# Precise tissue bioengineering and niches of mesenchymal stem cells: Their size and hierarchy matter

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Abstract: Stem cell microterritories (niches), as a specialized part of the extracellular matrix (ECM), are considered an important target and tool for the development of new materials, medical implants, and devices. However, tissue bioengineering products that have stem cell niches of known size on the surface or in the bulk structure of artificial materials are practically unknown. This brief review attempts to draw attention to the problematic aspects of niches as specific parts of the ECM, such as their hierarchy and size for mesenchymal stromal/stem cells (MSCs). These parameters arise directly from numerous definitions of stem cell niches as specialized morphological microterritories found in various tissues. The authors of this review analyze the known information on the hierarchy of MSC microterritories by analogy with that of hematopoietic stem cells. Occasional reports on the size of artificial MSC niches compared to natural niche candidates are summarized. A consensus on a hierarchy and optimal range of niche sizes for MSCs and other stem cells is needed to accelerate the development of prototyping technologies and additive manufacturing in applications to precise tissue bioengineering and regenerative medicine.

## Introduction

According to certain estimates, the global biomaterials market will reach \$47.5 billion by 2025, up from \$35.5 billion in 2020. This growth is partly due to increasing funding for the development of novel biomaterials and increasing research in regenerative medicine (Biomaterials Market by Type of Materials, Application—Global Forecast to 2025, 2021).

The classical tissue engineering approach aims to design synthetic environments to direct stem cells to achieve a desired function, which can then be implanted into the organism (Seliktar, 2012; Thomas *et al.*, 2018). Niche design is expected to provide important tools for both regenerative medicine and therapeutic discoveries (Donnelly *et al.*, 2018; Thomas *et al.*, 2018). Three-dimensional (3D) bioprinting technologies (rapid prototyping or additive manufacturing) and materials are being actively developed primarily to imitate the extracellular matrix (ECM) of bone, vessels, skin, cartilage, nerves and other biostructures (Gu *et al.*, 2018). Although fine resolutions (down to 10  $\mu$ m) have been

\*Address correspondence to: Larisa S. Litvinova,

LLitvinova@kantiana.ru; Igor A. Khlusov, khlusov63@mail.ru Received: 24 August 2021; Accepted: 29 November 2021 achieved with 3D printing (Do *et al.*, 2015), there are yet virtually no true tissue bioengineering products that would carry stem cell microterritories of known size on the surface or inside artificial materials.

The properties and significance of different types of mesenchymal stromal/stem cells (MSCs) and their niches for the clinical practice of regenerative medicine are being actively discussed (e.g., Han *et al.*, 2019). However, the niches of stem cells, including hematopoietic stem cells (HSCs), owing to complicated features, have remained an enigma (Zhang *et al.*, 2003).

There are numerous definitions and classifications of microterritories for HSCs; see, for example, the review of Khlusov *et al.* (2018). Numerous papers have described the properties of stem cell niches, especially HSCs, and their bioengineering *in vitro* and *in vivo* (Edalat *et al.*, 2012; Ireland and Simmons, 2015; Abarrategi *et al.*, 2018; Bourgine *et al.*, 2018; Donnelly *et al.*, 2018; Shrestha and Yoo, 2019; Zhang *et al.*, 2019).

By analogy, MSC niches are defined as specialized, complex, multifactorial microenvironments that provide structural and functional cues that are both biochemical and biophysical. Stem cells integrate this complex set of signals with intrinsic regulatory networks to fulfill physiological



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requirements (Donnelly *et al.*, 2018). However, stem cell niches are a small portion of the general bone marrow microenvironment (Chen, 2010).

Thus, without a clear understanding of the hierarchy and boundaries of stem cell microterritories, there is a high probability of mixing their short-range features with stimuli from the general microenvironment, as well as long-range cues of the whole body. Nevertheless, natural niches have been searched for, and artificial niches for MSCs have been created without particular understanding of the role of their classification and dimension. A search in the PubMed database (https://pubmed.ncbi.nlm.nih.gov) for the term "niche size of mesenchymal stem cells" yielded only 101 links over the past 20 years, and the term "niche size" was clearly present in the text of only 7 articles. Of course, a limited number of published studies do not reflect the interest of scientists in this topic.

Here, we provide a brief outlook on the problem of niches as specific microterritories of ECM, such as their hierarchy and dimensions for MSCs, which is urgently needed for the development of precise tissue bioengineering.

#### A Question of MSC Niche Hierarchy

MSC properties are suitable for tissue bioengineering and regenerative medicine, including (1) easy extraction from numerous tissues, (2) immunoregulatory capacity, (3) secretion of growth factors, and (4) the ability to differentiate into numerous target cells (Han *et al.*, 2019). A detailed description of MSCs can be found, for instance, in Aerts and Wagemaker (2006); the minimal requirements for MSC definition are described in Dominici *et al.* (2006).

With the development of nanotechnology and microfluidics, the design of niches for single MSCs (Donnelly *et al.*, 2018) has become an active area of tissue bioengineering and regenerative medicine. Niche mimicking approaches have to provide new tools to guide the behavior of a single MSC *in vitro* and *in vivo*. Such approaches could be facilitated by using biomaterials that mimic the native ECM in combination with the necessary (bio)physical and (bio)chemical cues required for stem cell control (Jahr *et al.*, 2015). Hence, precise tissue engineering is needed to obtain detailed information about the quantitative features of niches to design bioinspired artificial matrices most similar to native structures.

The choice of material and its design features (Madsen *et al.*, 2020), 2D and 3D tissue-like matrix (Thomas *et al.*, 2018), and numerous complex physical (e.g., surface electric charge and free energy, temperature, fluid transport, etc.), (bio) mechanical (e.g., stiffness, shear stress, etc.), (bio)chemical (e.g., pH value, chemical groups, molecules, wettability, etc.), and topographical (shape, size, dimensions, etc.) signals affect stem cell fate and behavior (quiescence, self-renewal, differentiation, motility, and death) (Jiang and Papoutsakis, 2013; Khlusov *et al.*, 2018).

The ECM is one of the most important structuralfunctional niche components (Chen, 2010; Assis-Ribas *et al.*, 2018). However, the specific cues generated by a niche are currently not distinguished from those observed in the systemic microenvironment. The stem cell niche is defined as a specific microenvironment in tissue where stem cells live in a quiescent stage but can selfrenew and differentiate in a controlled manner (Gattazzo *et al.*, 2014). According to Lutolf and Blau (2009) and Shrestha and Yoo (2019), a stem cell in its niche can undergo four different fates: (a) quiescent, (b) symmetric divisions (giving rise to two daughter stem cells), (c) asymmetric divisions (giving rise to one daughter stem cell and one differentiated cell), and (d) divisions with loss of self-renewal (giving rise to two differentiated progeny). In other words, due to the diversity of the functional state of stem cells, there should be a complex hierarchy of their microterritories (niches), as described for hematopoietic stem cells (HSCs) (Table 1).

MSCs are closely related to HSCs and form a common niche in the bone marrow (Méndez-Ferrer *et al.*, 2010). Therefore, a hierarchy of MSC niches cannot be excluded.

MSCs within the bone marrow stroma and cells lining compact bones in the endosteal niche have similar proliferation status and mesenchymal cell characteristics but contrasting multipotentiality (Yusop *et al.*, 2018). Despite the purported ability of MSCs to develop approximately twelve (Aerts and Wagemaker, 2006) or even more cell lineages (Gimble *et al.*, 2008) *in vitro*, the natural anatomical sites (niches) in which multipotent MSCs can reside are not defined clearly in contrast to the structuralfunctional units for HSCs. This may be due to the only 5–6 capacities (osteoblasts, chondrocytes, adipocytes, myocytes, tenocytes, and vascular smooth muscle cells/pericytes) of MSC orthodox commitment (Charbord *et al.*, 2011; Thanabalasundaram *et al.*, 2012) and their known plasticity (transdifferentiation capacity) (Kolf *et al.*, 2007).

Therefore, the classifications of the potential natural and artificial niches for MSCs are almost not known in practice. For example, niches for the self-renewal and differentiation of MSCs have been proposed (Donnelly *et al.*, 2018). Notably, the model of the functional hierarchy of stem cells, including MSCs, shows that more primitive stem cells exhibit a higher degree of intrinsic (niche independent) stemness and are more self-sufficient than committed (niche dependent) stem cells. Embryonic stem cells have a high degree of stemness and can create and modulate niches (Pal and Das, 2017).

Endothelial cells (ECs) give rise to white and brown adipocytes; therefore, the vascular wall of adipose tissue capillaries may represent a regional adipogenic niche (Frontini *et al.*, 2012). In addition, pericytic progenitors have been hypothesized to be a source of bone marrow adipocytes (Robles *et al.*, 2019).

Matta *et al.* (2015) developed approaches to mimic the structure and mechanical properties of the chondrocyte niche. Moreover, Khlusov *et al.* (2011) proposed the existence of artificial specific microterritories (niches) in calcium phosphate material for osteogenic differentiation of MSCs and studied their properties. The possibility of transforming quiescent endosteal niches formed by MSCs and HSCs into active osteogenic MSC niches was suggested. Moreover, we later proposed their structural ("niche-relief") and functional ("niche-voltage") hierarchy to promote bone and hematopoietic engineering *in vitro* and *in situ* ectopic tests in mice (Khlusov *et al.*, 2013a).

## TABLE 1

Summary of some morphological and functional variants of niches for hematopoietic stem cells

Niche name	References
Morphological (structural-functional) variants	
Hard or soft niches	Garrett and Emerson (2009)
Trabecular (endosteal) or (peri)vascular niches	Zhang <i>et al.</i> (2003); Calvi <i>et al.</i> (2003); Kiel <i>et al.</i> (2005); Kopp <i>et al.</i> (2005)
Arteriolar or sinusoidal niches	Wei and Frenette (2018); Bello et al. (2018)
Hemopoietic (erythroblastic) islands	Bessis (1958); Crocker and Gordon (1985); Chasis (2006); Yu and Scadden (2016)
Hematopoietic stem and progenitor cell (HSPC) <i>vs.</i> lymphoid precursor niches	Wei and Frenette (2018)
B cell vs. T cell niches	Vionnie and Scadden (2016)
Megakaryocyte niche	Bruns et al. (2014); Vionnie and Scadden (2016)
Functional variants	
Specialized or equivalent niches	Ugarte and Forsberg (2013)
Quiescent or active (activated) niches	Kopp <i>et al.</i> (2005); Yin and Li (2006)

Note: This information may be interesting to understand a small development of the problem concerning the hierarchy of MSC niches in application to precise tissue bioengineering.

#### Ex Vivo Design of Synthetic Niches for MSCs. Niche Size

Porosity and pore size are very important parameters in the development of materials for tissue engineering. 3D printing techniques are useful for designing matrices for tissue engineering, as they allow highly precise fabrication and control of the pore size, porosity, and shape (e.g., Gu *et al.*, 2018). However, this prominent area of research (see Yang *et al.*, 2001; Kim *et al.*, 2017) is not considered here, as it is mainly developed *in vivo* (e.g., Moisenovich *et al.*, 2012). Moreover, the bulk structure of the scaffolds has large (>50 µm) pore sizes, which are preferable for multicellular ingrowth.

Macroporosity (diameter of pores >50  $\mu$ m) showed *in vivo* cell infiltration, bone ingrowth (osteoconductivity), and new blood vessel formation (Mastrogiacomo *et al.*, 2006; Kim *et al.*, 2017). In fact, new bone tissue formation can be observed in various calcium phosphate (CaP) materials at a pore diameter of ~100–800  $\mu$ m (Sous *et al.*, 1998; Do *et al.*, 2015). However, according to the dimensions, such microterritories cannot be classified as niches for single stem cells. It is possible that large pores are tissue domains for MSCs (Khlusov *et al.*, 2018) by analogy with "regulatory volume" (domains) for HSCs (Maloney *et al.*, 1978) due to the ingrowth of bone, bone marrow, and blood vessels.

Furthermore, we will not address the rapidly growing area of research investigating the impact of nanotopography on MSC behavior (e.g., Singh *et al.*, 2013; Dobbenga *et al.*, 2016), as nanoscale signaling affects cells at the subcellular level and in many ways overlaps with a separate direction called "mechanotransduction" (Ermis *et al.*, 2018; Tortorella *et al.*, 2021).

Finally, we deliberately did not consider the rich body of investigations devoted to the cellular and molecular regulatory components of the stem cell niche. In this regard, we refer the reader to full-text papers, for example, Scadden, 2006; Méndez-Ferrer *et al.*, 2010; Ejtehadifar *et al.*, 2015; Le *et al.*, 2018; Baccin *et al.*, 2020; Tortorella *et al.*, 2021.

Stem cell pool size is thought to correlate with niche size. Stem cell populations are established in "niches"—specific anatomic locations (basic units) that regulate how they participate in tissue generation, maintenance and repair (Scadden, 2006). The anatomical location of a niche implies a certain microterritory that it occupies. To distinguish a niche from a systemic microenvironment, we use the concept of a niche as a natural or synthetic microterritory with a specified size. Accordingly, stem cell microterritories (niches) are discrete morphological (structural-functional) units in tissues (Crocker and Gordon, 1985; Ahmadbeigi *et al.*, 2013; Yu and Scadden, 2016), in which "quantitative parameters of a specific microenvironment promote the qualitative control of stem cell fate" (Khlusov *et al.*, 2018).

Therefore, stem cell niches should have a certain dimensionality that transforms absolute forces into specific forces (intensity, nominal pressure, surface loading, power, stress or distribution density, etc.) of intrinsic (e.g., ECM) and extrinsic physicochemical and biological factors affecting stem cells.

However, little is known about natural niches and how their sizes underlie the control of MSC fate (self-renewal, differentiation, and survival). In this regard, it is worth recalling that during cancellous bone remodeling *in vivo*, MSCs and/or preosteoblasts colonize dish-shaped sockets with a diameter and depth of ~40 µm caused by osteoclasts and differentiate into osteoblasts that synthesize new bone matrix (Riggs and Melton, 1995). If the geometry of these *in vivo* sockets is approximated as a hemisphere, the calculated base area, hemisphere area, and socket volume are 1260 µm<sup>2</sup>, 2513 µm<sup>2</sup> and 10700 µm<sup>3</sup>, respectively. Such single sockets in bone have been proposed as natural active osteogenic niches of single MSCs (see Table 2) (Khlusov *et al.*, 2018).

It is known that the ECM is required to reconstruct niches *ex vivo*. The thickness of the cell-free ECM derived from the native bone marrow layer is approximately 20–100 microns and provides a 3D environment for attachment,

#### TABLE 2

#### Contenders for the role of natural and artificial niches for mesenchymal stem/stromal cells found in the references

Natural candidates for MSC niche <i>in vivo</i>									
Name	Dimensions	Cell number	Geometry	Target cells	Cell source	Cell effect	References		
Sockets	40 $\mu$ m in diameter and/or in depth; calculated base area is approximately 1260 $\mu$ m <sup>2</sup> with a volume of ~10,700 $\mu$ m <sup>3</sup>	~1-2 stromal cells	Dish- shaped	MSCs and/or (pre) osteoblasts	Cancellous bone	Active osteogenic niches?	(Riggs and Melton, 1995)		
Natural source for MSC niches in vitro									
Layer	20–100 microns thick	-	Layer on the plastic surface of cultural plates	MSCs	Human or mouse native cell-free ECM derived from bone marrow stromal cells	Promotion of proliferation and retention of stem cells with a lower level of reactive oxygen species (ROS) compared with cells cultured on uncoated plastic	(Chen, 2010)		
Some synthetic MSC niches similar in dimension to natural niche candidates									
Material of substrate	Microterritory dimension	Geometry of territories	Factor affecting the cellular behavior	Cell number	Cell behavior	Cell source	References		
2D niches in vitro									
Self-assembled monolayers of alkanethiolates	Fibronectin (FN)-coated islands from $10 \times 10$ to $60 \times 60$ microns in length	Circle or square	Cell shape	Single cells	Small round islands (d = 10–20 microns; area <314 $\mu$ m <sup>2</sup> ) induced BCE cell and HMVEC apoptosis. Increased size of islands (from 1590 to 4000 $\mu$ m <sup>2</sup> ) maintained DNA synthesis vs. decreased apoptosis rate.	Bovine capillary endothelial (BCE) and human microvascular endothelial cells (HMVECs)	(Chen <i>et</i> <i>al.</i> , 1997; Chen <i>et al.</i> , 1998)		
Polydimethylsiloxane	FN "islands" (area of ~1204 $\mu m^2)$	Circular shape	Cell shape	Single cells	Unspread, round cells differentiated into adipocytes <i>vs.</i> osteoblasts	Human MSCs	(McBeath <i>et al.</i> , 2004)		
	FN "islands" (area of ~10,000 μm²)	Square shape	Cell shape	Single cells	Adherent and spreading cells underwent osteogenesis				
	FN "islands" (area of ${\sim}1204~\mu m^2)$	Circular shape	Cell shape + TGF-β	Single cells	Cells commit into chondrocytes		(Gao <i>et al.</i> , 2010)		
	FN "islands" (area of ~10,000 μm <sup>2</sup> )	Square shape	Cell shape + TGF-β	Single cells	Cells commit into myocytes				
3D niches in vitro									
Photopolymerizable methacrylated hyaluronic acid hydrogel covered by poly(L-lysine)-graf t- poly (ethylene glycol); microwells functionalized with FN	Base area of microwells is 400 $\mu m^2$ with heights of 9 $\mu m$	Round, squared, or triangular prism shape	Niche volume (3600 μm <sup>3</sup> ) determines the cell volume	Initial density of 2.5 cells per 1000 µm <sup>2</sup> of area	Cells (size of ~2100 µm <sup>3</sup> ; 58% of cell/ niche volumes) were able to spread optimally, leading to formation of cytoskeleton fibers, gene expression and metabolic activity	hMSCs	(Bao <i>et al.</i> , 2019)		
Microarc rough calcium phosphate coating on titanium substrate	Sockets with a base area >80 $\mu m^2$ seeded by cells	Irregular concaves	Niche size, calcium and phosphorus	One cell per socket	Cells preferred sockets with base areas of ~302 (100–625) $\mu m^2$ to differentiate into osteoblasts; each cell occupied ~42% of its individual socket.	Prenatal stromal cells prepared from the human lung (HLPSCs)	(Khlusov et al., 2011; Khlusov et al., 2018)		

growth, longevity, directional migration along the ECM fiber orientation and prolonged bone formation capacity of human and murine MSCs *in vitro* (Chen, 2010). Therefore, such systems may be a natural pattern for MSC niche reconstitution (Table 2).

It should be noted that the candidates for natural niches refer to bone and marrow tissues. This is not surprising since the stem cells and ECM of these tissues are the best studied. It is interesting to note that various authors refer to specialized microterritories as niches of a wide range of sizes. For instance, in the case of HSCs, niche diameter can vary widely from 1000 microns (Vodyanoy *et al.*, 2020) and

200–300 microns (Ahmadbeigi *et al.*, 2013) to 20–25 microns (Crocker and Gordon, 1985; Chasis, 2006; Yu and Scadden, 2016), and niches can include numerous cells. Therefore, we attempted to find scientific references addressing the *in vitro* design of artificial microterritories for single stem cells similar to the natural units listed in Table 2. Unfortunately, synthetic (artificial) MSC niches similar in size to natural niche candidates were rather limited.

The cell fate could be precisely controlled by the size and shape of the 2D and 3D structures fabricated using various technologies. Both the choice of material and its design specifications have a significant impact on cell functions (Madsen et al., 2020). Most researchers manufacture substrate topographies with predetermined dimensions to stress the cells. Cells then sense and respond to the "feature" size of nano- and micropatterns (Jiang and Papoutsakis, 2013), altering the shape (cytoskeleton), gene and metabolic activity. This in turn can determine MSC differentiation (McBeath et al., 2004; Wang et al., 2016). Convex geometries lead to adipocyte (Kilian et al., 2010) and osteoclast-like (Khlusov et al., 2013b) commitment, while concave geometries promote osteogenic lineage (Kilian et al., 2010; Khlusov et al., 2013b). Large, supermature adhesions (over 5 microns long) are thought to be required for MSC osteogenesis. Larger adhesions can transfer tensile (contractile) forces to the nucleus and increase intracellular tension (Biggs et al., 2009).

Thus, Lee *et al.* (2018) showed that graphene with a smaller 2D surface domain size (~32  $\mu$ m<sup>2</sup>; irregular shape) compared to ~105  $\mu$ m<sup>2</sup> promoted the expression of mature neuronal markers in hMSCs cultured *in vitro* for 7 days. The authors suggested that neuronal differentiation of hMSCs is maintained by the higher density of defects at graphene domain boundaries (Lee *et al.*, 2018). Considering an area of MSCs >400  $\mu$ m<sup>2</sup>, these structures can be regarded as nanotopographies affecting the cytoskeleton and cell organelles.

Substrates composed of self-assembled monolayers (SAMs) of alkanethiolates containing 2D islands coated with fibronectin (FN) surrounded by nonadhesive regions were prepared by Chen et al. (1998) (Table 2). Bovine capillary endothelial (BCE) and human microvascular endothelial cells (HMVECs) were attached to islands of different sizes (from  $10 \times 10$  to  $60 \times 60$  microns in length) and shapes (circles or squares) to monitor cell spreading within 24 hours of culturing. Depending on the shape of the FNcoated islands, the cells formed either round or square edges. In this regard, small round islands (d = 10-20microns; area  $<314 \text{ }\mu\text{m}^2$ ) inhibited the proliferation of both BCE cells and HMVECs and induced cell apoptosis. As the size of islands increased (from 1590 to 4000  $\mu$ m<sup>2</sup>), endothelial cell growth and DNA synthesis were maintained, whereas the rate of apoptosis decreased. Thus, a switch from death to growth was observed as BCE cells and HMVECs spread on larger and larger islands, promoting cell adhesion (Chen et al., 1997, 1998).

McBeath et al. (2004) used microcontact printing on polydiaremethylsiloxane (PDMS) substrates to create small circular (1024  $\mu$ m<sup>2</sup>) or large square (10,000  $\mu$ m<sup>2</sup>) 2D "islands" of FN surrounded by regions blocked with the nonadhesive Pluronic F108. The authors concluded that hMSCs that were allowed to adhere, flatten, and spread underwent osteogenesis, whereas nonspreading round cells became adipocytes. The size of the microterritories (cell spreading area) determines the shape of proliferationarrested hMSCs and their commitment: cells plated on small islands differentiated into adipocytes after 1 week of culture, whereas on large islands, they became osteoblasts (Table 2). Furthermore, smaller micropatterns (1024  $\mu$ m<sup>2</sup> islands) turned MSC commitment into chondrocyte lineage, while large micropatterns (10,000 µm<sup>2</sup> islands) converted MSCs into myocytes (Gao et al., 2010).

Bao *et al.* (2017, 2019) demonstrated that a volume of the 3D microenvironment affects cell volume and gene expression more than cell shape, regardless of hydrogel stiffness. Each hMSC with a volume of ~2100  $\mu$ m<sup>3</sup> (~16 microns in diameter) per microwell with a volume of 3600  $\mu$ m<sup>3</sup> (base area of 400  $\mu$ m<sup>2</sup>, Table 2) was able to optimally spread, form cytoskeletal fibers, express genes and be metabolically active. More than 60% of MSCs exhibited nuclear YAP/TAZ localization regardless of hydrogel stiffness (5, 12, and 23 kPa). The nuclear translocation of Yes-associated protein and its transcriptional coactivators (YAP and TAZ) activates the osteogenic transcription factor runt-related transcription factor 2 (RUNX2). Therefore, nuclear compartmentalization of YAP/TAZ implies that MSCs commit to an osteogenic differentiation profile (Yang *et al.*, 2014).

In another rarer *in vitro* approach, cells themselves "select" the *in vitro* synthetic microterritories with a random size distribution in the substrate, which contributes to the choice of cell fate. For example, rough calcium phosphate (CaP) coatings prepared by the microarc oxidation (MAO) technique, consisting of spherulites, valleys with small sockets and pores of different sizes, provide a biomimetic model of bone mineral ECM for MSC osteogenic differentiation (Khlusov *et al.*, 2013b). Khlusov *et al.* (2011, 2018) showed that 86% of prenatal human lung stromal cells (HLPSCs) stained with alkaline phosphatase (ALP) preferred irregular sockets with areas ranging from 100 to 625  $\mu$ m<sup>2</sup> (Table 2).

This interval corresponds to the base area of artificial microwells for single MSCs prepared by Bao *et al.* (2017, 2019). These sockets were considered microterritories (osteogenic niches), where HLPSCs differentiate and mature into osteoblasts expressing alkaline phosphatase (ALP) and osteocalcin.

It should be noted that MSCs of different pools vary greatly in diameter. Even within the same cell pool, MSCs are heterogeneous. Accordingly, the absolute size of the synthetic niche cannot be an integral indicator, but the ratio of the dimensions (volume, diameter, etc.) of the cell and the surrounding microterritory can be, as described in Bao et al. (2019). Khlusov et al. (2011) previously showed with optical and scanning electron microscopy that each HLPSC occupied ~42% of the area in the individual socket of the microarc CaP coating. In addition, the SALP/SMT ratio of the total area (SALP) of cell sites with ALP-positive staining to the area (SMT) of an individual synthetic socket (microterritory, MT) occupied by a single stained cell was used to determine the osteogenic activity of the microarc CaP material in vitro (Khlusov et al., 2011, 2018). Moreover, SALP/SMT with a value of approximately 43% was optimal for promoting maximal formation of new bone/marrow systems in an ectopic test on the rough CaP surface implanted subcutaneously in mice (Khlusov et al., 2013a).

### **Conclusion Remarks and Outlooks**

Currently, a comprehensive approach to solving tissue bioengineering problems is being developed through scientific trial and error, with scientists creating new composite materials and biologists conducting their ongoing studies to test their effectiveness on various cells and tissues. Most likely, such an approach is relevant to the search for



**FIGURE 1.** A schematic overview of the relationships between the cues of the systemic and specific microenvironment in the regulation of single MSC behavior.

artificial materials and the development of technologies for their manufacture that most appropriately mimic the structure and chemistry of the natural complex ECM of various body tissues. To a first approximation, CaP materials resemble the ECM of bone, especially with organic filling (collagen, glycosaminoglycans, growth factors, etc.). However, the manufacture of medical devices from composite and hybrid materials raises issues of sterilization and long-term storage, which become more complicated as the chemical structure of the artificial matrix becomes more complex.

From our viewpoint, an intensive pathway based on biomimetic comparison with natural stem cell microterritories and subsequent design of artificial niches with specific dimensions is an advanced technological tool. A schematic summary of discussed cues is shown in Fig. 1.

It not only enhances biocompatibility and specific activity but also solves certain biomechanical problems of the designed implants. For example, in our experience, the presence of niche-like structures allows the thickness of the osteogenic microarc CaP coating to be significantly reduced (by approximately two times), improving its adhesive strength, which is crucial for orthopedic applications.

It seems to us that the development of truly bioinspired materials and structures for precise tissue bioengineering is on the agenda based on 1) a search for consensus on the optimal size range of microterritories for MSCs and other stem cells and their hierarchy; 2) active identification of natural niches for stem cells as specialized morphological (structural-functional) microterritories of tissues; 3) accurate reproduction of the structure and function of natural niches in the surface and/or bulk structure of biomimetic artificial matrices, for example, using constantly evolving prototyping and additive manufacturing techniques; and 4) preclinical and clinical trials of novel synthetic materials bearing niches for MSCs with known hierarchy, geometry and size.

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