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# Comparative Effects of Compost and Arbuscular Mycorrhizal Fungi Versus NPK on Agro-Physiological, Biochemical and Tolerance Responses of Tomatoes to Drought

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# ABSTRACT

Drought stress (DS) and overuse of chemical fertilizers cause considerable losses in the agro-physiological as well as biochemical performance of plants. In this context, considerable effort will be required to replace chemical fertilizers (NPK) with biostimulants as an important approach to enhance the productivity and sustainability of agriculture. Here, we evaluated the effect of separating and/or combining arbuscular mycorrhizal fungi (AMF) with compost (C) in comparison to the use of NPK on the growth, physiological and biochemical of tomatoes under DS. The findings showed that DS significantly reduced the growth and physiological attributes of tomatoes. Furthermore, the treatment of AMF and C showed better results in agro-physiological and fruit quality compared to the NPK and control under DS. The combination of AMF and C (C+AMF) increased leaf water potential by 18.8%, stomatal conductance by 14.1%, fresh fruit weight by 25.0%, shoot dry matter by 104% and root dry matter by 56.1% compared to the control under DS. The study revealed that C+AMF caused a significant increase in sugar, protein and activity of polyphenoloxidase and peroxidase in leaves and fruits, and an opposite trend was observed in the case of malonaldehyde and hydrogen peroxide compared to NPK and control under DS. In conclusion, it is recommended to utilize the combination of AMF with compost to enhance the growth, yield, osmotic adjustment, and antioxidant capacity of tomato plants. This approach can boost their resilience to water stress and improve overall fruit quality.

#### **KEYWORDS**

Biostimulants; Rhizophagus irregularis; compost; water stress; Lycopersicon esculantum; tolerance



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#### 1 Introduction

Tomatoes are the most widely cultivated and consumed vegetables worldwide, second only to potatoes [[1](#page-21-0)]. Tomatoes are an essential food crop for all sectors of the economy, regardless of whether they are in developed or underdeveloped countries, and they are consumed by a large number of people [\[2\]](#page-21-1). In Morocco, the importance of the vegetable crop is demonstrated by the large area under cultivation, which is about 14 781 ha and yields 1.4 million tons in 2020 (FOASTAT, 2022). The horticultural applicability of tomato's fleshy vegetable nature has reawakened interest in its wide range of uses in food and feed ingredients [\[2\]](#page-21-1). They serve as a valuable nutritional supplement, widely incorporated into salads and a variety of dishes, including pasta, pizza, and other baked goods. Their versatility enhances both the flavor and nutritional profile of numerous culinary creations. Lycopene, flavonoids, beta-carotene, and lutein, as well as vitamins C and E are all health-promoting components in tomatoes [[3](#page-21-2)].

In addition, tomato production and yield are negatively impacted by poor soil, drought, salinity, temperature, and environmental changes. However, the impact of drought continues to be important in the arid as well as semi-arid regions and is considered the main factor in crop loss. This stress negatively affects soil nutrient availability and transport to plant and crop productivity worldwide [\[4\]](#page-21-3), which has led to soil degradation and reduced agricultural productivity [\[5\]](#page-21-4). For this reason, farmers are forced to look for solutions such as the use of conventional chemical fertilizers to ensure a large agricultural production and cover the needs of a growing population. Indeed, the excessive use of these chemical fertilizers results in the alteration of soil structure and fertility and the reduction of soil microbial activity [[6](#page-21-5)]. In addition, drought and chemical fertilizer application are important factors increasing soil degradation and limiting plant growth and productivity [\[7\]](#page-21-6).

In this context, it is crucial to develop and implement management strategies and practices that enhance plant resilience to abiotic stresses, with the aim of boosting crop yields and improving soil fertility. In light of this critical situation, it is imperative to promote continuity in agricultural development and protect natural resources by striking a balance between environmental quality and economic viability. This can be accomplished through the development of organic farming systems that emphasize nutrient recycling and optimize soil water availability. Given this pressing challenge, advancing agricultural sustainability and natural resource management is essential. This involves fostering support for practices that harmonize environmental health with economic viability, through the development of biologically integrated agroecosystems that emphasize nutrient cycling and efficient soil water management.

Biological agriculture and sustainable agroecology are crucial in ensuring the resilience and sustainability of agricultural production amid the challenges posed by climate change. These approaches foster environmentally responsible practices and enhance the adaptability of farming systems to evolving climatic conditions. These approaches involve using biostimulants as an eco-friendly alternative to chemical fertilizers, combined with the adoption of cost-effective and reproducible biological and bioorganic practices. These practices include the application of compost and AMF, which enhance soil health and promote sustainable agricultural methods. These biostimulants can enhance soil structure and aeration, improve plant growth, regulate water balance, boost microbiological activity, and provide protection against abiotic stresses [[8](#page-21-7),[9](#page-21-8)].

Currently, the biostimulants such as AMF and composts represent a promising technological advancement for soil restoration. These methods enhance soil health, improve carbon sequestration, increase energy efficiency, and elevate agricultural productivity [\[10](#page-21-9)]. Moreover, compost application enhances the retention of available nutrients for plant growth by improving water retention, porosity, surface area, cation exchange capacity, and beneficial microorganisms in the soil [[11](#page-21-10)]. Additionally, compost application boosts soil nitrogen and organic carbon levels, which support microbial communities, thereby enhancing soil health and increasing crop yields [[12\]](#page-21-11). The application of compost markedly improves plant resilience to drought stress by boosting photosynthetic activity and optimizing mineral nutrition  $[13-16]$  $[13-16]$  $[13-16]$ .

The inoculation of plants with native beneficial microorganisms, such as AMF, further enhances drought tolerance by facilitating more efficient water uptake and nutrient assimilation [[17\]](#page-22-1). AMF have been proven to markedly boost plant growth and nutrient uptake [[18\]](#page-22-2). They enhance water use efficiency by finely tuning stomatal regulation and modulating aquaporin activity in plants [\[19](#page-22-3)]. Furthermore, AMF play a crucial role in alleviating oxidative stress and minimizing yield loss under adverse conditions, thereby fortifying overall plant resilience and productivity [[20\]](#page-22-4). They foster the formation of resilient and stable soil aggregates, significantly improving soil structure and water-holding capacity. Additionally, they contribute to the efficient transport of water—accounting for up to 20% of the total water absorbed by roots—and enhance root hydraulic conductivity, particularly under stress conditions, thereby supporting overall soil health and plant resilience [[20,](#page-22-4)[21\]](#page-22-5). In addition, AMF can improve plant stress tolerance by triggering rapid defense mechanisms and offering protection against oxidative damage induced by abiotic stress [[22](#page-22-6)[,23](#page-22-7)]. AMF also influence root morphology, primarily by stimulating lateral root growth [[24\]](#page-22-8). Their effects on physiology can include alterations in leaf water relations [[12](#page-21-11)[,25](#page-22-9)[,26](#page-22-10)], signaling between roots and shoots and hormone production [\[27](#page-22-11)], enhanced secondary metabolites biosynthesis such as strigolactones—which facilitate the establishment and maintenance of AMF symbiosis with the host plant—and the regulation of antioxidative enzymes [\[28](#page-22-12)–[31\]](#page-23-0).

The impacts of AMF colonization of tomato plants alone or in combination with compost under varying water availability are investigated in this study, with an emphasis on plant growth, physiological features, and plant water status. For this purpose, we tested the effects of biostimulants (AMF (Rhizophagus irregularis strain) alone and or in combination with compost) and conventional chemical fertilizers on tomato plants under drought stress. Given the beneficial effects of combining natural biostimulants on tomato plants under drought stress, we conducted a study with the following objectives: (i) to assess the growth, physiological and biochemical responses of tomatoes treated with natural biostimulants compared to conventional fertilizers, (ii) to evaluate the effectiveness of natural biostimulants vs. conventional fertilizers in enhancing tomato tolerance to drought stress, and (iii) to identify sustainable alternatives for increasing tomato productivity while reducing reliance on conventional fertilizers under drought conditions.

We hypothesize that utilizing natural biostimulants, either individually or in combination, as a sustainable agricultural practice will enhance physiological and biochemical indicators and significantly improve the productivity of tomato plants under water stress, surpassing the effects of conventional fertilizers.

### 2 Materials and Methods

#### 2.1 Experimental Design and Biofertilizer Materials

Cherry tomato seeds (Lycopersicon esculantum Mill.) were sourced from the National Institute for Agricultural Research in Marrakesh, Morocco. Lycopersicon esculentum, commonly known as the tomato, is classified within the domain Eukaryota, the kingdom Plantae, the phylum Angiosperms, the class Eudicots, the order Solanales, and the family Solanaceae. Its genus is Lycopersicon and its species is Lycopersicon esculentum. The tomato seeds were first disinfected by dipping in a 10% solution of sodium hypochlorite for 10 min, then rinsed five times with distilled water. Germination was carried out in plastic Petri dishes lined with sterile filter paper discs and incubated in the dark at 26°C for 5 days, after which the germinated seeds were transferred into plastic trays filled with autoclaved peat. When the seedlings reached the two-leaf stage, they were transferred directly to plastic pots with 5 kg of soil. For a period of two months, the tomato plants were irrigated to maintain soil moisture at 75% of field capacity (FC). Soil moisture levels in all pots were carefully monitored twice daily, in the morning and evening, using a Time-Domain Reflectometry meter to ensure consistent conditions for optimal plant growth.

The experiment comprised four treatments: (i) Control: tomatoes receiving no biofertilizer, (ii) Compost (C): tomatoes receiving 5% of compost (w/w), (iii) Chemical fertilizer (NPK): tomatoes receiving the optimal dose of ammonium nitrate (134 kg N/ha), superphosphate (127 kg P<sub>2</sub>O<sub>5</sub>/ha) and potassium sulfate (332 kg) K<sub>2</sub>O/ha) [\[32](#page-23-1)]), (iv) AMF: tomatoes receiving a pure arbuscular mycorrhizal fungus strain (Rhizoglomus irregulare DAOM 197198), and (v) C+AMF: tomatoes receiving a combination of compost and AMF. The tomatoes were organized according to a completely randomized block design, with each treatment replicated five times biologically to ensure statistical validity.

The used soil in the experiment was categorized by a composition of 51% sand, 19% clay, and 30% loam. It had an organic matter content of 1% and a total organic carbon percentage of 0.58%. The soil contained 11 ppm of available phosphorus and had a nitrogen concentration of  $0.84 \text{ mg/g}$ . Its pH level was 8.6, and the electrical conductivity (EC) was 0.19 mS/cm. These soil properties were carefully measured to ensure they were suitable for evaluating plant growth and nutrient absorption under the experimental conditions.

The fungal strain R. irregulare used in the experiment was DAOM 197198, a pure arbuscular mycorrhizal fungus (AMF) strain supplied by the Plant Biotechnology Institute in Montreal, Canada. R. irregularis is a fungus belonging to the domain Eukaryota, the kingdom Fungi, the phylum Glomeromycota, the class Glomeromycetes, the order Glomerales, the family Glomeraceae, and the genus Rhizophagus. Cocultivation with maize significantly increased the number of propagules of R. irregulare. Corn roots, which contained hyphae, vesicles, and spores, were collected, chopped into small fragments, and used as inoculum. For inoculating the tomato plants, 30 g of mycorrhizal spores were mixed with 2 g of mycorrhizal root fragments, which exhibited a high AMF infection frequency of 96% and an intensity of 60%. This inoculum was characterized by having 748 AMF spores per 100 g of soil. In the control treatments, non-mycorrhizal corn roots were added in equivalent amounts to ensure consistent levels of organic matter in the pots. Additionally, filtered inoculum was utilized to reintroduce other beneficial soil microorganisms not associated with AMF, enhancing overall soil health.

The compost employed in this study was made from grass waste, following the method outlined by Meddich et al. [[33\]](#page-23-2). The compost physicochemical properties were as follows: pH of 6.9, Olsen available phosphorus (P) of 2.5 mg/g, potassium (K) at 800 mg/kg, calcium (Ca) at 1900 mg/kg, organic carbon (C) at 306.5 g/kg, organic matter at 551.7 g/kg, nitrogen (N) at 21.9 g/kg, a C/N ratio of 14, and ash content of 490 g/kg. During the transplantation process, the compost was incorporated into the soil at a rate of 5% (w/w). This compost provided essential nutrients and organic matter to support plant growth and enhance soil fertility.

#### 2.2 Fungal Colonization and Growth

Root samples were meticulously cleaned and then subjected to a 10% potassium hydroxide (KOH) solution at 90°C for 30 min to clear the tissue. Following this, the samples were acidified in 5% lactic acid for 15 min to neutralize the KOH. The roots were then stained with a  $0.05\%$  (w/v) solution of Trypan blue at 90°C for 20 min to visualize mycorrhizal colonization [[34\]](#page-23-3). The extent of mycorrhizal colonization was quantified using the gridline-intersect method, assessing both colonization frequency (F) and intensity (I) with a minimum of 100 intersects per sample to ensure accuracy and reliability in the measurements [\[35](#page-23-4)]. The frequency (F) of fungal structures within the root system and the intensity (I) of mycorrhizal colonization were determined by analyzing 20 randomly selected root fragments, each 1 cm in length, per microscope slide. This procedure was repeated five times for each sample, resulting in a total of 100 root fragments. F and I were then calculated based on these 100 fragments as follows:

$$
F(\%) = \left(\frac{\text{Infected root segments}}{\text{total root segments}}\right) \times 100\tag{1}
$$

Phyton, 2024, vol.93, no.12 3593

$$
I\text{ }(^{96}) = \frac{(95n5 + 70n4 + 30n3 + 5n2 + n1)}{Total root segments}
$$
\n(2)

where *n* denotes fragments classified by infection rates as follows:  $n5$  represents fragments with infection rates above 90% but less than 100%; *n4* corresponds to infection rates between 50% and 90%;  $n3$  indicates infection rates between 10% and 50%;  $n2$  refers to infection rates between 1% and 10%; and  $n_1$  encompasses infection rates between 0% and 1%.

At the end of the light period, fully mature leaves from tomato plants subjected to biofertilizers and/or water stress were collected, rapidly snap-frozen in liquid nitrogen, and then ground into a fine powder using a pestle as well as mortar. This preparation was done for analyses conducted after 4 months. To assess growth performance, we measured various parameters including root length (RL), shoot height (SH), and both root (RDW) and shoot (SDW) dry weights. The samples were dried at 80°C until they reached a stable weight, at which point their dry weights were recorded, ensuring precise measurements of biomass accumulation and plant development under the experimental conditions.

#### 2.3 Leaf Water Potential (ΨLeaf) and Relative Water (RWC) Content

Leaf water potential (ΨLeaf) was measured before sunrise, between 06:00 and 08:00 h, using a 600-EXP Super Pressure Chamber (PMS Instrument, Albany, OR, USA). Measurements were taken on fully mature leaves at the top of the stems from five different plants to ensure consistency. To determine the RWC, we followed the procedure described by Barrs et al. [\[35](#page-23-4)]. Circular discs with a 1 cm<sup>2</sup> area, taken from the apex of the third fully developed leaf, were first weighed to obtain their fresh weight (FW). These discs were then placed in demineralized water for 24 h at 4°C in the dark to achieve full turgor, after which their turgor weight (TW) was measured. The discs were then dried at 70°C until a constant weight was achieved to determine the dry matter (DM). The relative water content (RWC) was calculated using the standard formula to evaluate the leaf water status.

$$
RWC(\%) = \frac{(FW - DM)}{(TW - DM)} \times 100
$$
\n
$$
(3)
$$

# 2.4 Photosynthetic Pigments, Stomatal Conductance, and Chlorophyll Fluorescence

The carotenoids, chlorophyll  $a$ , and chlorophyll  $b$  concentrations were assessed using Arnon's method [[36](#page-23-5)]. Absorbance readings of the supernatant were recorded using a UV–visible spectrophotometer (UV-3100PC, VWR) at wavelengths of 480, 645, and 663 nm to quantify pigment concentrations.

Stomatal conductance (gs) was taken on mature leaves with a portable steady-state diffusion porometer (Leaf Porometer LP1989, Decagon Devices, Inc., Washington, DC, USA). Five measurements were taken on the abaxial side of each plant between 09:30 and 11:00 a.m. for each treatment to ensure accurate readings.

Chlorophyll fluorescence was analyzed using a portable fluorometer (Hudson, NY, USA). Fully developed leaves were dark-adapted for 30 min using clips before measurements. The quantum yield of photosystem II (Fv/Fm) was evaluated using the formula Fv/Fm = (Fm – F0)/Fm, where Fm and F0 represent the maximum and initial fluorescence values, respectively, to evaluate the photosynthetic efficiency of the dark-adapted leaves.

# 2.5 Quantification of Total Soluble Sugars and Proteins

To measure total soluble sugars (TSS), 0.1 g of frozen leaf samples were homogenized in 4 mL of 80% ethanol. After centrifugation, 0.25 mL of a 5% phenol solution and 1.25 mL of concentrated sulfuric acid were added to the supernatant. Following the procedure outlined by Dubois et al. [\[37\]](#page-23-6), the absorbance was measured at 485 nm using a UV-3100PC spectrophotometer, and TSS content was quantified based on a standard glucose curve.

For protein content and enzyme activity analysis, 0.25 g of frozen leaf tissue was homogenized in 1 M phosphate buffer (pH 7) containing 5% polyvinylpolypyrrolidone (PVPP) to prevent phenolic interference. The homogenate was centrifuged at  $18,000 \times g$  for 15 min at 4°C, and the supernatant was used to determine protein levels and antioxidant enzyme activities [\[38\]](#page-23-7). Enzyme activities were assessed using specific assays to gauge the functionality of key antioxidant enzymes.

# 2.6 Quantification of Malondialdehyde and Hydrogen Peroxide Content

Malondialdehyde (MDA) levels were measured using the procedure described by Savicka et al. [[39\]](#page-23-8). This method provides insight into the levels of lipid peroxidation and oxidative stress within the tissues. MDA content was calculated as follows:

 $[MDA] = 6.45 \times (A5324A600) - 0.565A450$ 

Hydrogen peroxide  $(H_2O_2)$  levels in leaf and fruit tissues were assessed using the method described by Velikova et al. [[40\]](#page-23-9). Frozen tissue samples were homogenized in 5 mL of 10% (w/v) trichloroacetic acid (TCA), then centrifuged at  $15,000 \times g$  for 15 min at 4<sup>o</sup>C. From the resulting supernatant, 0.5 mL was homogenized with 0.5 mL of 10 mM potassium phosphate buffer (pH 7.0) and 1 mL of 1 M potassium iodide solution. The mixture was incubated in the dark at room temperature for 1 h. The  $H_2O_2$  was assessed by determining the absorbance at 390 nm using a UV-Vis spectrophotometer, with readings compared against a standard  $H_2O_2$  calibration curve. This procedure helps evaluate oxidative stress by quantifying hydrogen peroxide levels in the tissues.

## 2.7 Antioxidant Enzymes Contents

Fresh leaf tissue (0.1 g) was pulverized in liquid nitrogen, then homogenized with 4 mL of 1 M phosphate buffer (pH 7.0) and 5% polyvinylpolypyrrolidone (PVPP) using a cold mortar. The homogenate was centrifuged at 18,000 $\times$  g for 15 min at 4 $\degree$ C, and the supernatant was used for measuring antioxidant enzyme activities. Peroxidase (POX) activity was assessed over a three-minute period following the method of Tejera García et al. [\[38](#page-23-7)]. The reaction mixture included 2 mL of  $K_2HPO_4$ / KH<sub>2</sub>PO<sub>4</sub> buffer (100 mM; pH 6.5), 1 mL of guaiacol (40 mM), 0.5 mL of H<sub>2</sub>O<sub>2</sub> (10 mM), and 0.1 mL of enzyme extract. Results were reported in units per mg of protein.

Polyphenoloxidase (PPO) activity was measured by evaluating the catechol oxidation at 410 nm, as described by [\[41](#page-23-10)]. The assay used 2 mL of  $K_2HPO_4/KH_2PO_4$  buffer (pH 6; 100 mM) along with 2 mL catechol (50 mM) and 0.1 mL of enzyme extract. PPO activity was quantified and reported in units per mg of protein. This comprehensive approach allowed for the detailed assessment of antioxidant enzyme activities in the leaf tissues.

## 2.8 Statistical Analysis

All data were analyzed using a multifactorial analysis of variance (MANOVA) by SPSS version 23.0 software (IBM, Armonk, NY, USA) for the experienced factors (AMF; A, NPK; B, Compost; C and drought; D) and their interactions. For mean comparison and to determine significant differences between treatment groups, Tukey's honest significant difference (HSD) test was applied at a significance level of 5% ( $p \le 0.05$ ). This approach allowed for a comprehensive evaluation of treatment effects and ensured robust statistical validation of the results.

Principal component analysis (PCA) was made using XLSTAT-software v. 2016, and Heatmap was achieved by the software GraphPad® Prism v9.0 to classify growth, physiological, and biochemical traits of tomatoes under WW, and DS that elucidate the distinction between the different treatments applied as well as the studied variables.

# 3 Results

# 3.1 Mycorrhizal Status and Tomato Growth

Drought stress (DS) significantly reduced both the frequency (F) ( $p < 0.001$ ) and intensity (I) ( $p < 0.01$ ) of mycorrhization, as detailed in [Tables 1](#page-6-0) and [2](#page-7-0). Non-inoculated plants exhibited no signs of root colonization by AMF. The presence of AMF notably enhanced significantly ( $p \le 0.001$ ) both the F and I of mycorrhization in tomato roots. Under WW conditions, plants treated with AMF alone or with a combination of AMF and compost (C+AMF) displayed significantly higher mycorrhizal F ( $F > 72\%$ ) and I  $(I > 51\%)$  compared to those grown under drought stress conditions. Specifically, under WW conditions, the intensity of mycorrhizal infection was approximately doubled in plants treated with both compost and AMF (C+AMF) compared to those under DS and those inoculated with AMF alone. Moreover, when compared to AMF-only treatments, the mycorrhizal F and I were increased by 35% and 17%, respectively, in plants treated with C+AMF under drought stress conditions. The effect of interactions among all factors (AMF x compost x drought) was significant ( $p \le 0.001$ ) for intensity of mycorrhization ([Table 1\)](#page-6-0).

<span id="page-6-0"></span>Table 1: Result of MANOVA test for independent parameters including testing the AMF (A), NPK (B) compost (C) and drought (D) on the measured tomato parameters. Where: NS, not significant,  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ 

Parameters	A	B	$\mathcal{C}$	D	$A \times C$	$A \times D$	$B \times D$	$C \times D$	$A \times C \times D$
Frequency of mycorrhization	***	<b>NS</b>	***	***	***	***	<b>NS</b>	<b>NS</b>	<b>NS</b>
Intensity of mycorrhization	***	<b>NS</b>	<b>NS</b>	$***$	<b>NS</b>	<b>NS</b>	<b>NS</b>	***	***
Shoot height	$***$	***	***	***	<b>NS</b>	<b>NS</b>	***	<b>NS</b>	<b>NS</b>
Root length	<b>NS</b>	$***$	$***$	$***$	<b>NS</b>	<b>NS</b>	$***$	<b>NS</b>	<b>NS</b>
Shoot dry weight	***	***	***	***	$***$	***	***	<b>NS</b>	***
Root dry weight	<b>NS</b>	<b>NS</b>	$***$	***	***	***	<b>NS</b>	***	<b>NS</b>
Leaf water potential	$***$	<b>NS</b>	***	***	$***$	<b>NS</b>	$\ast$	<b>NS</b>	$_{\rm NS}$
Relative water content	<b>NS</b>	<b>NS</b>	***	***	$***$	<b>NS</b>	<b>NS</b>	<b>NS</b>	$_{\rm NS}$
Stomatal conductance	***	$***$	***	***	<b>NS</b>	$_{\rm NS}$	***	<b>NS</b>	$_{\rm NS}$
Chlorophyll fluorescence	$***$	<b>NS</b>	***	***	$\ast$	<b>NS</b>	<b>NS</b>	$***$	$***$
Chlorophyll a	NS	***	$***$	***	<b>NS</b>	<b>NS</b>	***	<b>NS</b>	<b>NS</b>
Chlorophyll b	$\ast$	***	***	***	<b>NS</b>	<b>NS</b>	***	<b>NS</b>	<b>NS</b>
Carotenoid	**	<b>NS</b>	$***$	***	<b>NS</b>	***	***	<b>NS</b>	***
Leaves total soluble sugar	***	***	***	***	***	<b>NS</b>	***	***	<b>NS</b>
Fruits total soluble sugar	***	***	***	***	***	$\ast$	***	$\ast$	$***$
Leaves protein	$***$	***	***	***	$***$	<b>NS</b>	***	$***$	<b>NS</b>
Fruits protein	***	***	***	***	***	***	***	<b>NS</b>	$\ast$
Leaves hydrogen peroxide	***	***	***	***	***	$***$	***	<b>NS</b>	***
Fruits hydrogen peroxide	***	***	***	***	***	***	***	***	$***$

(Continued)

Table 1 (continued)									
Parameters	А	Β		D	$A \times C$	$A \times D$	$B \times D$	$C \times D$	$A \times C \times D$
Leaves malondialdehyde	***	***	***	***	***	***	***	$***$	$***$
Fruits malondialdehyde	***	$***$	***	***	$***$	<b>NS</b>	$***$	NS	**
Leaves peroxidase	NS	***	NS	<b>NS</b>	<b>NS</b>	<b>NS</b>	***	$***$	$\ast$
Fruits peroxidase	NS	NS	NS	***	<b>NS</b>	NS	***	$***$	*
Leaves polyphenoloxidase	NS	∗	NS	$***$	NS	NS	NS	NS	NS
Fruits polyphenoloxidase	$***$	***	$***$	***	***	***	NS	***	***

<span id="page-7-0"></span>Table 2: Effects of drought stress (DS) and well-watered (WW) on the frequency of mycorhization (F), intensity of mycorhization (I), shoot height (SH), root length (RL) and number of leaves (NL) of tomato plants during the experiment



Note: C: Compost, NPK, AMF: Arbuscular mycorrhizal fungus, C+AMF: Amended with compost and inoculated by arbuscular mycorrhizal fungus. Values marked with different letters signify statistically significant differences between treatments at  $p \le 0.05$ , as identified by the Tukey test. The data with means  $\pm$  standard error (SE) based on a sample size of  $n = 5$ .

The addition of conventional chemical fertilizers (NPK) and AMF alone and/or combined with compost enhanced growth parameters in tomato plants under favorable irrigation conditions (WW). The DS application significantly affected tomato plant growth by reducing shoot height (SH) ( $p < 0.001$ ), root length (RL) ( $p < 0.01$ ), leaves number (LN) ( $p < 0.01$ ), fruits number (FN) ( $p < 0.01$ ), fresh fruit weight (FFW) ( $p < 0.01$ ), and shoot dry weight (SDW) ( $p < 0.001$ ) and root dry weight (RDW) ( $p < 0.001$ ) accumulation ([Tables 1](#page-6-0) and [3\)](#page-8-0). These parameters recorded a significant decrease especially in tomato plants not inoculated and not amended (NPK and control) under unfavorable irrigation conditions. DS showed a greater reduction in SH by 24.2% and 17.7%, in RL by 13.3% and 12.6%, in LN by 25.9% and 22.1%, in FN by 34.5% and 43.6%, in FFW by 15.8% and 18.8%, in SDW by 13.1% and 17.5%, and in RDW by 46.6% and 41% respectively in NPK and control compared to the control plants under WW conditions. Furthermore, the addition of compost alone and/or in combination with AMF (C+AMF) increased respectively, SH by 12.1% and 17.9%, RL by 5.5% and 7.6 %, LN by 21.% and 22.6%, FN by 29% and 35.5%, FFW by 21.3% and 25%, SDW by 10.7% and 10.4%, and RDW by 24.1% and 56.1% compared to the control plants under DS conditions ([Table 3\)](#page-8-0). The combined application of AMF and compost yielded superior results and more effectively alleviated the effects of water stress on growth parameters compared to the use of AMF or compost alone. Conversely, under well-watered (WW) conditions, conventional chemical fertilizers significantly enhanced biomass and yield relative to plants treated with AMF, compost, or left untreated. Specifically, the application of NPK fertilizers resulted in a 27% increase in SH, a 35% increase in NL, a 25% increase in SDW, a 33% increase in FN, and a 38% increase in FFW in tomato plants compared to the control. The interactions between AMF, compost, and drought had a significant effect on SDW, with  $p < 0.001$  ([Table 1\)](#page-6-0).

		SDW(g)		RDW(g)	FN		FFW(g)	
	WW	DS.	<b>WW</b>	<b>DS</b>	WW	DS.	<b>WW</b>	DS
Control		$81.2 \pm 2.5$ b $67.0 \pm 4.1$ d $14.7 \pm 0.5$ a $8.7 \pm 0.8$ d $11 \pm 1.6$ b $6.2 \pm 1.3$ c $26.6 \pm 1.1$ c $21.6 \pm 1.3$ d						
C		$96.1 \pm 4.8$ a $74.1 \pm 4.8$ bc $14.3 \pm 1.1$ a $10.8 \pm 1.1$ c $13.4 \pm 1.0$ ab $8 \pm 1.0$ bc $31 \pm 1.9$ b $26.2 \pm 1.9$ c						
<b>NPK</b>		$101.6 \pm 6.1$ a $70.5 \pm 2.2$ cd $14.4 \pm 0.8$ a $7.9 \pm 0.7$ d $14.6 \pm 0.9$ a $7.2 \pm 0.8$ c $35 \pm 2.1$ a $22.4 \pm 1.3$ d						
AMF		$85.3 \pm 3.6$ b $71.2 \pm 4.1$ cd $12.3 \pm 1.4$ ab $9.8 \pm 0.9$ c $11.8 \pm 1.6$ ab $7.8 \pm 0.8$ c $28.2 \pm 2.4$ c $24.4 \pm 2.1$ cd						
		C+AMF 98.0 $\pm$ 6.2 a 73.9 $\pm$ 4.5 c 14.1 $\pm$ 0.6 a 13.6 $\pm$ 0.6 a 14 $\pm$ 1.2 b 8.4 $\pm$ 0.5 b 32.6 $\pm$ 1.5 b 27 $\pm$ 2.4 c						

<span id="page-8-0"></span>Table 3: Effects of well-watered (WW) and drought stress (DS) on shoot dry weight (SDW), root dry weight (RDW), fruits number (FN) and fruits fresh weight (FFW) of tomato plants during the experiment

Note: Control, C: Compost, NPK, AMF: Arbuscular mycorrhizal fungi, C+AMF: Amended with compost and inoculated by arbuscular mycorrhizal fungi. Values marked with distinct letters indicate significant differences between treatments, with a significance level set at  $p \le 0.05$ , as determined by the Tukey test for each harvest period. The data are presented as means  $\pm$  standard error (SE), based on a sample size of  $n = 5$ , to provide an accurate representation of variability and statistical significance across treatments.

# 3.2 Leaf Water Potential and Relative Water Content

<span id="page-8-1"></span>Leaf water potential (ΨLeaf) [\(Fig. 1a\)](#page-8-1) and relative water content (RWC) [\(Fig. 1b\)](#page-8-1) were significantly ( $p \le$ 0.001) reduced under water stress conditions ([Table 1\)](#page-6-0). Neither compost alone, AMF, nor NPK treatments had a notable impact on ΨLeaf compared to the control plants under WW conditions. However, under DS, the application of compost, either alone or in combination with AMF (C+AMF), had a significant effect on ΨLeaf compared to NPK-treated and untreated plants. Specifically, compost alone increased ΨLeaf by 19.8% compared to the control plants under DS conditions. In contrast, NPK application resulted in an 8.8% reduction in ΨLeaf relative to the control plants under DS conditions.



Figure 1: Effects of compost (C), chemical fertilizer (NPK), and arbuscular mycorrhizal fungi (AMF) on leaf water potential (a) and relative water content (b) in tomatoes under well-watered (WW) and drought stress (DS) conditions. Values marked with distinct letters indicate significant differences between treatments, with a significance level set at  $p \le 0.05$ , as determined by the Tukey test for each harvest period

Under DS conditions, the RWC decreased by 20.1% in plants treated with NPK and by 19.4% in control plants compared to plants under WW conditions. Conversely, plants treated with compost alone or with the combined treatment of compost and AMF (C+AMF) exhibited the greatest increases in RWC, with increases of 9.7% and 8.2%, respectively, compared to the untreated plants under DS conditions. This indicates that compost and AMF treatments were more effective in enhancing water retention compared to other treatments during drought stress. The interactions among NPK and drought, on the leaf water potential were significant at  $p < 0.05$  ([Table 1\)](#page-6-0).

### 3.3 Stomatal Conductance, Chlorophyll Fluorescence and Photosynthetic Pigments

DS reduced stomatal conductance (gs) ([Fig. 2a](#page-9-0)) and photosystem II quantum efficiency (Fv/Fm) ([Fig. 2b\)](#page-9-0) significantly ( $p \le 0.001$ ), with the decreases being especially pronounced in the absence of biostimulants (compost and AMF) ([Table 1\)](#page-6-0). When compared to control and NPK treatments, C+AMF enhanced the gs by 14.5% and 15.7%, respectively, under DS conditions. Furthermore, the combined application of compost with AMF (C+AMF) increased Fv/Fm by 3.6% and 3.4% respectively compared to NPK-treated and control plants under water stress. In contrast, the addition of NPK to tomato plants recorded the highest value under favorable irrigation conditions compared to the plants treated with biostimulants. The interactions among NPK and drought, on the stomatal conductance were significant at  $p < 0.001$  ([Table 1](#page-6-0)).

<span id="page-9-0"></span>

Figure 2: Impactof arbuscular mycorrhizal fungi (AMF), compost (C), and chemical fertilizer (NPK) on stomatal conductance (a) and chlorophyll fluorescence (Fv/Fm) (b) in tomato plants grown under wellwatered (WW) and drought stress (DS) conditions

Following the application of DS, photosynthetic pigment concentrations significantly decreased ( $p \leq$ 0.001) across all treatments ([Table 1\)](#page-6-0), including those with biostimulants and NPK [\(Fig. 3](#page-10-0)). DS conditions caused considerable reductions in chlorophyll a (Chl a) ([Fig. 3a\)](#page-10-0), chlorophyll b (Chl b) ([Fig. 3b\)](#page-10-0), and carotenoids [\(Fig. 3c\)](#page-10-0). Specifically, reductions in Chl a, Chl b, and carotenoids were more pronounced in tomato plants treated with NPK, showing decreases of 7.8%, 11.7%, and 20.1%, respectively, and in control plants with decreases of 8.9%, 18.3%, and 34.5%, compared to the control plants under WW conditions. In contrast, the application of compost combined with AMF (C+AMF) significantly mitigated these reductions, leading to increases in Chl a, Chl b, and carotenoids by 7.7%, 21.9%, and 29.9%, respectively, in comparison with control plants under DS conditions. Under WW conditions, the use of NPK was associated with higher concentrations of chlorophyll  $a$  and  $b$ , as well as carotenoids, compared to both biostimulant treatments (either alone or in combination) and untreated control plants. This indicates that while DS negatively impacts photosynthetic pigments, the combined use of compost and AMF can partially counteract these effects, and NPK treatment enhances pigment concentrations under optimal water conditions. The interactions among NPK and drought, on the chlorophyll a, chlorophyll b, and carotenoids were significant at  $p \le 0.001$  [\(Table 1\)](#page-6-0).

<span id="page-10-0"></span>

Figure 3: Effects of compost (C) and a chemical fertilizer (NPK), and arbuscular mycorrhizal fungi (AMF) on chlorophyll  $a$  (a), chlorophyll  $b$  (b) and carotenoid (c) in tomatoes under well-watered (WW) and drought stress (DS) conditions

#### 3.4 Quantification of Total Soluble Sugars and Proteins

Under drought stress (DS) conditions, the levels of total soluble sugars (TSS) and protein in tomato leaves and fruits decreased significantly  $(p < 0.001)$  ([Fig. 4](#page-11-0) and [Table 1\)](#page-6-0). Specifically, TSS levels dropped by approximately 13.6% and 10.9% in leaves ([Fig. 4a](#page-11-0)) and 12.9% and 10.9% in fruits ([Fig. 4b](#page-11-0)) for control and NPK-treated plants, respectively, compared to the WW controls. Similarly, protein content decreased by about 17.6% and 17.3% in leaves [\(Fig. 4c](#page-11-0)) and 17.7% and 16.9% in fruits ([Fig. 4d\)](#page-11-0) for control and NPK-treated plants, respectively, under DS conditions relative to WW conditions. Conversely, the application of compost alone (C) and in combination with AMF (C+AMF) significantly improved TSS content, with increases of 20.1% and 18.7% in leaves and 9.8% and 11.4% in fruits, respectively, compared to the control plants under DS conditions. Similarly, protein content was enhanced by 15.8% and 17.6% in leaves and 23.2% and 5.1% in fruits for compost and C+AMF treatments, respectively, under DS conditions. Under WW conditions, NPK treatment also led to increased TSS and protein content, with rises of 20.5% and 18.9% in leaves and 9.0% and 7.3% in fruits, respectively, compared to the control. The interactions among NPK and drought, on the total soluble sugars and protein content in tomato leaves and fruits were significant at  $p \le 0.001$  [\(Table 1\)](#page-6-0).

<span id="page-11-0"></span>

Figure 4: Effects of arbuscular mycorrhizal fungi (AMF), compost (C) and a chemical fertilizer (NPK) on leaf sugar (a), fruit sugar (b), leaf protein (c) and fruit protein content (d) in tomatoes under well-watered (WW) and drought stress (DS) conditions

#### 3.5 Quantification of Hydrogen Peroxide  $(H_2O_2)$  and Malondialdehyde (MDA) Content

H2O2 and MDA levels serve as key indicators of oxidative stress in plant tissues, as depicted in [Fig. 5](#page-12-0). Under DS conditions, both  $H_2O_2$  and MDA concentrations increased significantly ( $p < 0.001$ ) in leaves and fruits compared to WW conditions ([Table 1](#page-6-0)). Specifically,  $H_2O_2$  levels rose by 93.4% and 70.3% in leaves [\(Fig. 5a](#page-12-0)) and by 15.6% and 8.9% in fruits ([Fig. 5b](#page-12-0)) for control and NPK-treated plants under DS

circumstances, respectively. Similarly, MDA content surged by 133.4% and 124.7% in leaves ([Fig. 5c](#page-12-0)) and by 7.0% and 9.7% in fruits [\(Fig. 5d\)](#page-12-0) for control and NPK-plants, respectively, under DS. In contrast, the application of AMF and/or compost led to reductions in  $H_2O_2$  and MDA levels in leaves under DS conditions. Notably, the combination of compost and AMF (C+AMF) was particularly effective, reducing  $H<sub>2</sub>O<sub>2</sub>$  content by 47.6% and 39.8% and MDA content by 9.8% and 22.0% in leaves and fruits, respectively, compared to the control under DS. The lowest oxidative stress values were consistently observed in plants treated with compost, AMF, or both, compared to the control, regardless of the water regime applied. The interactions between AMF, compost and drought, on the hydrogen peroxide and malondialdehyde content were significant at  $p \le 0.001$  and  $p \le 0.01$  in leaves and fruits, respectively ([Table 1\)](#page-6-0).

<span id="page-12-0"></span>

Figure 5: Effects of arbuscular mycorrhizal fungi (AMF), compost (C) and a chemical fertilizer (NPK) on hydrogen peroxide  $(H_2O_2)$  content in leaf (a) and in fruit (b) and malondialdehyde (MDA) content in leaf (c) and in fruit (d) in tomatoes under well-watered (WW) and under drought stress (DS) conditions

#### 3.6 Antioxidant Enzymes Contents

Tomato plants exposed to drought stress (DS) showed a significant increase ( $p < 0.01$ ) in the activity of antioxidant enzymes, including polyphenol oxidase (PPO) and peroxidase (POX), in both leaves and fruits compared to those under well-watered (WW) conditions [\(Tables 1](#page-6-0) and [4](#page-13-0)). Specifically, PPO activity saw the highest increase of 35.5% in leaves and 91.3% in fruits in AMF-inoculated plants under DS conditions compared to the control plants. Similarly, POX activity was significantly elevated by 43.5% in leaves and 52.3% in fruits for plants treated with compost alone under DS environments relative to the control plants. Under WW conditions, the most notable improvements in PPO and POX activities in both leaves and fruits were observed with the supplementation of compost and AMF, either separately or in combination. These improvements were generally greater than those achieved with NPK treatment. This suggests that compost and AMF treatments are particularly effective at enhancing antioxidant enzyme

activity, thereby providing better protection against oxidative stress under both water stress and optimal conditions. The interactions between AMF, compost, and drought significantly affected peroxidase content in both leaves and fruits ( $p \le 0.05$ ) [\(Table 1\)](#page-6-0).

<span id="page-13-0"></span>Table 4: Effects of well-watered (WW) and drought stress (DS) and applied treatments (Control, C: Compost, NPK, AMF: Arbuscular mycorrhizal fungus, C+AMF: Amended with compost and inoculated by arbuscular mycorrhizal fungi) on polyphenol oxidase (PPO) and peroxidase (POX) activity of tomato plants during the experiment

		PPO (Units $mg^{-1}$ proteins)			POX (Units $mg^{-1}$ proteins)				
	Leaves		Fruits			Leaves	Fruits		
	WW	DS.	<b>WW</b>	DS.	WW	DS	<b>WW</b>	DS	
Control					$1.0 \pm 0.03$ d $1.3 \pm 0.08$ ab $0.8 \pm 0.13$ d $1.1 \pm 0.04$ b $0.04 \pm 0.002$ c $0.03 \pm 0.000$ d $0.03 \pm 0.000$ b $0.02 \pm 0.000$ c				
C					$0.9 \pm 0.01$ e $1.4 \pm 0.01$ a $1.0 \pm 0.03$ c $1.5 \pm 0.03$ a $0.02 \pm 0.000$ e $0.05 \pm 0.005$ b $0.02 \pm 0.000$ c $0.04 \pm 0.003$ a				
<b>NPK</b>					$0.7 \pm 0.45$ f $1.1 \pm 0.04$ c $1.0 \pm 0.02$ c $0.8 \pm 0.08$ c $0.07 \pm 0.005$ a $0.03 \pm 0.001$ d $0.02 \pm 0.004$ c $0.04 \pm 0.006$ a				
AMF					$1.3 \pm 0.02$ b $1.4 \pm 0.10$ a $1.0 \pm 0.04$ c $1.5 \pm 0.15$ a $0.04 \pm 0.005$ bc $0.04 \pm 0.005$ bc $0.03 \pm 0.004$ ab $0.03 \pm 0.004$ ab				
					C+AMF $0.9 \pm 0.68$ de $1.3 \pm 0.12$ ab $1.0 \pm 0.05$ c $1.5 \pm 0.08$ a $0.03 \pm 0.005$ cd $0.05 \pm 0.008$ b $0.02 \pm 0.004$ c $0.04 \pm 0.006$ a				

Note: Values marked with different letters denote significant differences between treatments at  $p \le 0.05$ , as determined by the Tukey test for each harvest. Data are shown as mean values  $\pm$  standard error (SE).

#### 3.7 Correlation between Agro-Physiological and Biochemical Traits

[Fig. 6](#page-14-0) illustrates the Pearson correlations among various physiological, biochemical, and growth traits. A significant positive correlation was detected between growth parameters—including root dry weight (RDW), shoot dry weight (SDW), number of leaves (LN), shoot height (SH), root length (RL), and fruit fresh weight (FFW) and physiological parameters such as stomatal conductance (gs) and the chlorophyll fluorescence (Fv/Fm). In contrast, stress markers, namely hydrogen peroxide  $(H<sub>2</sub>O<sub>2</sub>)$  and malondialdehyde (MDA), along with antioxidant enzyme activities (peroxidase (POX), and polyphenol oxidase (PPO)) in both leaves and fruits, displayed a significant negative correlation with growth parameters. Additionally, stomatal conductance (gs) was strongly positively correlated with leaf water potential (ψLeaf). Conversely, the sugar (TSS) content in leaves and fruits has shown a stronger negative correlation with stress markers and growth parameters. These relationships highlight how physiological and biochemical responses to stress influence plant growth and overall health.

# 3.8 Principal Component Analysis and Heat Mapping for Evaluated Traits

Principal Component Analysis (PCA) was conducted to explore the distribution of agro-physiological as well as biochemical traits based on the treatments applied under two water regimes: well-watered (WW), and drought stress (DS) conditions ([Fig. 7a\)](#page-15-0). The analysis utilized two principal components, which collectively accounted for 76.29% of the total variability, with PC1 explaining 63.72% and PC2 accounting for 12.67%. PC1 effectively distinguished between the treatments based on the intensity of water stress, positioning the DS treatments on the left side and the WW treatments on the right side of the biplot. Under WW conditions, the PCA indicated a strong positive correlation between the C+AMF treatment and several growth parameters, including root length, shoot height, root dry weight, and shoot dry weight. Additionally, this treatment was positively associated with physiological metrics such as chlorophyll fluorescence, and stomatal conductance. Furthermore, PCA revealed significant positive correlations between C+AMF and water-related indicators, such as leaf water potential and relative water content, as well as with photosynthetic pigments (carotenoids, chlorophyll  $a$ , and chlorophyll  $b$ ) and osmolytes content (protein and sugar) in both leaves and fruits. Conversely, the biplot analysis highlighted a positive correlation between the control and NPK treatments under DS conditions with elevated levels of stress markers,

including hydrogen peroxide as well as malondialdehyde in leaves and fruits. The PCA also demonstrated a strong positive correlation between the antioxidant enzyme activities (polyphenol oxidase and peroxidase) in leaves and fruits and the application of AMF, either alone or in combination with compost (C+AMF). This suggests that AMF treatment, especially when combined with compost, plays a significant role in mitigating oxidative stress and enhancing plant resilience under DS.

<span id="page-14-0"></span>

Figure 6: Pearson correlation analysis of the evaluated parameters in tomato plants grown in WW (wellwatered) and DS (drought stress) and treated or not (control) with arbuscular mycorrhizal fungi (AMF), compost (C), combination of compost with AMF (C+AMF) and chemical fertilizer (NPK). RL: root length; SH: shoot height; SDW: shoot dry weight; RDW: root dry weight; Gs: stomatal conductance; Fv/ Fm: chlorophyll fluorescence; RWC: relative water content; LWP: leaf water potential; I: mycorrhizal intensity; F: mycorrhizal frequency; Caro: carotenoid; Chl a: chlorophyll a; Chl b: chlorophyll b; Protein (Lv): protein in leaves; Protein(Fr): protein in fruits; TSS (Lv): total soluble sugar in leaves; TSS (Fr): total soluble sugar in fruits;  $H_2O_2$  (Lv): hydrogen peroxide in leaves;  $H_2O_2$  (Fr): hydrogen peroxide in fruits; MDA (Lv): malondialdehyde in leaves; MDA (Fr): malondialdehyde in fruits; POX (Lv): peroxidase activity in leaves; POX (Fr): peroxidase activity in fruits; PPO (Lv): polyphenol oxidase activity in leaves; PPO (Fr): polyphenol oxidase activity in fruits

<span id="page-15-0"></span>

Figure 7: Principal component (a) and Hierarchical grouping and heat map analysis (b) illustrating the associations between the treatments applied (a and b, scale on right) under the two water regimes WW and DS and the grouping of the different features studied (I, II, III, IV and V, scale at top). The different colors and intensities have been adjusted according to the treatment-treatment relationships. Dark blue indicates lower values (drought-sensitive), while dark green indicates higher values (drought-tolerant). RL: root length; SH: shoot height; SDW: shoot dry weight; RDW: root dry weight; gs: stomatal conductance; Fv/Fm: chlorophyll fluorescence; RWC: relative water content; LWP: leaf water potential; F: mycorrhizal frequency; I: mycorrhizal intensity; Caro: carotenoid; Chl a: chlorophyll a; Chl b: chlorophyll b; Protein (Lv): protein in leaves; Protein (Fr): protein in fruits; TSS (Fr): total soluble sugar in fruits; TSS (Lv): total soluble sugar in leaves;  $H_2O_2$  (Lv): hydrogen peroxide in leaves;  $H_2O_2$  (Fr): hydrogen peroxide in fruits; MDA (Lv): malondialdehyde in leaves; MDA (Fr): malondialdehyde in fruits; POX (Lv): peroxidase activity in leaves; POX(Fr): peroxidase activity in fruits; PPO (Lv): polyphenol oxidase activity in leaves; PPO (Fr): polyphenol oxidase activity in fruits

To further investigate the variability among the different treatments, hierarchical clustering analysis (HCA) was conducted [\(Fig. 7b\)](#page-15-0). This analysis revealed two principal clusters, designated as Group A and Group B. Group A is subdivided into two main subgroups: i) DS Control and DS NPK; ii) WW Control, DS C, DS AMF, and DS C+AMF. Group B is also divided into two subgroups: iii) WWAMF, WW C+AMF, and WW C; iv) WW NPK. Under DS conditions, treatments primarily clustered into subgroups i and ii, with the exception of WW Control. Conversely, under WW conditions, the treatments formed distinct clusters in subgroups iii and iv. The HCA demonstrated that all applied treatments, compared to the conditions, enhanced various morphological, physiological as well as biochemical traits of the tomato plants, irrespective of whether the plants were under WW or DS conditions. The HCA identified two main groups of interest: Group I and II, which are associated with antioxidant enzyme activities (PPO and POX) and stress markers (MDA and  $H_2O_2$ ). These groups encompass significant morphological, physiological, and growth parameters. Meanwhile, Groups III, IV, and V focus on key growth metrics (SH, RL, RDW, and SDW), physiological indicators (gs, ΨLeaf, RWC, Fv/Fm, and chlorophyll content, and biochemical parameters (protein and sugar contents). Under drought stress (DS) conditions, plants treated with AMF and/or compost demonstrated moderate growth, physiological, and biochemical responses compared to control plants under well-watered conditions. Conversely, plants treated with NPK displayed elevated levels of MDA and  $H_2O_2$  in both leaves and fruits, resembling those of control plants under DS conditions. This indicates that while AMF and compost treatments provide some resilience under stress, NPK treatment exacerbates oxidative stress, affecting the overall plant health.

# 4 Discussion

Drought remains a major limitation to crop growth, physiology, and yield worldwide. Furthermore, the overreliance on conventional chemical fertilizers has negatively impacted the physicochemical and biological properties of soils, causing significant disturbances in plant agro-physiological and biochemical processes, especially under drought stress. Addressing this issue requires the development of innovative strategies that enhance plant resilience to drought while ensuring agricultural productivity and sustainability to support global food security. Natural biostimulants, such as AMF and compost, are emerging as viable and eco-friendly alternatives to chemical fertilizers. These biostimulants are increasingly valued for their potential to improve crop tolerance and productivity in drought conditions. This study aimed to evaluate the effects of AMF and compost, both individually and in combination with chemical fertilizers, on the agro-physio-biochemical characteristics of tomato leaves and fruits under drought stress. This investigation is notable as it provides a comprehensive comparison of the impacts of AMF alone and its combination with compost against conventional chemical fertilizers on tomato plant growth, physiological responses, and biochemical attributes under drought stress.

#### 4.1 Mycorrhizal Status and Tomato Growth

Drought significantly impairs the growth of tomato plants, particularly when they are not treated with AMF or compost. Numerous studies have documented that drought stress adversely affects tomato plants by reducing growth, physiological functions, biomass, and yield [\[42](#page-23-11),[43\]](#page-23-12). Specifically, drought can lead to decreases in shoot height, leaf number and area, chlorophyll content, photosynthetic efficiency, stomatal conductance, leaf water potential, plant quantum yield, and fruit yield [[15,](#page-22-13)[44](#page-23-13)–[47\]](#page-23-14). Omena-Garcia et al. [[48](#page-24-0)] observed that drought stress resulted in substantial reductions in shoot dry weight, root dry weight, total leaf area, and specific leaf area in tomatoes compared to well-watered plants. The findings of this study indicate that applying compost, either alone or combined with R. irregularis, significantly improved plant height, root length, shoot and root biomass, as well as the number and fresh weight of tomato fruits, compared to the control under both drought stress (DS) and well-watered (WW) conditions. Tomato plant growth was notably enhanced in nutrient-rich soils treated with chemical fertilizers (NPK), showing performance comparable to that achieved with natural biostimulants (AMF and compost), especially under well-watered conditions. Additionally, Abdelhady et al. [[49\]](#page-24-1) found that conventional NPK fertilizers resulted in the highest growth parameters for tomato plants under WW, whereas the lowest values were observed under drought stress. Ahanger et al. [\[50](#page-24-2)] demonstrated that both compost alone and its combination with AMF significantly enhanced tomato growth and biomass accumulation compared to the control plants under DS. Tahiri et al. [\[51](#page-24-3)] also found that the combination of AMF and compost led to a significant enhancement in tomato shoot biomass, achieving an impressive increase of 156% compared to the control plants subjected to drought stress (DS). Fuertes-Mendizábal et al. [[52\]](#page-24-4) observed that plants treated with lower concentrations of compost exhibited higher leaf dry weights compared to those fertilized with NPK. Singh et al. [[53\]](#page-24-5) also reported that water stress considerably diminished total shoot dry weights, with inorganic fertilizers resulting in 10%–30% greater reductions in plant biomass compared to organic fertilizers.

The observed improvements in plant growth and yield with compost and AMF applications are attributed to enhanced nutrient and water uptake, facilitated by the extra-radical hyphae of AMF. These hyphae can access phosphorus from non-rhizosphere soil, bypassing the slow diffusion process typically encountered by plant roots. The increased availability of nutrients from compost and the enhanced nutrient and water absorption through AMF likely contributed to the observed growth benefits under drought stress [\[10](#page-21-9),[54\]](#page-24-6). Plants can effectively access phosphorus from organic pools in compost once it has undergone mineralization [\[55](#page-24-7)–[58\]](#page-24-8). Additionally, AMF play a fundamental role in the solubilization of key nutrients such as potassium, phosphorus, and iron [\[58](#page-24-8)]. They also contribute to the biodegradation and mineralization of soil organic matter, enhance phytohormones biosynthesis, and improve soil structure and aggregation [\[59](#page-24-9)]. The presence of AMF in the rhizosphere can stimulate the synthesis of aquaporins, thereby enhancing water uptake and maintaining ion homeostasis under drought stress conditions [\[19](#page-22-3),[60](#page-24-10)[,61](#page-24-11)]. In contrast, chemical fertilizers can potentially alter soil water potential, which may impair root efficiency in water and nutrient absorption, especially under water stress [[62](#page-24-12)[,63](#page-24-13)]. AMF species, particularly R. irregularis, are known for their high root infection rates, effective nutrient cycling, and efficient phosphorus supply to plant roots [[64\]](#page-25-0). The incorporation of compost-derived materials into the soil also provides a crucial energy source for beneficial microorganisms, including AMF, particularly in soils with low organic content [\[65](#page-25-1)]. Compost not only supplies essential nutrients and supports plant and microbial growth but also positively impacts soil structure, physicochemical properties, and aeration, offering several benefits over conventional NPK fertilizers [[66\]](#page-25-2).

The enhancement of soil structure and porosity may be attributed to the humification effects of the green waste-based compost used in this study. Roldán et al. [[67\]](#page-25-3) suggested that combining compost with mycorrhizal inoculation positively influences the stability of soil aggregates, thanks to the role of polysaccharides, which can lead to improved root development under DS. The interaction between compost and AMF can also enhance nutrient utilization efficiency by promoting cell division and growth performance [[58](#page-24-8)]. Benaffari et al. [\[46](#page-23-15)] found that the application of various compost types combined with AMF increased quinoa yield more effectively than compost alone under water stress conditions. It is noteworthy that the application of compost had a synergistic effect on both plant growth and the colonization of roots by AMF under drought stress conditions. However, drought conditions significantly reduce root colonization and hyphal growth, highlighting the challenge of maintaining effective mycorrhizal associations during periods of water scarcity [[68](#page-25-4)–[70](#page-25-5)].

Environmental factors such as soil moisture, temperature, and nutrient availability have a direct impact on root colonization by AMF [[71,](#page-25-6)[72\]](#page-25-7). Our study demonstrates that the application of green waste compost significantly boosted AMF spore production, leading to an increased presence of infectious propagules in tomato plants. This enhancement may be due to the effective sporulation capabilities of AMF or the beneficial interactions facilitated by the organic matter available in the soil. These observations are consistent with findings from Anli et al. [[73\]](#page-25-8), who reported that compost application positively affects AMF growth, especially under drought stress conditions. Several studies have shown that water stress adversely affects spore germination, AMF survival, and hyphal growth within host roots [[68,](#page-25-4)[74](#page-25-9)[,75](#page-25-10)]. The presence of AMF in arid environments can upregulate genes involved in nutrient transport, which

improves nutrient absorption and movement to the host plant [\[76](#page-25-11)]. These mechanisms are essential for promoting root development and overall plant growth in difficult conditions [[77](#page-25-12)[,78](#page-25-13)].The incorporation of humic acid-rich organic matter has been shown to stimulate both root colonization and the growth of extra-radical hyphae in the soil [\[67](#page-25-3)[,79](#page-25-14)]. Our results indicate that compost application maintained adequate levels of phosphorus, nitrogen, potassium, and soil moisture. This not only supported effective root colonization when combined with AMF but also improved the water status of tomato plants under drought stress conditions [\[67](#page-25-3)].

# 4.2 Leaf Water Potential and Relative Water Content

In our research, tomato plants that received AMF inoculation and/or were supplemented with compostdemonstrated significantly improved leaf water status under DS compared to plants that were either not amended or not inoculated, including those receiving only NPK fertilizer. This indicates the critical role of biostimulants, whether applied individually or in combination, in enhancing water absorption and transport from the soil to the plants during stressful conditions. The study highlights that AMF hyphae can significantly boost soil water use efficiency, enhancing both water and nutrient absorption in plants experiencing water stress [\[12](#page-21-11),[25,](#page-22-9)[26,](#page-22-10)[47](#page-23-14),[80\]](#page-25-15). The addition of organic amendments improves soil water retention and infiltration rates, as well as soil structure and fertility [\[81](#page-26-0)[,82](#page-26-1)]. Notably, plants treated with AMF alone or in alongside with compost exhibited superior leaf water status compared to those treated with NPK fertilizers or left untreated, particularly under drought stress. This suggests that natural biostimulants are more effective than chemical fertilizers in improving the water status of tomato plants under stress conditions. The enhanced water uptake observed in AMF-treated plants may be attributed to the increased nutrient availability from soil organic amendments and the extensive hyphal networks that extend beyond the root zone [[25\]](#page-22-9). These resultsare consistent with studies by Boutasknit et al. [[15\]](#page-22-13), who also reported that combining AMF with compost improves plant water status under drought conditions. Conversely, while chemical fertilizers enhance soil nutrient content, they do not significantly improve soil water retention or the efficiency of water and nutrient absorption under dry conditions [\[83](#page-26-2)]. Hashem et al. [\[25](#page-22-9)] found that organic amendments, whether applied alone or in combination with AMF, enhance water uptake by facilitating water movement to the plant's evaporative surfaces and increasing stomatal opening under drought condition.

# 4.3 Stomatal Conductance, Chlorophyll Fluorescence, and Photosynthetic Pigments

Under DS, plants treated with AMF and/or supplemented with organic materials demonstrate a significantly improved ability to regulate water uptake, manage stomatal function, and optimize water distribution within their tissues [\[84\]](#page-26-3). The opening and closing of stomata is a crucial strategy employed by plants to reduce water loss and adapt to drought stress [[85\]](#page-26-4). Our study revealed that stomatal conductance was notably reduced in DS-plants compared to those under optimal irrigation. However, plants treated with AMF, either alone or in combination with compost, showed a marked improvement in stomatal conductance. This enhancement is likely due to several factors, including increased hydraulic conductance, better osmotic adjustment, a larger root absorptive surface area, and improved mycorrhizal colonization [\[58](#page-24-8),[85,](#page-26-4)[86\]](#page-26-5). The results indicate that plants with AMF inoculation and/or compost amendment exhibited higher mycorrhizal colonization, which appears to positively influence their water status, as evidenced by less negative leaf water potential (ΨLeaf) values under drought conditions.

Generally, plants treated with AMF and/or compost maintained better stomatal conductance compared to those treated with chemical fertilizers (NPK) or left untreated. Improved water status and enhanced stomatal opening in these plants contribute to better photosynthetic efficiency and quantum yield of photosystem II (PSII) under water stress. Specifically, the combined application of AMF and compost resulted in higher Fv/Fm values in tomato plants under DS compared to the controls and those treated with NPK fertilizers. These findings align with other research showing that AMF inoculation can enhance PSII quantum yield under drought conditions [\[44](#page-23-13),[47,](#page-23-14)[87\]](#page-26-6). Under DS, Gong et al. [[88\]](#page-26-7) reported that the inoculation of Sophora davidii plants with AMF led to a significant enhancement in the quantum yield of photosystem II (Fv/Fm) compared to non-inoculated plants. This enhancement is attributed to improved efficiency in capturing xcitation energy and the minimized damage to the reaction centers of photosystem II, especially in conditions of drought stress [\[89](#page-26-8),[90\]](#page-26-9).

Previous studies have shown that water deficit often results in oxidative stress, leading to the degradation of photosynthetic pigments such as chlorophyll and carotenoids due to photooxidation [[91,](#page-26-10)[92\]](#page-26-11). Our findings indicate that chlorophyll a, chlorophyll b, and carotenoid levels significantly decreased under DS compared to WW plants, which contrasts with some studies that reported increased carotenoid content under similar conditions [\[93](#page-26-12)]. Research has demonstrated that compost application can notably improve the chlorophyll and carotenoid content in plants subjected to DS [\[12](#page-21-11),[13,](#page-21-12)[94,](#page-26-13)[95](#page-26-14)]. Consistent with these findings, our study showed that AMF inoculation, either alone or in combination with compost, preserved higher levels of chlorophyll and carotenoids compared to plants treated with NPK fertilizers or those left untreated. Fallah et al. [\[96](#page-26-15)] observed that organic amendments, including compost, enhance soil nitrogen availability, which supports chlorophyll production and improves photosynthetic efficiency under water stress. The ability of compost to boost chlorophyll content is likely due to its role in enhancing root colonization by AMF and improving the plant's water retention capabilities [[96,](#page-26-15)[97](#page-26-16)]. In addition, the compost-amended soil promoted a high water potential that allowed stomata to open, resulting in increased carbon assimilation and chlorophyll content under abiotic stress. Furthermore, the addition of NPK also boosts the soil's nitrogen content, contributing to improved chlorophyll and carotenoid content, but is still less performing than the application of biostimulants, especially under water stress conditions.

# 4.4 Quantification of Organic Osmolytes (Total Soluble Sugars and Proteins)

The advantages of applying compost and/or AMF extend beyond improvements in water and mineral uptake and chlorophyll content. These benefits also include increased levels of sugars and proteins [[47](#page-23-14)[,60](#page-24-10)]. Consequently, plants that are treated with compost and AMF AMF may exhibit greater physiological resilience to water stress and more effective osmotic regulation compared to those treated with NPK fertilizers or left untreated. Hammad et al. [\[62\]](#page-24-12) reported that the combination of compost and AMF significantly increased sugar and protein concentrations in plants under DS. The elevated sugar as well as protein levels observed in tomato plants treated with compost and/or AMF suggest that these treatments improve the plant's metabolic activity and stress resilience compared to those receiving chemical fertilizers or no treatment. Indeed, the accumulation of sugar and protein contents in the leaves and fruits of plants under water stress situations reduced osmotic potential in host cells. The sugar and protein levels in the leaves and fruits of tomato plants treated with compost and/or AMF were elevated, indicating that the natural metabolism of untreated and uninoculated plants (controls and those receiving NPK) was less active under water stress conditions [[51\]](#page-24-3).

# 4.5 Quantification of Hydrogen Peroxide  $(H_2O_2)$  and Malondialdehyde (MDA) Content

The elevated protein levels in tomato plants subjected to AMF and compost treatments may contribute to the reinforcement of the non-enzymatic antioxidant protection system and the reduction of harmful effects linked with the buildup of reactive oxygen species (ROS) [\[98](#page-26-17)]. The reduction in  $H_2O_2$  concentration in the leaves and fruits of plants treated with AMF as well as compost, either separately or in combination, may be attributed to the upregulation of antioxidant enzyme genes under water stress conditions. Additionally, membrane lipids are highly vulnerable to oxidative damage due to elevated ROS production when plants are subjected to environmental stresses [\[99](#page-27-0)[,100](#page-27-1)]. Accumulation of ROS levels at the cellular level in plants under water stress generally leads to oxidation of membrane lipids, producing high levels

of MDA, and decreasing the membrane stability of plant cells [\[12](#page-21-11)]. Our results confirmed that the application of DS increased the MDA content in relation to the high production of hydrogen peroxide  $(H_2O_2)$  especially in non-inoculated and non-amended plants (control and NPK). While AMF-inoculated tomato plants showed low production of MDA and  $H_2O_2$  content under water stress compared to plants under favorable conditions. Similar findings indicated a positive correlation between reduced  $H_2O_2$  and MDA levels and improved DS tolerance in plants that were treated with compost and AMF [\[101\]](#page-27-2).

# 4.6 Antioxidant Enzymes Contents

The AMF application, whether used alone or combined with compost, can mitigate elevated  $H_2O_2$  levels and play a crucial role in shielding membranes from oxidative damage under DS. Indeed, He et al. [\[102\]](#page-27-3) showed that AMF have the capacity to stimulate the expression of peroxidase (POX) genes that facilitate  $H<sub>2</sub>O<sub>2</sub>$  removal. In addition, AMF showed an ability to modulate aquaporin gene expression to transfer  $H<sub>2</sub>O$  and  $H<sub>2</sub>O<sub>2</sub>$  in plants under water stress [\[103,](#page-27-4)[104](#page-27-5)]. Plants defend against oxidative stress-induced damage through ROS detoxification mechanisms, which may include enzymatic processes. He et al. [\[102\]](#page-27-3) observed similar findings, noting increased antioxidant enzyme activity in plants under DS. This enhancement was more significant in the leaves and fruits of plants treated with compost and/or AMF compared to those treated with NPK fertilizer or left untreated. Anli et al. [\[44](#page-23-13)] demonstrated that the application of compost alone or in combination with AMF mitigated the effects of DS by elevating levels of polyphenol oxidase and peroxidase while reducing malondialdehyde and hydrogen peroxide compared to the control plants. Various research have indicated that enhanced plant tolerance to water stress is achieved by improving cell membrane stability and elasticity—thereby minimizing membrane damage through the activation of the antioxidant defense coordination [\[12](#page-21-11)[,105](#page-27-6)–[107](#page-27-7)].

# 5 Conclusion

In summary, drought stress (DS) considerably affects the growth and biomass production of tomato plants. Nonetheless, the application of natural biostimulants like AMF and green waste compost, has shown superior performance compared to traditional NPK fertilizers and untreated plants. Plants inoculated with R. irregularis and amended with 5% green waste compost—either individually or in combination—demonstrated enhanced tolerance to DS.

This improvement can be attributed to superior osmotic adjustment, characterized by elevated sugar and protein levels, and increased antioxidant activity, marked by higher peroxidase and polyphenol oxidase activities. The synergistic application of AMF as well as compost significantly boosted osmolyte accumulation, which in turn improved water relations, facilitated stomatal opening, and reduced lipid peroxidation, as evidenced by lower malondialdehyde levels.

Consequently, these treatments led to improved aerial and root growth, along with enhanced quantum yield of photosystem II under drought stress conditions. This suggests that the synergistic effect of combining AMF with compost can be a viable strategy for enhancing growth, yield, and drought resilience in tomato crops while reducing reliance on conventional chemical fertilizers and promoting sustainable organic agriculture.

Looking ahead, we recommend further research to evaluate the effectiveness of this biostimulant combination under field conditions. Additionally, investigating the molecular mechanisms underlying drought stress alleviation facilitated by AMF and compost could provide deeper insights into optimizing these practices for improved crop resilience and productivity.

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