kappa light polypeptide gene enhancer in B-cells inhibitor-alpha (I $\kappa$ B- $\alpha$ ), and phosphorylated (p)-I $\kappa$ B- $\alpha$  were from Santa Cruz Biotechnology (Santa Cruz, CA, USA); antibodies against AKT, p-AKT, p38, p-p38, JNK, p-JNK, extracellular signal-regulated kinase (ERK) 1/2, and p-ERK 1/2 were from Cell Signaling Technology (Danvers, MA, USA). Chemical inhibitors for NF- $\kappa$ B (Bay 11-7082; Sigma-Aldrich, St. Louis, MO, USA), JNK (SP600125; MedChemExpress, Princeton, NJ, USA), p38 (SB202109; MedChemExpress), phosphoinositide 3-kinase (PI3K; LY294002; Sigma-Aldrich), and AKT (AKTI-1/2; Selleck Chemicals, Houston, TX, USA)

were also used. All other materials were purchased from Sigma-Aldrich unless indicated otherwise.

### Cell culture

HSC line, LX-2, was purchased from Millipore (Burlington, MA, USA) and maintained in Dulbecco's minimal essential medium supplemented with 3% fetal bovine serum (FBS) and penicillin/streptomycin (all from Gibco BRL, Rockville, MD, USA) at 37°C and 5% CO<sub>2</sub>. After 24 h, LX-2 cells were treated with IL-1 $\beta$  (0.5 to 20 ng/mL), IL-6 (10 ng/mL), and TNF- $\alpha$  (10 ng/mL), or TGF- $\beta$ 1 (1 ng/mL) and cultured for additional 24 h to analyze growth rate and  $\alpha$ -SMA expression. To analyze the role of the signaling molecules, 20 min before IL-1 $\beta$  treatment, LX-2 cells were treated with Bay 11-7082 (1  $\mu$ M), SP600125 (5  $\mu$ M), SB202109 (2  $\mu$ M), LY294002 (1  $\mu$ M), or AKTI-1/2 (1  $\mu$ M).

### Immunocytochemical analysis

To detect the level of  $\alpha$ -SMA expression, LX-2 cells were grown on glass coverslips and exposed to TGF- $\beta$ , IL-6, IL-1 $\beta$ , and TNF- $\alpha$  for 48 h. The cells were then washed with phosphate-buffered saline (PBS), fixed with 4% paraformaldehyde, permeabilized with 0.2% Triton X-100 for 10 min at room temperature, and blocked with 3% FBS in PBS for 30 min. They were incubated overnight with a primary antibody specific for  $\alpha$ -SMA (1:100; Abcam) at 4°C. For fluorescence labeling, cells were incubated with Alexa Fluor 488-conjugated secondary antibody (1:100; Invitrogen, Carlsbad, CA, USA) for 1 h at room temperature. The unbound secondary antibody was removed by washing, and the cells were mounted in ProLong™ Gold Antifade Mountant with DAPI (4',6-diamidino-2-phenylindole) (Invitrogen). The cells were observed and photographed under a fluorescent microscope (Eclipse TS2R, Nikon, Japan).

### Cell cycle analysis

Cellular DNA content was analyzed using CycleTEST plus DNA reagent Kit (BD Biosciences, San Jose, CA, USA) according to the manufacturer's instructions. Briefly, LX-2 cells were trypsinized, neutralized with Dulbecco's minimal essential medium, and centrifuged at 2000 rpm for 5 min. Cells were washed twice with the buffer solution provided in the Kit, and Solutions A, B, and C were sequentially treated according to the manufacturer's instructions. DNA contents were analyzed on a flow cytometer (BD FACSAria III, BD Biosciences).

### Immunoblotting

Cells were lysed in Laemmli sample buffer (62.5 mM Tris-HCl [pH 6.8], 34.7 mM SDS, 10% (v/v) glycerol, and 5% (v/v)  $\beta$ -mercaptoethanol), boiled for 5 min, subjected to separation by sodium dodecyl sulfate-polyacrylamide gel electrophoresis, and transferred to an Immobilon membrane (Millipore). The membrane was blocked with 5% skimmed-milk in Tris-HCl-buffered saline containing 0.05% (v/v) Tween 20 (TBST buffer) for 30 min; it was then incubated overnight with primary antibodies against  $\alpha$ -SMA, GAPDH, PCNA, I $\kappa$ B- $\alpha$ , and p-I $\kappa$ B- $\alpha$  at a dilution of 1:1000 or AKT, p-AKT, p38, p-p38, JNK, p-JNK, ERK 1/2, and p-ERK 1/2 at a dilution of 1:2000 and 4°C. The membrane was washed thrice for 5 min

with TBST buffer, and then horseradish peroxidase-conjugated secondary antibodies (1:5000; Cell Signaling Technology) were added and allowed to react for 1 h. The membrane was washed thrice with TBST buffer and protein bands were visualized using the EZ-Western Lumi Pico or Femto kit (Dogen, Seoul, Korea) and detected using the ChemiDoc XRS+ system (Bio-Rad, Hercules, CA, USA). The intensity of immunoreactive bands was quantified using densitometry with ImageJ, and relative protein expression was normalized against GAPDH.

*Methylthiazolylidiphenyl tetrazolium bromide (MTT) assay*

LX-2 cells were plated at a density of  $8 \times 10^3$  cells/cm<sup>2</sup> in 96-well plates and cultured for 24 h. The cells were then treated with IL-1 $\beta$  (0.5 to 20 ng/mL), IL-6 (10 ng/mL), TNF- $\alpha$  (10 ng/mL) and cultured for an additional 24 h. Each inhibitor was added 20 min before IL-1 $\beta$  treatment to determine their effect in inhibiting the signals activated by IL-1 $\beta$ . MTT dissolved in PBS was added to each well (final concentration: 5 mg/mL), and the cells were further incubated at 37°C for 2 h. MTT formazan was dissolved in 100  $\mu$ L dimethyl sulfoxide following incubation for an additional 15 min with shaking. Subsequently, the optical density of each well was measured at 570 nm using a microplate reader (Molecular Devices; San Jose, CA, USA).

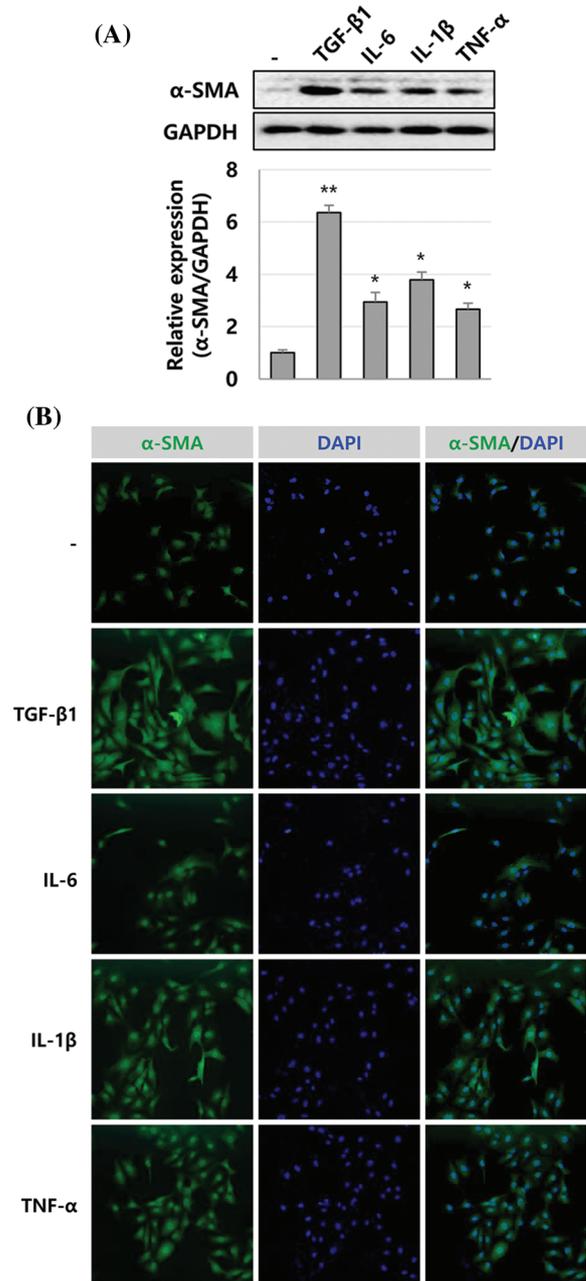
*Statistical analyses*

All experiments were performed three times. The data are expressed as the mean  $\pm$  SD. *P*-values were determined using a paired 2-tailed Student's *t*-test (Mann-Whitney U test). All statistical analyses were performed with GraphPad Prism 7.0 software (GraphPad Inc., La Jolla, CA). Significance was set at *P*  $\leq$  0.05.

**Results**

*Activation of LX-2 cells by pro-inflammatory cytokines*

We previously reported that the expression of inflammatory cytokines IL-1 $\beta$ , IL-6, and TNF- $\alpha$  was increased in human liver tissues during liver fibrosis progression. Additionally, IL-1 $\beta$  inhibited the growth of Huh-7 cells (Lee et al., 2018a). Therefore, we investigated whether IL-1 $\beta$  could regulate the activity of HSCs. First,  $\alpha$ -SMA expression was detected in LX-2 cells treated with IL-1 $\beta$ , IL-6, and TNF- $\alpha$  and was compared to  $\alpha$ -SMA expression in TGF- $\beta$ 1-treated LX-2 cells. We found that 10 ng/mL IL-1 $\beta$ , IL-6, and TNF- $\alpha$  increased the expression of  $\alpha$ -SMA by 3.79-, 2.94-, and 2.66-fold, respectively, which is lower than that induced by TGF- $\beta$ 1 (6.35-fold, 1 ng/mL), with IL-1 $\beta$  inducing the most considerable increase (Fig. 1A). In addition, the expression of  $\alpha$ -SMA was similar to the immunoblotting result of immunocytochemical analysis (Fig. 1B). Up to 10 ng/mL of IL-1 $\beta$  could increase the expression of  $\alpha$ -SMA in a dose-dependent manner (Fig. 2A). The expression of PCNA, a eukaryotic replication marker, gradually increased with the IL-1 $\beta$  concentration (Fig. 2A). IL-1 $\beta$  also increased the proliferation of LX-2 cells (Fig. 2B). In the cell cycle analysis, IL-1 $\beta$  decreased the G1 population of LX-2 cells, but those in S and G2/M-stages increased slightly (Fig. 2C). These results indicate that IL-1 $\beta$  induces an increase in  $\alpha$ -SMA expression to activate HSCs, thereby increasing their proliferation as well. This finding suggests that the

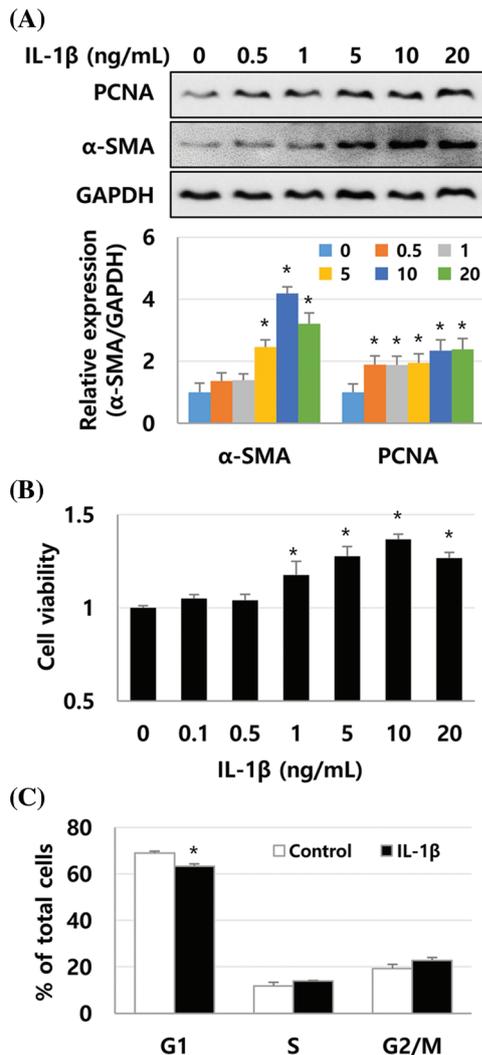


**FIGURE 1.**  $\alpha$ -SMA expression in LX-2 cells induced by inflammatory cytokines. The expression level of  $\alpha$ -SMA was compared in LX-2 cells treated with TGF- $\beta$ 1, IL-6, IL-1 $\beta$ , or TNF- $\alpha$  for 24 h, observed through immunoblotting (A) and immunocytochemical analysis (B). The intensity of  $\alpha$ -SMA expression was quantified using densitometry with Image J, and its relative expression was normalized against that of GAPDH. \**P*  $\leq$  0.05 and \*\**P*  $\leq$  0.01.

inflammatory response plays a vital role in exacerbating liver fibrosis.

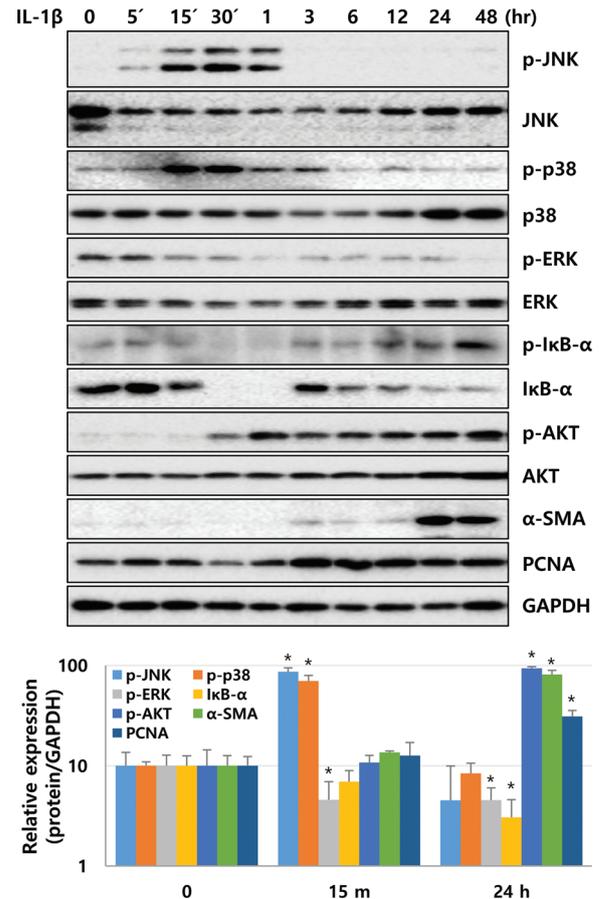
*Signaling pathway activated by interleukin-1 $\beta$  in LX-2 cells*

Next, we investigated whether IL-1 $\beta$  activated NF- $\kappa$ B and mitogen-activated protein kinases (MAPKs, i.e., p38 and JNK), which are involved in liver diseases via IL-1 family cytokines, in LX-2 cells (Tsutsui et al., 2015). Moreover, levels of ERK and AKT, which can regulate cell proliferation, were analyzed after treating LX-2 cells with 10 ng/mL IL-1 $\beta$ . After IL-1 $\beta$  treatment, phosphorylation of



**FIGURE 2.** Proliferation and  $\alpha$ -SMA expression in IL-1 $\beta$ -treated LX-2 cells increases in a dose-dependent manner. LX-2 cells were treated with up to 20 ng/mL of IL-1 $\beta$  for 1 day, and the expression of PCNA and  $\alpha$ -SMA was detected using immunoblotting. Their proliferation was analyzed using the MTT assay. (A)  $\alpha$ -SMA expression in IL-1 $\beta$ -treated LX-2 cells. (B) Increased proliferation of IL-1 $\beta$ -treated LX-2 cells. (C) Cell cycle analysis of LX-2 cells treated with IL-1 $\beta$  at 10 ng/mL. Data are presented as the mean  $\pm$  SD of four independent experiments. \* $P \leq 0.05$ .

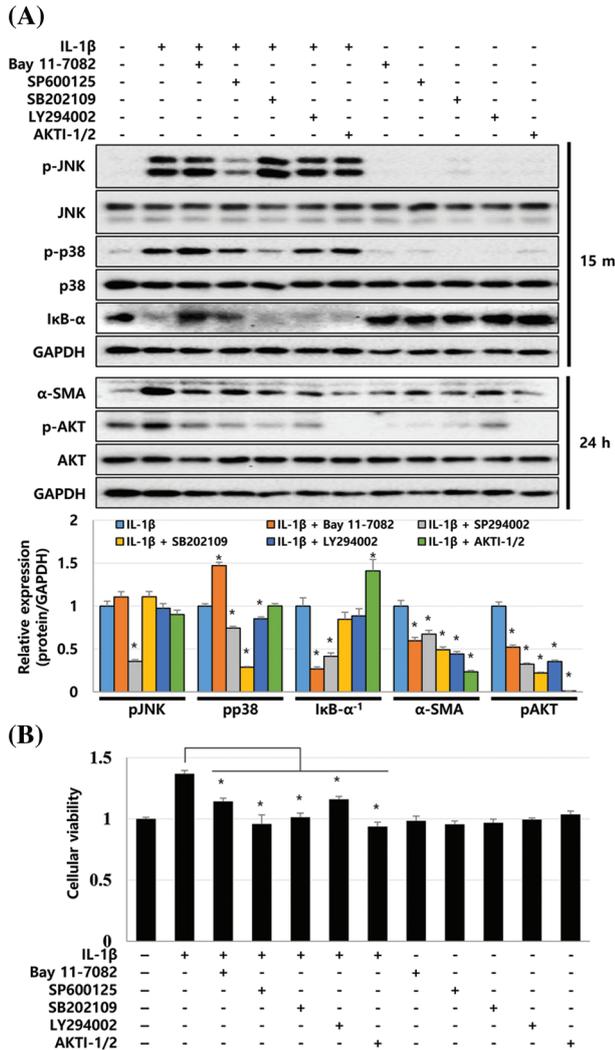
JNK and p38 was detected approximately between 5 and 60 min and peaked between 15 and 30 min. However, phosphorylation of ERK in LX-2 cells gradually decreased in a time-dependent manner. In addition, I $\kappa$ B- $\alpha$  expression decreased from 15 to 60 min, indicating that NF- $\kappa$ B was activated simultaneously (Fig. 3). The activity of NF- $\kappa$ B was observed to gradually increase again after 3 h (Fig. 3). The phosphorylation of I $\kappa$ B- $\alpha$  increased 1.4-fold at 5 min (Fig. 3) compared to the control, and its phosphorylation was observed to be more significant within 5 min (Suppl. Fig. 1). The second cycle of NF- $\kappa$ B activation was observed to increase gradually after 3 h (Fig. 3). In addition, AKT phosphorylation was observed at 30 min and continued until 48 h. The expression of  $\alpha$ -SMA increased significantly after 24 h of IL-1 $\beta$  treatment (Fig. 3). In other words, IL-1 $\beta$  activated p38, JNK, and NF- $\kappa$ B, followed by AKT in LX-2 cells and also increased the expression of  $\alpha$ -SMA.



**FIGURE 3.** Signaling molecules activated by IL-1 $\beta$  in LX-2 cells. After IL-1 $\beta$  treatment, LX-2 cell lysates were obtained at time points as indicated, and phosphorylation and expression levels of signaling molecules were analyzed by immunoblotting. \* $P \leq 0.05$ .

#### *Protein kinase B, a key molecule regulating IL-1 $\beta$ -induced LX-2 activation*

To analyze the signaling cascade activated by IL-1 $\beta$  in LX-2 cells, we used chemical inhibitors to investigate the possible role of the p38, JNK, NF- $\kappa$ B, and AKT in the IL-1 $\beta$ -induced signaling pathways. LX-2 cells were treated with each inhibitor 20 min prior to IL-1 $\beta$  treatment. The changes in the expression of p-p38, p-JNK, and I $\kappa$ B- $\alpha$  activated between 5 and 60 min were analyzed in cell lysates recovered 15 min after IL-1 $\beta$  treatment. After 24 h of IL-1 $\beta$  treatment, samples were analyzed for the changes in AKT activity and  $\alpha$ -SMA expression. All inhibitors for p38, JNK, NF- $\kappa$ B, and AKT suppressed IL-1 $\beta$ -induced  $\alpha$ -SMA expression. In particular, AKTI-1/2, a potent and selective AKT inhibitor, significantly reduced the expression of  $\alpha$ -SMA to the control levels (Fig. 4A). The NF- $\kappa$ B inhibitor, Bay 11-7082, inhibited I $\kappa$ B- $\alpha$  degradation and AKT phosphorylation, whereas the p38 inhibitor SB202109 reduced p38 and AKT phosphorylation. SP600125, a JNK inhibitor, inhibited JNK and AKT phosphorylation, partially inhibited I $\kappa$ B degradation, and decreased p38 activity (Fig. 4A). Therefore, p38, JNK, and NF- $\kappa$ B inhibitors can all inhibit AKT phosphorylation, and these results suggest that the activities of p38, JNK, and NF- $\kappa$ B converge at AKT in LX-2 cells. In addition, AKT inhibitors AKTI-1/2 and LY294002 downregulated the IL-1 $\beta$ -induced  $\alpha$ -SMA expression without modulating p-p38, p-JNK, and I $\kappa$ B- $\alpha$  activities (Fig. 4A). These results suggest that AKT acts as a key



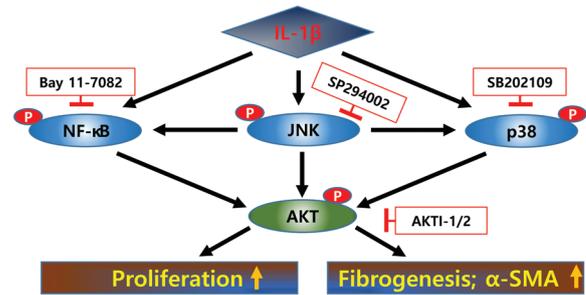
**FIGURE 4.** Signaling cascades activated in IL-1β-treated LX-2 cells. LX-2 cells were treated with each inhibitor 20 min prior to IL-1β treatment. Cell lysates were recovered 15 min or 24 h after IL-1β treatment, and then, the phosphorylation and expression levels of signaling molecules were analyzed using immunoblotting. (A) Phosphorylation and expression levels of signaling molecules after treatment with inhibitors and/or IL-1β. The intensity of signaling molecules was quantified using densitometry with Image J, and relative expression was normalized against GAPDH. (B) Decrease in LX-2 proliferation after treatment with inhibitors and/or IL-1β. Data are presented as the mean ± SD of four independent experiments. \*P ≤ 0.05.

modulator when the inflammatory cytokine IL-1β regulates ECM production by LX-2 cells.

Next, we investigated whether p38, JNK, NF-κB, and AKT inhibitors affect the IL-1β-induced proliferation of LX-2 cells. According to the MTT assay, p38, JNK, NF-κB, and AKT inhibitors decreased the proliferation of LX-2 cells induced by IL-1β (Fig. 4B). These results suggest that p38, JNK, NF-κB, and AKT signaling pathways are involved in IL-1β-induced ECM production by and proliferation of LX-2 cells (Fig. 5).

**Discussion**

This study demonstrates that the pro-inflammatory cytokine IL-1β is positively correlated with the proliferation and ECM production of HSCs through JNK, p38, NF-κB, and AKT



**FIGURE 5.** Signaling pathways activated by IL-1β in LX-2 cells. IL-1β increases the expression of α-SMA in LX-2 cells and their proliferation rate. After IL-1β treatment, p38, JNK, and NF-κB were activated at early time points, and these signals converged at AKT, resulting in increased proliferation of and α-SMA expression in LX-2 cells.

signals. JNK, p38, and NF-κB signals converged at AKT phosphorylation, leading to LX-2 activation by IL-1β. Each inhibitor of JNK, p38, and NF-κB partially decreased the expression of α-SMA, but AKTI-1/2, a potent and selective AKT inhibitor, significantly reduced the expression of α-SMA to the control levels. Therefore, the AKT signaling pathway can be used as a target for alleviating liver fibrosis by IL-1β.

In idiopathic pulmonary fibrosis (IPF), the PI3K/AKT signaling pathways are considered master regulators (Kulkarni *et al.*, 2011; Wang *et al.*, 2022). Therefore, PI3K/AKT inhibitors are currently used to evaluate the pre-clinical and clinical benefits for IPF (Zhang *et al.*, 2016; Lin *et al.*, 2019; Lukey *et al.*, 2019). Omipalisib (GSK2126458), a potent PI3K/mTOR inhibitor, reduced TGF-β-induced fibroblast proliferation and collagen I synthesis by inhibiting PI3K activity and AKT phosphorylation in the blood and lungs of IPF patients (Lukey *et al.*, 2019). In addition, inhibition of the FAK/AKT/β-catenin pathway is associated with the anti-fibrotic effects of the herbal medicine artesunate in LX-2 cells (Lv *et al.*, 2018). In our results, AKT phosphorylation was observed in IL-1β-treated LX-2 cells from 30 min onwards and continued until 48 h. Inhibition of AKT activity reduced the expression of α-SMA in LX-2 cells to the control levels, suggesting that AKT activation is an essential step for lung and liver fibrosis. Glycogen synthase kinase (GSK)-3β is a vital signaling mediator that participates in various biological events, including embryonic development, cell differentiation, apoptosis, and ECM accumulation (Frame and Cohen, 2001; Xiao *et al.*, 2017; Liu *et al.*, 2018; Zheng *et al.*, 2020). In the fibrotic process, GSK-3β can play pro-fibrotic or anti-fibrotic roles, depending on the upstream modulators or downstream effectors (Zheng *et al.*, 2020). AKT can regulate fibrosis by phosphorylating the Ser9 site of GSK-3β, which leads to its inactivation (Wang *et al.*, 2016; Zhang *et al.*, 2020). Kim and colleagues reported that thymosin beta-4 regulates the activation of LX-2 cells via the phosphorylation of GSK-3β, an inactive form (Kim *et al.*, 2017). Similarly, Ser9 phosphorylation of GSK-3β was observed to increase after 5 min in IL-1β-treated LX-2 cells, but its phosphorylation increased and decreased repeatedly until day 2 (Suppl. Fig. 2). These data suggest that AKT increases ECM production of LX-2 cells independent of phosphorylated GSK-3β (Ser9).

The proliferation and excessive ECM production of HSCs after liver damage are critical events in the progression of liver fibrosis. IL-1 $\beta$  expression is significantly increased in patients with suspected hepatic fibrosis and positively correlates with the fibrosis stage (Lee *et al.*, 2018a). IL-1 $\beta$  also participates in HSC proliferation and ECM component expression (Gieling *et al.*, 2009; Luo *et al.*, 2009; Morita *et al.*, 2019). Gieling *et al.* (2009) reported that IL-1 is an important mediator in the early phase of liver injury and controls the progression from liver injury to fibrogenesis through the activation of HSCs *in vivo*. In addition, Reiter *et al.* (2016) observed that the IL-1 receptor antagonist, anakinra, regulates HSC proliferation and suggested the possibility of treating liver fibrosis by antagonizing IL-1 expression. In our results, the inhibition of IL-1 $\beta$ -activated AKT, p38, JNK, and NF- $\kappa$ B signaling, and reduced HSC proliferation as well as  $\alpha$ -SMA expression.

Collectively, IL-1 $\beta$  regulates both HSC proliferation and ECM production through the activation of AKT, p38, JNK, and NF- $\kappa$ B, where AKT acts as a downstream signal for p38, JNK, and NF- $\kappa$ B. Since IL-1 $\beta$  can be considered a therapeutic target for liver cirrhosis, IL-1 $\beta$  antagonism or inhibition of IL-1 $\beta$ -activated signaling pathways could be viable therapeutic strategies to alleviate liver fibrosis. Further studies should focus on evaluating the anti-fibrotic effects of IL-1 $\beta$  antagonism or inhibition of IL-1 $\beta$ -activated signaling pathways *in vivo*. Additionally, other molecules and signaling pathways should be explored through overexpression or specific inhibition of target genes that may contribute to liver fibrosis.

## Conclusion

Our results suggest that JNK, p38, and NF- $\kappa$ B signals could converge at AKT phosphorylation, leading to LX-2 activation by IL-1 $\beta$ . Therefore, the AKT signaling pathway can be used as a target for alleviating liver fibrosis by the inflammatory cytokine IL-1 $\beta$ .

**Availability of Data and Materials:** The datasets generated during and/or analyzed during the current study are available from the corresponding author upon reasonable request.

**Author Contribution:** Study conception and design: Fatema Tuj Saima, Young Woo Eom; data collection: Yongdae Yoon, Soonjae Hwang, Young Woo Eom; analysis and interpretation of results: Moon Young Kim, Soon Koo Baik; draft manuscript preparation: Young Woo Eom. All authors reviewed the results and approved the final version of the manuscript.

**Ethics Approval:** Not applicable.

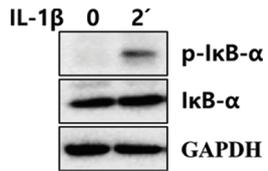
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**Conflicts of Interest:** The authors declare that they have no conflicts of interest to report regarding the present study.

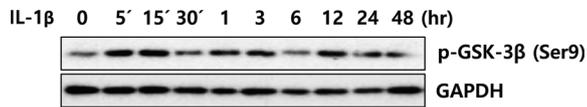
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**SUPPLEMENTARY FIGURE S1.** Phosphorylation of IκB-α in IL-1β-treated LX-2 cells. After IL-1β treatment for 2 min, LX-2 cell lysates were obtained, and phosphorylation of IκB-α was analyzed using immunoblotting.



**SUPPLEMENTARY FIGURE S2.** Phosphorylation of GSK-3β (Ser9) in IL-1β-treated LX-2 cells. After IL-1β treatment for 24 h, LX-2 cell lysates were obtained, and phosphorylation of GSK-3β (Ser9) was analyzed using immunoblotting.