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ARTICLE





Pairwise Reversible Data Hiding for Medical Images with Contrast Enhancement

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ABSTRACT

Contrast enhancement in medical images has been vital since the prevalence of image representations in healthcare. In this research, the PRDHMCE (pairwise reversible data hiding for medical images with contrast enhancement) algorithm is proposed as an automatic contrast enhancement (CE) method for medical images based on region of interest (ROI) and non-region of interest (NROI). The PRDHMCE algorithm strategically enhances the ROI after segmentation using histogram stretching and data embedding. An initial histogram evaluation compares histogram bins with their neighbours to select the bin with the maximum pixel count. The selected bin is set as the point for contrast stretching with enhancement and secret data embedding in the ROI. The remaining data is embedded in the NROI while reducing image distortions. Experimental results show the effectiveness of PRDHMCE in optimally improving image contrast and increasing embedding capacity compared with existing methods based on qualitative and objective metrics such as peak signal-to-noise ratio (PSNR), structural similarity index (SSIM), relative contrast error (RCE), relative mean brightness error (RMBE) and mean opinion score (MOS). Additionally, PRDHMCE recovers medical images fully without data loss.

KEYWORDS

Target histogram stretching; pairwise histogram embedding; reversible data hiding

1 Introduction

The this paper focuses on enhancing the method used in [1] by using target histogram stretching and paired bin comparison of ROI histogram in embedding secret data for grayscale medical images to achieve contrast enhancement (CE). In this paper, the proposed scheme substitutes the stretching of the histogram bin of ROI medical images used in [1] to enhance the contrast of medical images for health prognosis and increase the data embedding rate. To preserve the integrity and visual quality of the primary subject matter within the image (ROI), additional data is embedded into the (NROI) seen in [2]. This approach ensures that the embedded data does not compromise the diagnostic or



aesthetic value of the image's focal area, making it a strategic choice for applications where maintaining the clarity and detail of the ROI is critical. Previously, methods of histogram modification used in the enhancement of grayscale medical images based on reversible data hiding (RDH) in [3–7] show efficiency in the method by improving the contrast in marked images. The approach described in [8] pairs each peak bin with a lower bin and applies Bi-histogram shifting (BHS) in the opposite direction to accomplish histogram equalization (HE) while simultaneously embedding secret data in designated gray images.

Traditionally, histogram equalization (HE) is one of the fundamental approaches to enhancing the contrast of grayscale images [9]. Histogram bins are manipulated according to set standards to maintain the originality and integrity of the images and avoid errors like overflow and underflow [10]. The reversibility of image CE has been the focus of recent research and proposals [11–14]. Information loss can be avoided during the process by using the (RDH) method, for example, to conceal the information needed for image recovery used in [15–19]. The fundamental criterion for RDH is the minimal deterioration of image quality following the embedding of data. The Reversibility function in RDH facilitates the extraction of concealed data from the image, resulting in the restoration of the original image [20]. The techniques used to recover medical images and extract lossless data are mostly similar in their methods, e.g., in [21,22]. Reversible data hiding (RDH) is a novel class of data hiding techniques that allows precise retrieval of embedded data as well as cover media [23]. The proposed algorithm demonstrates effective recovery and extraction methods used in [1].

Methods for the stretching of region of interest histogram bins for grayscale medical images [1], unlike stretching the bins using the pixel value as described in [1] using a set value for their pixel concentration rate (PCR), the proposed method finds the bin with the most pixel value and sets it as a pivot for stretching the remaining bin on the left and right of the pivot bin. This enables an even distribution of pixels, improving contrast and creating more space for embedding.

This paper proposes a pairwise histogram bin comparison of the region of interest of medical images in embedding secret data, prioritizing the higher bin and empty space available in the stretched grayscale image in each iteration of embedding.

1.1 Contributions

The main contributions include:

- 1. The proposed method stretches the ROI histogram bins which achieves better visual quality through CE and histogram equalization HE.
- 2. The proposed method achieves higher embedding capacity for ROI grayscale medical images by performing pairwise histogram embedding procedure.

1.2 Organization

The remainder of this paper is organized as follows. Section 2 describes the proposed automatic CE with RDH using pairwise histogram embedding method comprehensively. Experiment results are shown in Section 3, and Section 4 presents the conclusion of this paper.

The flowchart of the proposed method (Fig. 1) elaborates the processes from the segmentation of original medical image, stretching of ROI histogram, embedding secret data into ROI and NROI respectively, and subsequently recovering of the original image.



Figure 1: Diagram depicting the proposed algorithm

2 Related Work

This section will initially delve into the contrast enhancement for medical images (RDHACEM) in [1], preceded by the proposed pairwise reversible data hiding for medical images with contrast enhancement based on target shifting of histogram bins of the region of interest (ROI) of medical images.

2.1 Thresholding (Segmentation of ROI and NROI)

RDHACEM proposed a more flexible approach to threshold selection by the use of adaptive threshold selection (ATD), which strikes a balance between a class's class interval, data size, and standard deviation by adjusting two parameter values [1]. Pixel values that are below the threshold will remain at 255, while those that are beyond it will be changed to zero, as shown in Eqs. (1) and (2) in segmentation. Eq. (1) illustrates the thresholding process, denoting the initial pixel and the altered pixel following thresholding. Pixel values that are below the threshold will remain at 255, while those that are below the threshold will remain at 255, while those that are below the threshold will remain at 255, while those that are below the threshold will remain at 255, while those that are over the threshold will be changed to zero. Eq. (1) illustrates the thresholding process, denoting the initial pixel and the altered pixel following thresholding. Pixel values that are below the threshold will remain at 255, while those that are over the threshold will be changed to zero. Eq. (1) illustrates the thresholding process, denoting the initial pixel and the altered pixel following thresholding. Pixel values that are below the threshold will remain at 255, while those that are over the threshold will be changed to zero.

$$S = \begin{cases} 0 \text{ if } s \ge \text{ threshold} \\ 255 \text{ s} < \text{ threshold} \end{cases}$$
(1)

Using the threshold image used by Eq. (1), the original image is then segmented into ROI and NROI using Eq. (2), where and represent the pixels in the first and last columns of a row, denoted as and respectively, where the pixel values are 0, and represents the column number of the current pixel, to undergo modification. Specifically, the pixels located between the column indices and within a row is set to zero, while the remaining pixels will remain unchanged.

The histogram represented in Fig. 2 shows a typical distribution of an images ROI of grayscale images, where bins in histogram are clustered in a particular region of intensity (luminance).



Figure 2: Example of histogram with ROI

$$S'' = \begin{cases} 0 & \text{if } c_1 \le c \le c_2\\ 255 & \text{otherwise} \end{cases}$$
(2)

The condition applies to pixels whose column index is between C_1 and C_2 , and the equation describes a conditional operation on the row's pixel values based on their column positions. If the condition $C_1 < C < C_2$ is true, the pixel value S'' is set to 0, indicating that the pixel is likely be turned black or designated as the region of non-interest (NROI). The pixel value S'' stays at 255, which often indicates a white pixel or a pixel outside the region of interest, if the condition is false, which means the pixel is beyond the designated column range, method used in [1].

2.2 Proposed Method

This paper proposes a pairwise RDH for medical images with contrast enhancement (CE) based on target histogram stretching of ROI histogram bins. The proposed method ultimately applies an equalized number of iterations in embedding secret data into the ROI of medical images but delivers an enhanced contrast medical images than the method used in [1] in enhancing the ROI of medical images. The proposed method performs stretching by focusing on the bin with the maximum number of pixels in the histogram of the ROI medical image. Outlines for performing target stretching are listed below and illustrated in Eqs. (3)-(9).

- 1. Identify the pivot bin p with the maximum number of pixels.
- 2. On the left side, find the bin with the lowest intensity value L that is greater than 0 and has a non-zero pixel count H[L] = 0. Move its pixels to the nearest available empty bin L_{empty} on the left that is not zero while, we find the bin with the highest intensity value R that is less than 255 and has a non-zero pixel count H[R] = 0.
- 3. Move the pixels from the bins at the extreme ends toward 0 on the left and 255 on the right. As each bin is shifted, the subsequent bin assumes it previous position.

Here, the target stretching of the histogram method is used where the bins to the left of the pivotal bin (the bin with the highest number of pixels) are stretched towards the start of the histogram, and the bins to the right are stretched towards the end. The selection of the pivotal or highest bin is implied in Eq. (3), as shown below. Let H be the histogram of the ROI array, H[i] represents the number of the pixels of the *i*th bin, and *n* is the number of bins in the histogram. The function '*FindMaxBin*' can

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be defined as:

$$FindMaxBin(H) = \arg\max_{i}(H[i])$$

where $\arg \max_i$ is the argument of the maximum, which gives the index of the bin with the highest count.

$$p = \arg\max_{i}(H[i]) \tag{4}$$

The position p and the count c of the bin with the greatest pixel value can be expressed as:

c = H[p]

When histogram bins are moved as part of the histogram stretching process, the subsequent bins must be adjusted to maintain the continuity of the histogram. For both the low and high-intensity stretches, this can be defined in mathematical expressions in Eqs. (6) and (7) as shown below. For low-intensity stretch, after moving the pixels from a bin to a new position, the subsequent bins need to shift to the left to fill the gap. This can be expressed in Eq. (6), assuming position for the preceding bins after the shifting bin to L_{empty} :

$$H[j] = H[j+1] \text{ for } j = i \text{ to } L_{empty} - 1$$
(6)

The expression in Eq. (6), states that for every bin index *j* from the original bin index *i* to one position less than the L_{emply} , the bin *j* will assume the pixel count of the bin immediately to its right. In high-intensity stretch, pixels are moved from bin *i* to a new position R_{emply} , the subsequent bins are shifted to the right to assume their previous position. It can be expressed in Eq. (7), assuming position for the preceding bins after the shifting bin to R_{emply} :

$$H[j] = H[j+1] for j = i to R_{empty} + 1$$
(7)

Eq. (7) implies that for every bin index *j* from the original bin index *i* to a position less than R_{empty} , the bin *j* will assume the pixel count of the bin immediately to its left. Eq. (7) expresses that If i = L: The value at the leftmost bin *L* after stretching is set to the value at the bin *L* before stretching *H*[*L*]. This represents the instance where the lowest intensity bin that is not empty is stretched to the nearest available space on the left, but not to bin 0. Also, L < i < p: For bins between *L* and *p*, each bin *i* is assigned the value of the next higher bin, H[i + 1].

This implies that bins between the leftmost non-empty bin and the pivot are sequentially moved one bin towards the leftmost position, for i > p: For bins on the right side of the pivot, the values remain unchanged, H[i]. Bins to the right of the pivot are not affected by the left-side stretching operation. Otherwise, for any bins that do not meet the above conditions (i.e., any empty bins left over after the stretching), the value is set to 0. This would occur for the bins that have been 'emptied' by moving their values to the left. On the left side stretching of histogram of ROI, L moved to the left empty space L_{empty} , and all bins between L and L_{empty} shift one position to the left to fill the gap left by the move, while bin R is moved to the right empty space R_{empty} , and all bins between R and R_{empty} shifts one position to fill the gap left by the move. For (i < p):

$$for i = 0 \text{ to } 255$$

$$I_{new}[i] = \begin{cases} H[L] & if \quad i = L_{empty} \\ H[i+1] & if \quad L_{empty} < i < L \\ H[i] & if \quad i < L_{empty} \text{ or } i > L \\ 0 & if \quad i = L \end{cases}$$
(8)

(3)

(5)

Eq. (8) implies that after L is moved to L_{empty} , the bin immediately to the right of L_{empty} takes the place of L, and this cascading effect continues until the bin immediate to the left of L is reached. Eq. (9) expresses $i = R_{empty}$: The value of the *i*-th bin is set to the value of the bin at index R, which is H[R]. This represents the scenario where the bin with the highest intensity value that is not the maximum allowable bin (255) is shifted to the nearest available empty space on the right, designated as R_{empty} .

 $R_{empty} < i < R$: For bins between the empty space R_{empty} and the bin R, each bin i is set to the value of the previous bin, H[i-1].

This implies that bins are being shifted one position to the right, up to the position R. $i < R_{empty}$ or i > R: The bins that are either to the left of the empty space R_{empty} or to the right of the bin R retain their original values, H[i]. This indicates that those bins are not affected by the rightward shifting operation. i = R: The value of the bin at index R is set to 0. This is because the original content of bin R has been moved to R_{empty} , thus 'emptying' bin R. For (i > p):

$$for i = 0 \text{ to } 255$$

$$I_{new}[i] = \begin{cases} H[R] & \text{if} & i = R_{empty} \\ H[i-1] & \text{if} & R_{empty} < i < R \\ H[i] & \text{if} & i < R_{empty} \text{ or } i > R \\ 0 & \text{if} & i = R \end{cases}$$
(9)

Eq. (9) implies that after R is moved to R_{empty} , the bin immediately to the left of R_{empty} takes the place of R, this cascading effect continues until the bin immediate to the right of R is reached.

Fig. 3, depicting the pivot bin, can be defined as the one with the highest pixel value, which in the histogram is bin 6 with a pixel value of 20. From Eq. (8), bins to the left of the pivot i < p, the process involves identifying the bin with the least value greater than 0, which is bin 1 with the pixel value 3. The nearest empty bin to the extreme left would be 1. The value of bin 4 is shifted to bin 1, and the value of each bin between bins 1 and 5 to the left is moved by one position to create a new empty bin where bin 1 used to be (which is index 4).



Figure 3: Left side stretching

Fig. 4 identifies the bin with the highest pixel value less than the maximum index, which is bin 8 with a pixel value of 1. Find the nearest extreme empty bin to the right of bin 8, which is index 10, and shift the pixel value of bin 8 into index 10, shift each bin value between bin 7 and bin 8 to the right by one position; creating a new empty index where bin 8 used to be (which is index 7). By repeating these steps, histogram bins of the region of interest will be stretched, creating space for data embedding.

The empty spaces (or zero-value bins) that results from stretching process is to be used to embed the data bits.



Figure 4: Right side stretching

2.2.1 Skip Condition for Target Stretching

Left side stretch (condition): If there is no index *i* such that 0 < i < L and H[i] = 0, then '*SkipLeft*' is set to 'True'. Otherwise, it is 'False'. Stretching Expression: If '*SkipLeft*' is 'False', is assigned as: H[L] if $i = L_{empty}$, which is the nearest empty bin to the left of *L* but not zero. 0 if i = L, since we are moving the pixels from bin *L*. H[L] remains the same if *i* is not *L* and not L_{empty} . Right side stretch (condition): If there is no existence index *i* such that R < i < 255 and H[i], then '*SkipRight*' is set to 'True', otherwise it is 'False'. Stretching Expression: If '*SkipRight*' is False, $I_{new}[i]$ is assigned as: H[R] if $i = R_{empty}$, which is the nearest empty bin to the extreme right but not 255. 0 if i = R, since we are moving the pixels form bin *R*. H[i] remains the same if *i* is not *R* and not R_{empty} . In both cases, if the skip condition is 'True' (no empty bins available for stretching), no changes will occur for that side of the histogram. If the is 'False' the appropriate bin will be stretched to the nearest available empty bin as described in Eqs. (8) and (9).

$$ROI_{new}(x,y) = round\left(L_{max} - L_{min}\frac{I_{new}(x,y) - H(L_{empty})}{H[R_{empty}] - H[L_{empty}]} + L_{min}\right)$$
(10)

 $I_{new} = (x, y)$: The ROI pixel values after the bins have been shifted according to the stretching logic in Eqs. (8) and (9). $ROI_{new}(x, y)$: The new ROI pixel values after applying the alternate stretching operation. $H[L_{empty}]$ and $H[R_{empty}]$: The new minimum and maximum pixel values after the shifting and stretching operation, excluding the pivot bin's value. L_{max} and L_{min} : The desired new maximum and minimum intensity values for the stretched histogram. This equation assumes that after the shifting operation, $H[L_{empty}]$ and $H[R_{empty}]$ represent the new bounds of the histogram, excluding the pivot bin, and that the stretching should be applied linearly between these bounds.

Algorithm 1: Proposed method

Target Histogram Stretching
Input: Histogram of ROI $S(M \times N)$
Output: Stretched Histogram $ROI_{new}(x, y)$

(Continued)

Algorithm 1 (continued)

1: Find bin with maximum pixel H[p] Calculate $p = \arg \max_i(H[i])$

- 2: Initialize L_{empty} and R_{empty}
- 3: Apply target stretching
- 4: Update remaining bin to maintain shape $I_{new[i]}$
- 5: Output new Stretched Histogram *ROI*_{new(x,y)}

2.3 Data Embedding into ROI

In the proposed method, data are embedded using a novel approach which compares histogram bins in pairs from left to right with three detailed conditions: Bin comparison: From Figs. 4 and 5, histogram of the ROI illustrated in Fig. 2 is stretched us evenly a target histogram stretching as discussed earlier.



Figure 5: Embedding processes of ROI image histogram

Fig. 5 shows the embedding processes after the ROI image is stretched to increase embedding capacity. Fig. 5a: compares bins in 1 with that of 4 to select the bins with the greater number of pixels to embed. It can be expressed as Let denote the number of pixels in bin i. To determine which bin to select for embedding based on a comparison between any two bins, as shown in Eq. (11) below:

Check if
$$\begin{cases} H[a] > H[b], \to a \\ H[a] < H[b], \to b \\ H[a] = H[b], \to 0 \end{cases}$$
 (11)

Available space checks: It then checks for empty space(s) on the left and right side of the bin with the greatest number of pixels to direct the movement of the data being embedded. Here, bin 1 with 3

pixels and bin 4 with 13 pixels indicate that bin 4 with 13 pixels is greater than bin 1. Therefore, data is embedded in bin 4; while comparing the number of empty spaces available on the right and left of bin 4 again to direct data embedding direction: On the left side of bin 4, 2 and 3 are empty on the left whilst 5 is empty on the right. Therefore, we embed it on the left; this will be the first iteration. It can be represented as: For the left side of the selected bin:

$$Check \begin{cases} if H[i] = 0\\ for i = 1 \ to \ p = 1 \end{cases}$$
(12)

For the right side of the select bin *p*;

$$Check \begin{cases} if \ H[i] = 0\\ for \ i = 1 \ to \ p + 1 \end{cases}$$
(13)

Embedding direction: This is done to employ the existing empty space efficiently and to minimize any potential distortion in the image's histogram that might occur due to the embedding process. Compare E_L and E_R : If $E_L > E_R$, the embedding direction is to the left. If $E_L < E_R$, the embedding direction is to the right. To count E_L and E_R can be determined using the following expressions in Eqs. (14) and (15). The number of counts of empty bins to the left of the selected bin for embedding, denoted as E_L .

$$E_L = \sum_{i=1}^{p-1} 1_{\{H[i]=0\}}$$
(14)

Count the number of empty bins to the right of the selected bin for embedding: denoted as E_R :

$$E_R = \sum_{i=1}^{p+1} 1_{\{H[i]=0\}}$$
(15)

Fig. 5 illustrates the embedding criteria of the proposed method, applying condition from Eqs. (11)–(15). This process occurs after target stretching is deployed, creating enough space for embedding while enhancing contrast of medical images.

Algorithm 2: Proposed method

Embedding Procedure Algorithm: Embedding Secret Data into ROI Input: $ROI_{new(x,y)}$; Secret Data: $S = \{s1, s2, ..., sn\}$. Output: *ROI*_{marked}, an M by N matrix with embedded secret data. 1: for each pixel (i, j) in $ROI_{new(x,y)}$ do Get H[p] from $ROI_{new(x,y)}$ 2: if $H[p] < L_{empty}$ and h(H[p] - 1) = 0 then 3: $ROI_{marked}(x, y) = ROI_{new}(x, y) - s$ 4: else if $H[p] > R_{empty}$ and (H[p] + 1) = 0 then 5: $ROI_{marked}(x, y) = ROI_{new}(x, y) + s$ 6: 7: end if 8: Increment index for S. 9: end for 10: return *ROI*_{marked}

2.4 Embedding Data into Non-Region of Interest (NROI)

1. Preprocessing of NROI: The minimum gray value of the NROI region is identified and set to zero to prevent underflow during high embedding rates [7]. This is expressed in Eqs. (16) and (17).

$$NROI_{\min} =_{\min} (NROI(x, y))$$
(16)

$$NROI_{p}(x, y) = NROI(x, y) - NROI_{\min}$$
⁽¹⁷⁾

2. Embedding of additional information: The information embedding process involves utilizing the least significant bits (LSBs) of pixels situated along the four edges of the image, where typically non-critical data is stored. Denoted as p(x, y) representing the pixel at coordinates (x, y) in the image, and LSB(p(x, y)) representing the least significant bit of pixel p(x, y), these LSBs are employed for embedding additional information 'a' into the image, represented as a binary string, a[i]: the i^{th} bit of the additional information a. The medical image has M * N dimensions and the pixel on the four borders are used for embedding, as top row (0, y), bottom row M - 1, y, left column (x, 0) and right column(x, N - 1). Where: x ranges from 0 to M - 1 and y ranges from 0 to N - 1. For LSB, each pixel p(x, y) on the border shown in Eq. (18).

$$LSB(p(x, y)) = a[i]$$
(18)

where *i* is the index of bit in the additional information which corresponds to the sequence of the border pixels.

3. Embedding data into NROI region: Histogram of the preprocessed NROI region is calculated while the peak bin is identified for data embedding. Data bits are embedded into the peak bin by incrementing the gray value of the peak bin to encode a bit of 1 or leaving it unchanged to encode a bit of 0. Here, *i* is initialized to zero 0, g_v is the initial gray value of the peak bin in the histogram. Embedding process is depicted is Eqs. (19)–(23).

While *i* is greater than the total number of secret data bit to embed, Embed the i^{th} bit into the peak bin g_{r} :

$$g_{new} = \begin{cases} g+s[i] & \text{if } g = g_v \\ g+1 & \text{if } g = g_v \\ g & \text{if } g > g_v \end{cases}$$
(19)

Update the histogram to show the change:

$$h[g_{new}] = h[g_{new}] + 1$$
(20)

h[g] = h[g] - 1 for all g that changed.

Choose the new peak bin after the histogram update:

$$g_{v} = \arg\max\left(h[g]\right) \tag{21}$$

Increment *i* to move to the next secret data bit:

$$i = i + 1 \tag{22}$$

The above processes describe the iterative procedure in which each time a bit is embedded, the peak bin is chosen again and the histogram is updated for the subsequent bit. Until all *n* bits of secret data are implanted into the medical image's NROI region. The updated pixel value after data embedding

can be represented as g_{new} :

$$g_{new} = \begin{cases} g+s & \text{if } g = g_v \\ g+1 & \text{if } g < g_v \\ g & \text{if } g > g_v \end{cases}$$
(23)

where g is current pixel of gray value in the NROI, g_v is the gray value of the peak bin in the NROI histogram and s is the secret data bit to be embedded (either 0 or 1).

Algorithm 3: Data recovery and extraction

Input: $I_{new}[i]$ Histogram of the ROI of the image with embedded data, *levels* Number of intensity levels, 256, *max_bin_value* Maximum allowable bin value, 255.

Output: data [] Extracted secret data bits. I_{orig} [i] Restored original histogram of the image.

1: Initialize Variables:

 $di \leftarrow 0$: Data index initialized to 0.

 g_{v} : gray value of the peak bin from the embedded histogram.

2: Extract Data:

While *s* < *length* of embedded data:

If
$$I_{new}[i] > 0 \parallel I_{new}[i] = g_v + 1$$

 $data[s] \leftarrow LSB \ of \ I_{new}[i]$

 $s \leftarrow s + 1$

Update g_{v} .

3: Reverse Stretching:

Apply the inverse process of Algorithm 1 to restore the original histogram values.

4: Image Recovery:

Restructure the original image pixels using the recovered histogram $I_{orig}[i]$

5: Return extracted data and original image. End

2.5 Difference Expansion, Prediction Error-Based Approach

1. Difference Expansion involving the expanding the difference between pair of pixel values or bins to embed data. In respect with our proposed work, modifying the value of a bin *i* by adding or subtracting an embedded bit multiplied by a scaling factor, can be expressed as:

$$H[i] = H[i] \pm s \times 2$$

(24)

where H'[i] is the modification histogram, H[i] is the original value, s is the secret bit to be embedded (0 or 1), and t is the scaling factor determining the amount by which the difference is expanded. The choice of \pm would be dependent on the specific implementation and whether the difference is being increased or decreased.

2. Prediction error-based approach in pixel's value is predicted on the neighbouring pixels. The error (difference) between the actual pixel value and the predicted value is to embed data. Expression for embedding a bit using prediction error is represented as:

$$PE[i] = V[i] - V[i]$$
⁽²⁵⁾

$$V'[i] = V[i] \pm s \times 2^t \tag{26}$$

where PE[i] is the prediction error for the i^{th} bin, V[i] is the predicted value, V'[i] is the new value after embedding, s is the secret bit, and t is the scaling factor.

3 Experimental Results

In this paper, we chose different medical images from the NBIA [24] and Medpix [25] databases for our experiments, particularly focusing on the algorithm comparisons with ACERDH in [26], RHCRDH [27], RDHACEM [1], and ACERDHBS [8] with the proposed method. However, the number of images that we chose was restricted to six. Keeping this limitation in place was essential in order to keep the comparison between the algorithms that were being studied limited and direct. The size of these images, which are referred to as "Brain01," "Brain02," "Chest01," "Chest02," and "Chest03," as well as "Xray," varies.

Among the initial five photos, the "Xray" image is 256×256 pixels, while the remaining five images are 512×512 pixels. For the purpose of conducting experiments with the RDHACEM algorithm, the images "Chest01" and "Xray" were specifically utilized [1] is the reference for this algorithm. For the most part, the purpose of this article is to examine the similarities and differences between our recently suggested method and the RDHCEM algorithm in terms of their capability to embed data and their capacity to significantly improve image contrast. The purpose of the experiments that are being carried out with the remaining images is to demonstrate the effective visual enhancements that can be achieved through the contrast improvement strategies that are utilized by the proposed algorithm.

Fig. 6 of this study contains a representation of these six medical images, the selection of the medical images is limited to the experiment of this paper considering limitation in space, with all experimental analysis of marked image of 2 bit per pixel (bpp), which is the highest rate of embedding in this paper.



Figure 6: Medical images from NBIA and Medpix

The original and stretched ROI histogram distribution of Brain01 and Brain02 are presented in Fig. 7. In comparison with the original distribution in Figs. 7a and 7d, the stretched histogram obtained by RDHACEM algorithm Figs. 7b and 7e, it can be observed that the proposed algorithm achieves a more uniform distribution as shown in Fig. 7c and 7f. The proposed algorithm stretches



the ROI histogram wide averagely across all grayscale values simultaneously enhancing the contrast of the ROI.

Figure 7: Original and stretched ROI histogram of Brain01 and Brain02, (a), (d) using RDHACEM, (b), (e) and proposed algorithm (c), (f)

From Fig. 8 comparing Figs. 8a–8d, it is depicted that the proposed approach in Fig. 8e embeds 61966 bits, but the algorithms ACERDH, RHCRDH, RDHACEM, ACERDHBS can embed 11732, 11566, 33232 and 61722 bits respectively, into the ROI of the "Xray" image. Regarding, 'Chest01' image, the proposed method embeds 387188 bits into the ROI of the image depicted in Fig. 8j, while the ROI permits a sum of 13134, 1038, 381433 and 387094 bits using the ACERDH, RHCRDH, RDHACEM and ACERDHBS algorithms.



(a) Marked image, 17324 bits embedded into ROI of Xray using ACERDH algorithm

(b) Marked image, 11566 bits embedded into ROI of Xray using RHCRDH algorithm

(c) Marked image, 33232 bits embedded into ROI of Xray using RDHACEM algorithm

Figure 8: (Continued)

(d) Marked image, 61722 bits embedded into ROI of Xray using ACERDHBS algorithm

(e) Marked image, 61966 bits embedded into ROI of Xray using the proposed algorithm

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Figure 8: Marked images, Xray and Chest01 images (a–j) are marked images with data embedded into the ROI

The two images in Fig. 8: Xray and Chest01, the embedding rates of the algorithms ACERDH, RHCRDH, RDHACEM, ACERDHBS and the proposed approach at a rate of 2 bpp is used for each algorithm. This indicates that the proposed algorithm attains a greater embedding capability. Similarly, compared to the ACERDH, RHCRDH, RDHACEM and ACERDHBS algorithms, the medical images produced by the proposed method exhibit empirical visual improvement.

3.1 Metrics of Performance Evaluation

In this study, we utilize five distinct metrics for evaluating image quality, namely peak signal-tonoise ratio (PSNR), structural similarity index (SSIM), relative contrast error (RCE), relative mean brightness error (RMBE), and mean opinion score (MOS). These metrics are employed to assess the quality of the enhanced images generated by the ACERDH, RHCRDH, RDHACEM, ACERDHBS and the newly proposed method outlined in this paper.

PSNR serves as a widely recognized measure for evaluating image quality, calculated as the ratio between the maximum signal power and the power of the signal's noise. The SSIM index is a perceptual metric aimed at quantifying similarities between original and enhanced images. Relative contrast error (RCE) compares contrast levels using standard deviation, where RCE values above 0.630 indicate enhanced contrast, while values below 0.630 indicate reduced contrast. Relative mean brightness error (RMBE) assesses the average brightness difference between original and enhanced images. The evaluation results of ACERDH, RHCRDH, RDHACEM, ACERDHBS and the proposed method are based on these five quality assessment criteria and are limited to 2 bpp of secret data due to space factor for this paper as illustrated in Tables 1–4.

Algorithm	Figure	Bpp	PSNR	SSIM	RCE	RMBE	MOS
ACERDH	Fig. 9a	2	30.558	0.9731	0.5297	0.9911	81
RHCRDH	Fig. 9b	2	31.357	0.9779	0.5256	0.9982	85
RDHACEM	Fig. 9c	2	26.514	0.9439	0.5507	0.9340	88
ACERDHBS	Fig. 9d	2	24.125	0.8339	0.5774	0.9694	86
Proposed	Fig. 9e	2	25.135	0.9236	0.6553	0.9074	92

 Table 1: Evaluation results for the marked image of "Brain01"

Table 2: Evaluation results for the marked image of "Brain02"

Algorithm	Figure	Bpp	PSNR	SSIM	RCE	RMBE	MOS
ACERDH	Fig. 10a	2	28.347	0.8976	0.5371	0.9587	82
RHCRDH	Fig. 10b	2	30.218	0.9185	0.5341	0.9989	85
RDHACEM	Fig. 10c	2	25.773	0.6889	0.6393	0.9324	90
ACERDHBS	Fig. 10d	2	25.924	0.6711	0.6472	0.9342	92
Proposed	Fig. 10e	2	25.902	0.6730	0.6869	0.9344	94

Table 3: Evaluation results for the marked image of "Chest02"

Algorithm	Figure	Bpp	PSNR	SSIM	RCE	RMBE	MOS
ACERDH	Fig. 11a	2	30.768	0.9058	0.5429	0.9846	82
RHCRDH	Fig. 11b	2	29.677	0.9116	0.5414	0.9988	82
RDHACEM	Fig. 11c	2	24.626	0.8884	0.5001	0.9136	88
ACERDHBS	Fig. 11d	2	24.620	0.8835	0.5008	0.9114	84
Proposed	Fig. 11e	2	26.734	0.8269	0.6810	0.9720	92

 Table 4: Evaluation results for the marked image of "Chest03"

Algorithm	Figure	Bpp	PSNR	SSIM	RCE	RMBE	MOS
ACERDH	Fig. 12a	2	29.019	0.9270	0.5247	0.9688	80
RHCRDH	Fig. 12b	2	32.031	0.9408	0.5218	0.9978	83
RDHACEM	Fig. 12c	2	25.675	0.5878	0.6385	0.9232	90
ACERDHBS	Fig. 12d	2	26.728	0.8343	0.5773	0.9691	92
Proposed	Fig. 12e	2	26.693	0.4668	0.7072	0.9989	95

Fig. 9 presents a visual comparison of marked images of Brain01 at an embedding rate of 2 bpp of ACERDH, RHCRDH, RDHACEM, ACERDHBS with the proposed method. Indicating its performance metrics in Table 1.

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Figure 9: Marked images of "Brain01" using the ACERDH, RHCRDH, RDHACEM, ACERDHBS and Proposed algorithms at 2 bpp

As presented in Table 1, the SSIM, which qualifies the structural similarity between the original and marked images, without taking into account any enhancements in image contrast. ACERDH and RHCRDH achieved greater SSIM values due to the absence of the application of global image modification, which implies that the entire image was modified uniformly without considering its structure. Despite the high SSIM values, both methods enhance the total image equally as observed in Fig. 9.

Fig. 10 presents visual assessment of marked images of Brain02 at an embedding rate of 2 bpp of ACERDH, RHCRDH, RDHACEM, ACERDHBS with the proposed method. Indicating its performance metrics in Table 2.



Figure 10: Marked images of "Brain02" using the ACERDH, RHCRDH, RDHACEM, ACERDHBS and Proposed algorithms at 2 bpp

The relative contrast enhancement (RCE) metric quantifies the contrast enhancement (CE) in images. As presented in Table 2. The proposed method achieved the greatest RCE value, suggesting its superior ability to enhance image contrast. It can be observed in Fig. 10, that marked image of the proposed method is enhanced in contrast.

Fig. 11 presents visual evaluation of marked images of Chest02 at an embedding rate of 2 bpp of ACERDH, RHCRDH, RDHACEM, ACERDHBS with the proposed method. Indicating its performance metrics in Table 3.

Regarding RMBE, Table 3 presents that the proposed algorithm offers a balanced trade-off, achieving a good compromise between the more extreme values. While not having the absolute lowest RMBE, it still outperforms two of the existing algorithms (ACERDH and RHCRDH), indicating an improvement in preserving image brightness over these methods. This, combined with other metrics

like PSNR, SSIM, RCE, and MOS, makes the proposed algorithm a competitive and well-rounded choice.

Fig. 12 is a visual evaluation of marked images of Chest03 at an embedding rate of 2 bpp of ACERDH, RHCRDH, RDHACEM, ACERDHBS with the proposed method, indicating its performance metrics in Table 4.



Figure 11: Marked images of "Chest02" using the ACERDH, RHCRDH, RDHACEM, ACERDHBS and proposed algorithms at 2 bpp



Figure 12: Marked images of "Chest03" using the ACERDH, RHCRDH, RDHACEM, ACERDHBS and proposed algorithms at 2 bpp

The MOS results presented in Table 4 represent the evaluations provided by healthcare professionals when assessing the prognosis of the case utilizing each improved image. The results demonstrate that the proposed method consistently produced higher-quality images compared to the existing method for all test images. This suggests that the enhanced images generated by the proposed method are more suitable for diagnosis and treatment, among other methods.

4 Conclusion

As the results suggested, PRDHMCE algorithm represents a significant development in the field of medical image processing, especially in terms of improving the contrast and embedding ability of grayscale medical pictures. The study demonstrates how the algorithm may effectively enhance the region of interest (ROI) while maintaining the non-region of interest (NROI) to provide processed medical images with better visual quality. It is essential to prioritize strengthening the embedded data security in future development. Investigating cutting-edge encryption methods that guarantee the integrity and secrecy of the embedded data may be one way to do this.

Further work needs to be done to improve the decryption procedure in order to preserve the integrity of the data that is retrieved and enable effective extraction. The goal would be to create a

reliable system that offers a safe framework for the transfer and archiving of private medical data in addition to improving image quality and embedding capacity.

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Ethics Approval: This study was conducted using existing public medical image datasets with all relevant references in the manuscript.

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