

Cyclic biaxial tensile strain enhances osteogenic differentiation in rat bone marrow-derived mesenchymal stem cells via activating ER α -Wnt3a/ β -catenin pathway

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Abstract: The present study was designed to investigate the role of estrogen receptor α (ER α) in biaxial tensile strain (BTS) regulated osteogenic differentiation of rat bone marrow-derived mesenchymal stem cells (rBMSCs). rBMSCs were derived from rats and overexpressed ER α . The rBMSCs were subjected to BTS at 1 Hz with a strain of 2% for 4 h per day, 3 days, with or without ER α inhibitor ICI 182,780 (ICI). Then, bone mineralization was performed by Alizarin Red Staining. The markers of osteogenic differentiation and downstream Wnt3a/ β -catenin signaling were detected by western blotting. Results showed that BTS enhanced the osteogenic differentiation of rBMSCs, increased protein expression levels of alkaline phosphatase (ALP), runt-related transcription factor 2 (Runx2), collagen type I (Col I) and osteocalcin (OCN), and it increased the protein expression levels of estrogen receptor (ER) α (ER α), Wnt3a, and β -catenin. BTS The activated Wnt3a/ β -catenin signaling pathway induced by BTS was abolished by ICI 182,780 (ICI). In addition, overexpressing ER α in rBMSCs promoted the osteogenic differentiation by BTS. Taken together, BTS induced osteogenic differentiation of rBMSCs via the ER α and downstream canonical Wnt3a/ β -catenin pathway.

Introduction

Osteoporosis is a systemic skeletal disorder characterized by reduced bone mass, increased bone fragility and fracture risk due to the destruction of bone microstructures. There are far more women than men in osteoporosis patients, especially postmenopausal women. The decrease in estrogen level is the main cause of postmenopausal osteoporosis (Sharma *et al.*, 2018). The expression of estrogen receptor (ER), especially ER α , is regulated by the hormone levels *in vivo* (Khalid and Krum, 2016). With the decrease of estrogen level in postmenopausal women, the number and function of ER α on osteocytes reduce, which significantly increases the incidence of osteoporosis in postmenopausal women (Lanyon *et al.*, 2004). Recent studies had also found that estrogen receptors could also interact with some signaling pathways in cells through phosphorylation to activate themselves in an estrogen-independent manner.

Therefore, ER α and its downstream signaling pathway is an important mechanism of regulating osteoporosis.

Distraction osteogenesis is an important routine method for bone regeneration and bone bioengineering. Active osteoblasts are important mechanical stimulation receptor cells on the surface of bone, and they are also the ultimate effector cells of new bone formation, but osteoblasts do not have the ability of proliferation. Study showed that bone marrow mesenchymal stem cells (BMSCs) were the key cells affecting the balance of bone metabolism, which had the ability of proliferation and differentiation. There is comparatively less differentiation of BMSCs into osteoblast than adipocytes in osteoporosis. Such a shift in cell differentiation of BMSCs results in reduced bone formation, which contributes to osteoporosis (Infante and RodrÁguez, 2018).

Additionally, rat bone marrow mesenchymal stem cells (rBMSCs) are mechanosensitive cells and may be the main effector cells of bone tissue stretch (Zeng *et al.*, 2017). In recent years, it has been confirmed that stretch can induce the osteogenic differentiation of BMSCs. However, the specific mechanism of stretch regulating the osteogenic differentiation of BMSCs is still not fully understood. Previous study found that ER α showed a response to mechanical traction *in vivo* and *in vitro* (Lee *et al.*, 2003;

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TABLE 1

Primer sequences of the real-time PCR for *GAPDH* mRNA, *Runx2* mRNA, *Col1a1* mRNA, *ALP* mRNA and *OCN* mRNA

Gene	Sequence(5'-3')
<i>GAPDH</i>	F: GAGACAGCCGCATCTTCTTG R: TGACTGTGCCGTTGAACTTG
<i>Runx2</i>	F: TCCCGTTACAACAGTCTCCC R: TATATGGCTGTGTCCGTC
<i>Col1a1</i>	F: AAGGCTCCCCTGGAAGAGAT R: CAGGATCGGAACCTTCGCTT
<i>ALP</i>	F: TGCAGGATCGGAACGTCAAT R: GAGTTGGTAAGGCAGGGTCC
<i>OCN</i>	F: GAGGACCCTCTCTCTGCTCA R: TCCTGGAAGCCAATGTGGTC

equal efficiency. Relative expression values were calculated using the comparative threshold cycle ($2^{-\Delta\Delta CT}$). *GAPDH* served as the housekeeping gene.

Western blotting

The cells were washed with ice-cold PBS and lysed in RIPA buffer (Thermo Fisher Scientific) for 30 min on ice. Samples were centrifuged at $12000 \times g$ for 5 min at 4°C . Total cell protein was quantified by the BCA Protein Assay Kit (Beyotime, CHN). After that, 40 μg of total protein was separated by 10%–12% SDS-PAGE and then transferred onto 0.22- μm PVDF membranes (Millipore, USA). These membranes were blocked with freshly prepared TBS/T containing 5% non-fat dry milk. Primary antibodies directed against the following proteins were used: ER α , Wnt3a, β -catenin, Runx2, Col I, ALP, OCN, and β -actin (1:1000, Proteintech Group, Inc., USA). Membranes were washed with TBS/T and incubated with a secondary antibody conjugated with horseradish peroxidase (1:5000, Proteintech Group, Inc., USA) for 1 h at room temperature. Immunoreactive bands were visualized with the ECL kit (Thermo Fisher Scientific), and protein bands were quantified using Quantity One software (Bio-Rad).

Alizarin Red staining

The rBMSCs were plated in culture chambers at the density of 3×10^4 cells/well with the osteogenic inducing medium (DMEM containing 10% FBS, 50 $\mu\text{g}/\text{mL}$ of ascorbic acid, and 5 mM β -phosphoglycerate, dexamethasone) (Cyagen, CHN), following the respective treatments (ER α , BTS, or BTS+ER α) for 3 days. The untreated cells with osteogenic medium served as control group. The medium was changed every 3 days with half volume. Then all cells were stained with Alizarin Red dye according to the manufacturer's protocols to assess the osteogenic differentiation and bone mineralization. Briefly, the cells were fixed in 70% ethanol for 1 h and stained with Alizarin Red solution, pH 4.1 (Solarbio) at room temperature for 20 min with shaking. The cells were washed with PBS to remove unbound dye and observed under the microscope.

Statistical analysis

Three independent experiments in each test were performed. All data analysis involved estimation of means and SD using

SPSS version 15.0 software (SPSS, Inc.). One-way analysis of variance (ANOVA) was used to compare the means of each group. The significance of between-group differences was evaluated with Dunnett's multiple comparisons test. Herein, $P < 0.05$ (two-tailed) was considered to indicate statistical significance.

Results

Mechanical strain induces the osteogenic differentiation of rBMSCs

Although our previous study has confirmed that tensile strain can up-regulate the mRNA expression levels of *Runx2* and *Col I* of rBMSCs (Li *et al.*, 2013), the optimal mechanical strain were ascertained in this study. The expression levels of mRNA and protein were detected by qRT-PCR and western blot, respectively. Firstly, compared with the control group, the mRNA expression levels of *Runx2*, *ALP*, *Col I* and *OCN* increased significantly in rBMSCs treated with E2 and 1% mechanical strain ($P < 0.05$) (Fig. 2a). The mRNA expression levels of *ALP*, *Col I* and *OCN* at 4 h and 6 h after treating with 1% mechanical strain were obviously higher than those at 2 h. The expression level of *Runx2* was the most obvious at 4 h, while the mRNA expression level of *Runx2* was significantly decreased at 6 h ($P < 0.05$). The mRNA expression levels of *ALP*, *Col I* and *OCN* at 2, 4, and 6 h after treating with 1% mechanical strain were significantly lower than those in E2 group.

The qRT-PCR results showed that the mRNA expression levels of *Runx2*, *ALP*, *Col I* and *OCN* were the most obvious at 4 h treating with 2% mechanical strain ($P < 0.05$). The mRNA expression levels of *Runx2*, *Col I* and *ALP* at 4 h in 2% mechanical strain group were significantly higher than those in E2 group ($P < 0.05$) (Fig. 2b). Similarly, the highest protein expression of *Runx2* and *Col I* were also appeared at 4 h treating with 2% mechanical strain (Figs. 3a and 3b).

Then, the rBMSCs were treated with 5% mechanical strain. We also found that the mRNA expression of *Col I*, *ALP*, *OCN*, and *Runx2* were reaching peak levels at 4 h (Fig. 2c). Similarly, the protein expression levels of *ALP*, *Col I*, *Runx2* and *OCN* were the highest at 4 h treated with 5% mechanical strain (Figs. 3c and 3d). Compared with 2% mechanical strain group, the *ALP* mRNA expression level in 5% mechanical strain group was clearly decreased by 17.78% ($P < 0.05$) (Fig. 2d). Similarly, the protein expression of *Runx2* and *OCN* were clearly decreased by 57.70% ($P < 0.05$) and 57.14% ($P < 0.05$), respectively, compared with 2% mechanical strain group.

The above results showed that 2% mechanical strain was preferable to 5% mechanical strain in inducing the osteogenic differentiation of rBMSCs. Similarly, mechanical stimulation for 4 h was beneficial to increase the mRNA or protein expression levels of *ALP*, *Col*, *Runx2*, and *OCN* in rBMSCs (Fig. 3e). Therefore, we chose 2% mechanical strain for 4 h as the mechanical stimulus parameters for the next study.

BTS can up-regulate the protein expression levels of ER α , Wnt3a, and β -catenin in rBMSCs

To investigate the effect of BTS on the ER α and Wnt3a/ β -catenin signaling pathway. Western blotting results showed that the protein expression levels of ER α , Wnt3a and

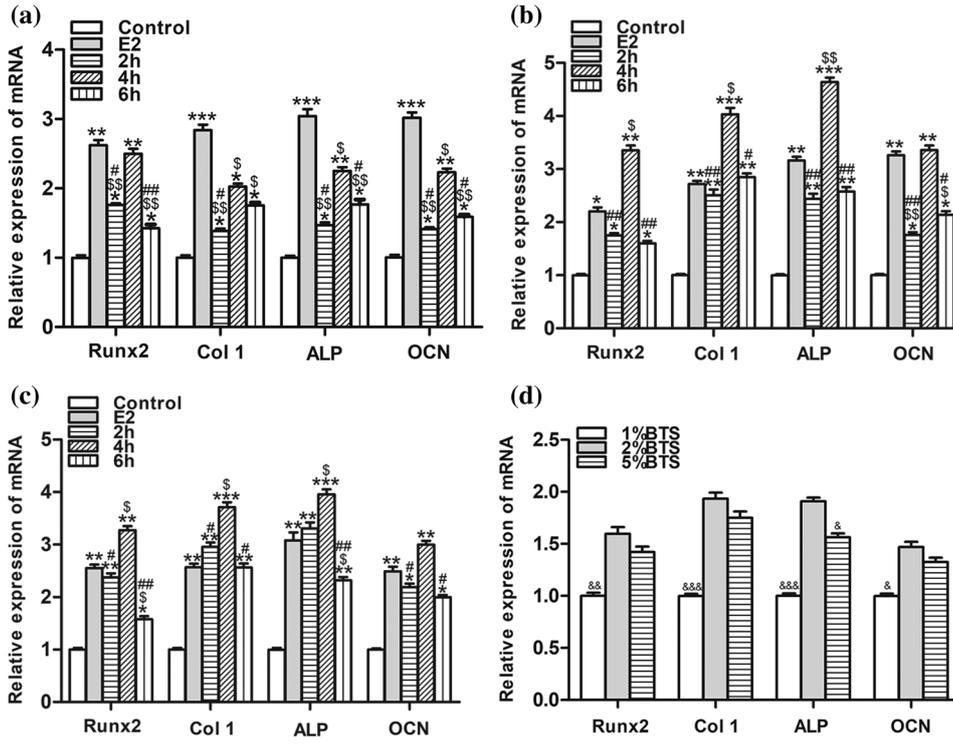


FIGURE 2. The effects of different BTS on mRNA expression levels of *ALP*, *Col 1*, *Runx2*, and *OCN* of rat-derived BMSCs (mean \pm SD, N = 3). (a) Comparison between control group, E2 group and 1% BTS group (2 h, 4 h, 6 h). (b) Comparison between control group, E2 group and 2% BTS group (2 h, 4 h, 6 h). (c) Comparison between control group, E2 group and 5% BTS group (2 h, 4 h, 6 h). (d) Comparison between 1%, 2% and 5% BTS at 4 h. * $P < 0.05$, compared to the control group; $^{\$}P < 0.05$, compared to the E2 group; $^{\#}P < 0.05$, compared to the 4 h group; $^{\&}P < 0.05$, Compared to the 2% BTS group.

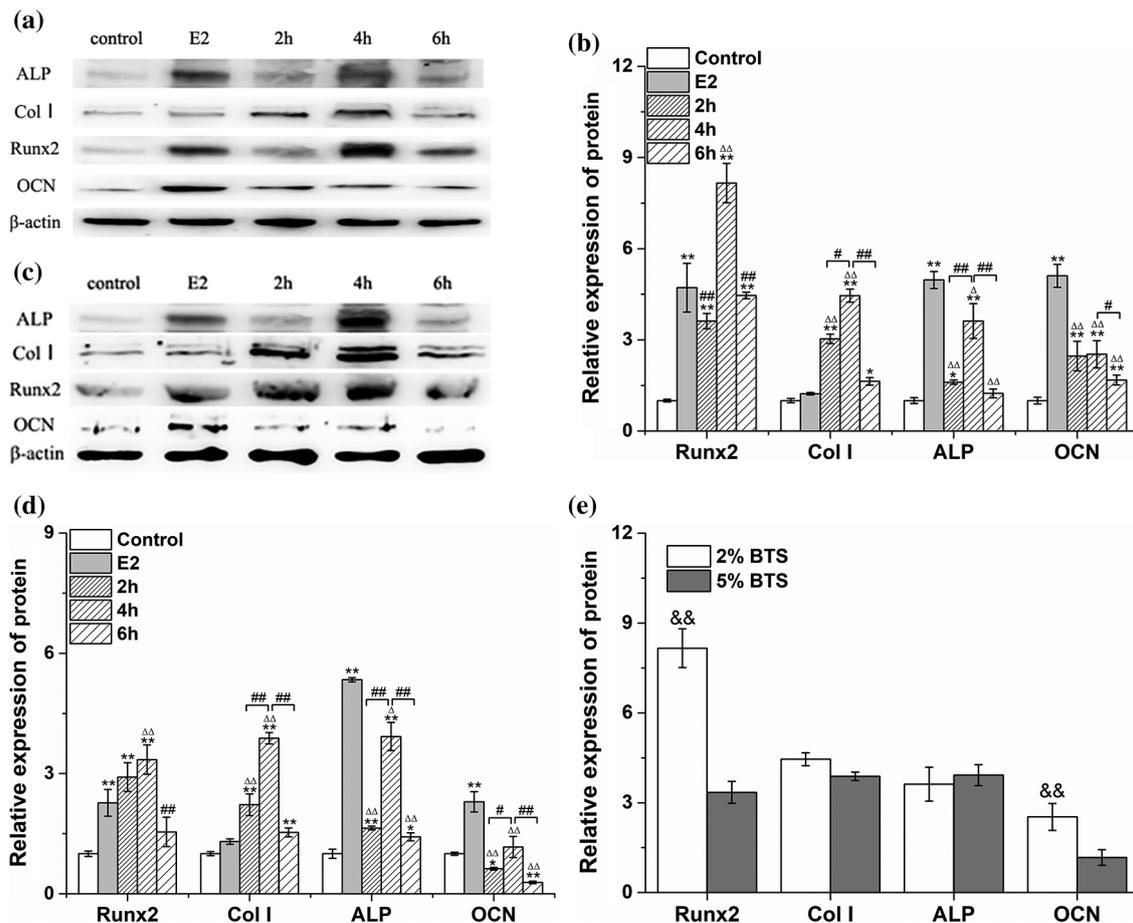


FIGURE 3. The effects of different BTS on the protein expression levels of *ALP*, *Col I*, *Runx2*, and *OCN* of rat-derived BMSCs (mean \pm SD, N = 3). (a–b) Comparison between control group, E2 group and 2% BTS group (2 h, 4 h, 6 h). (c–d) Comparison between control group, E2 group and 5% BTS group (2 h, 4 h, 6 h). (e) Comparison between 2% and 5% BTS groups at 4 h. * $P < 0.05$, compared to the corresponding control group; $^{\Delta}P < 0.05$, compared to the E2 group; $^{\#}P < 0.05$, comparison to the 4 h; $^{\&}P < 0.05$, Compared to the 5% BTS group.

β -catenin were significantly increased in rBMSCs induced by BTS ($P < 0.05$). Moreover, the ER α , Wnt3a and β -catenin protein expression levels in BTS group were higher than those in E2 group ($P < 0.05$), and the results demonstrated the superposition effect of E2 and BTS on the ER α , Wnt3a and β -catenin protein expression levels (Fig. 4).

ICI can abolish the protein expression levels of ER α , Wnt3a, β -catenin and the osteogenic specific markers of rBMSCs induced by BTS

To further search the effect of ER α on the osteogenic differentiation of BMSCs induced by BTS, the BMSCs were treated with ICI. Interestingly, the increased protein expression levels of Wnt3a and β -catenin induced by BTS were abolished by ICI. The protein expression levels of ER α , Wnt3a and β -catenin were significantly downregulated ($P < 0.05$) (Figs. 5a and 5b). In addition, the protein expression levels of ALP, Col I, Runx2 and OCN were also significantly decreased by ICI ($P < 0.05$). What's more, E2 could strengthen the osteogenic specific markers expression of BMSCs when treating with BTS ($P > 0.05$) (Figs. 5c and 5d).

Overexpression of ER α can enhance the osteogenic differentiation of rBMSCs induced by BTS

To determine the potential effect of ER α involved in mechanical stimulation activating Wnt3a/ β -catenin signaling pathway to promote osteogenic differentiation of rBMSCs, the PcDNA3.1(+)-ER α was successfully transfected into rBMSCs (Figs. 6a and 6b). Western blotting results showed that the protein expression levels of ER α , Wnt3a, β -catenin,

ALP, Col, Runx2 and OCN in ER α and BTS+ER α groups were significantly increased ($P < 0.05$) (Figs. 6c–6f). These results prompted us to give further consideration to the effects of ER α on the calcium deposition by Alizarin Red staining. Compared with the control group, the ER α , BTS group, and BTS+ER α could obviously induce calcium deposition, furthermore, the calcium deposition effect in BTS group was enhanced by ER α (Fig. 7).

Discussion

The effect of mechanical stimulation on bone formation has become one of the important means to treat osteoporosis, fracture, and other diseases. Studies have shown that mechanical stimulation promotes the reconstruction of bone tissue and the stabilization of the internal environment of bone tissue, which is related not only to the proliferation and metabolism of osteoblasts, but also to osteogenic differentiation ability of BMSCs (Li *et al.*, 2003; Wang *et al.*, 2017). Mechanical stretching can regulate many key functions of cells, such as proliferation and differentiation, as well as various tissues of regenerated mammals (Theodoropoulos *et al.*, 2016; Zhang *et al.*, 2011). Moderate distraction is particularly vital for the regeneration and reconstruction of bone tissue after bone injury (Liu *et al.*, 2018). BMSCs are always in a mechanical environment in the bone marrow cavity, and this microenvironment is indispensable to the multidirectional differentiation potential for BMSCs. It has been found that lack of mechanical strain can inhibit the osteogenic differentiation of BMSCs and promote their adipogenesis (Li *et al.*, 2015; Yamazaki *et al.*, 2011). These studies found that low-magnitude mechanical stimulation could promote bone formation and inhibit adipogenesis and increase the expression of Runx2 in mouse mesenchymal stem cells. On the contrary, lack of physical activity due to spinal or brain injury can significantly reduce the mechanical strain of BMSCs, thus reducing the level of bone formation (Rosa *et al.*, 2015). The low mechanical environment under aviation conditions can lead to an average of 1% to 2% bone loss per month, and ultimately induce osteoporosis (Vico *et al.*, 2001). Additionally, cyclic tensile strain was also a mechanical stimulation which could modulate the differentiation of BMSCs into osteoblasts (Jiang *et al.*, 2016). The expression of Runx2 in BMSCs was also increased by cyclic stretching strain (Song *et al.*, 2018). In the present study, the BTS was used as a mechanical stimulation for rBMSCs, which can simulate the strain changes of BMSCs in bone marrow cavity *in vivo*.

We first explored the optimal parameters of BTS for promoting the differentiation of rBMSCs into osteoblasts. Different strains were applied to rBMSCs. The results showed the highest expression of osteogenic specific markers was found at 2% strain, 4 h/d, which was considerably higher than those in the E2 group. The expression of OCN, a late protein of osteoblasts, was lower than that of ALP, Col I and Runx2, suggesting that BTS might be more beneficial to the early protein or mRNA expression of osteoblasts. The expression of Runx2, Col I, ALP and OCN in rBMSCs with 5% strain loading for 6 h was significantly lower than that of

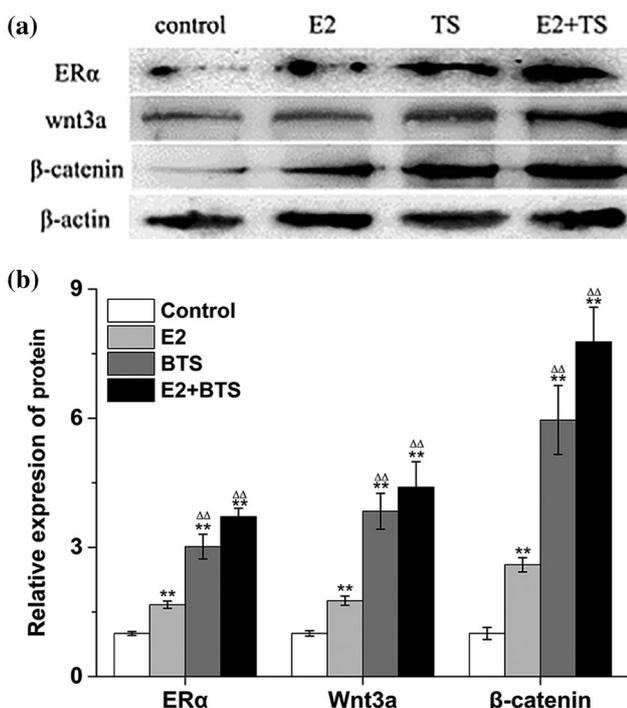


FIGURE 4. The BTS promoted the protein expression levels of ER α , Wnt3a and β -catenin of rat-derived BMSCs (mean \pm SD, $N = 3$). (a) Protein electrophoresis strips of ER α , Wnt3a and β -catenin. (b) The relative expression levels of ER α , Wnt3a and β -catenin. * $P < 0.05$, compared to the corresponding control group; $\Delta P < 0.05$, comparison between the two groups.

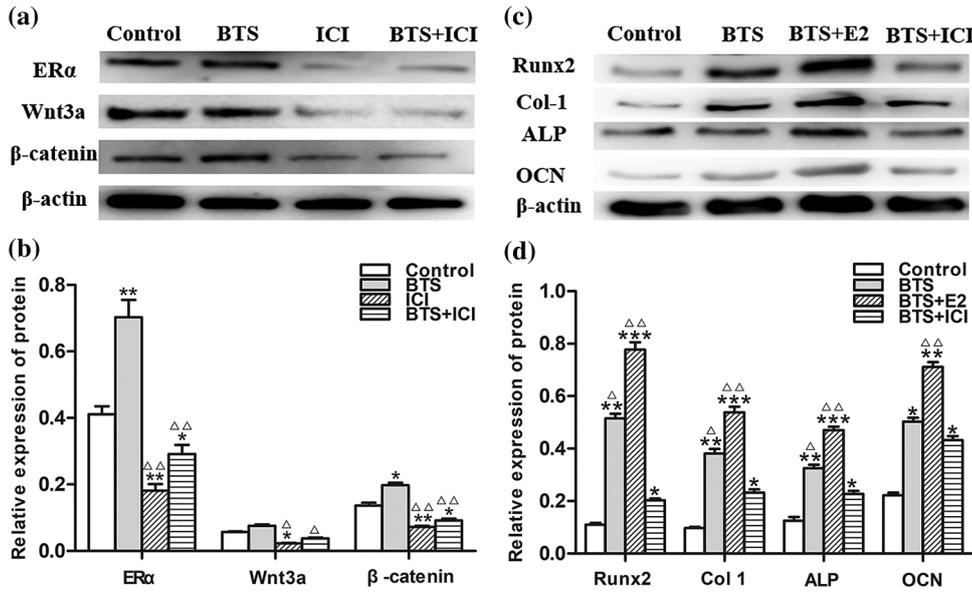


FIGURE 5. The ICI inhibited the protein expression levels of Wnt3a, β-catenin, and the osteogenic specific markers of rat-derived BMSCs (mean ± SD, N = 3). (a) Protein electrophoresis strips of ERα, Wnt3a and β-catenin. (b) The relative expression levels of ERα, Wnt3a and β-catenin. (c) Protein electrophoresis strips of ALP, Col I, Runx2, and OCN. (d) The relative expression levels of ALP, Col I, Runx2, and OCN. **P* < 0.05, compared to the corresponding control group; ΔP < 0.05, comparison between the two groups.

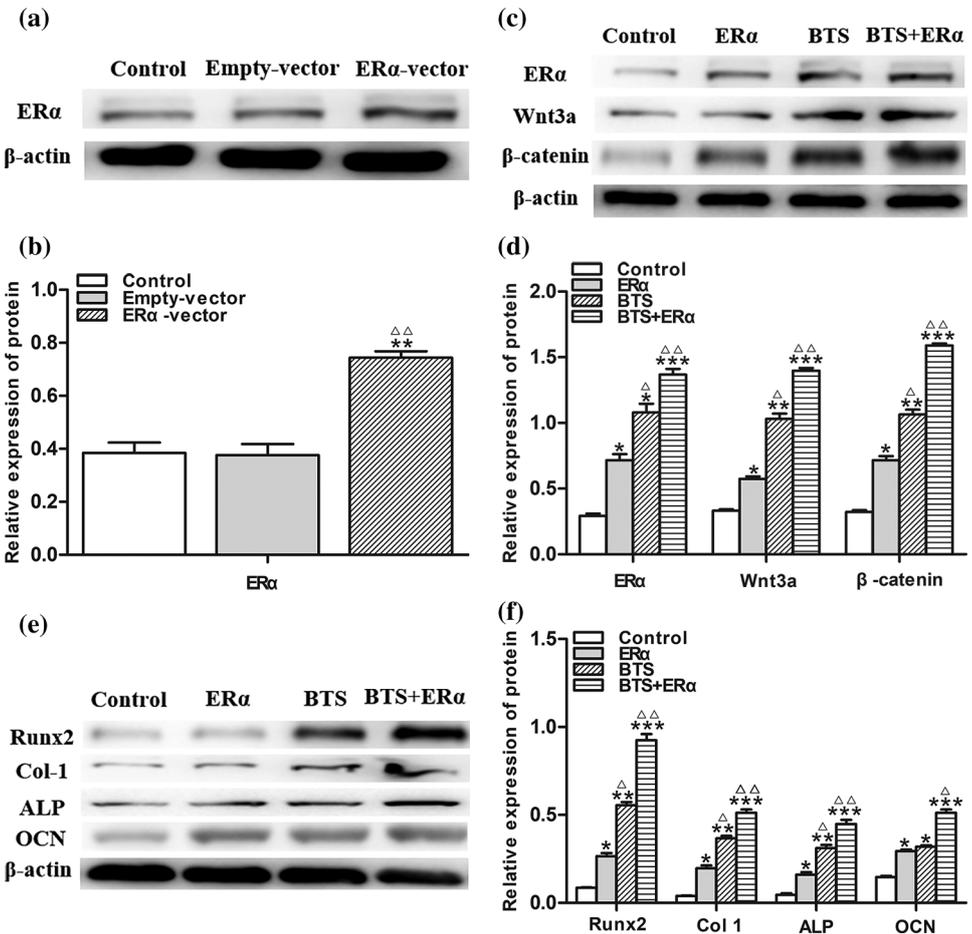


FIGURE 6. The ERα promoted the protein expression levels of Wnt3a, β-catenin and osteogenic specific marker of rat-derived BMSCs (mean ± SD, N = 3). (a) Protein electrophoresis strips of ERα. (b) the relative expression level of Wnt3a. (c) Protein electrophoresis strips of ERα, Wnt3a and β-catenin. (d) The relative expression levels of ERα, Wnt3a and β-catenin. (e) Protein electrophoresis strips of ALP, Col I, Runx2, and OCN. (f) The relative expression levels of ALP, Col I, Runx2, and OCN. **P* < 0.05, compared to the corresponding control group; ΔP < 0.05, comparison between the two groups.

4 h, which may be due to cell injury by BTS overload. We found that both estradiol and BTS *in vitro* at 1 Hz for 4 h for 3 days are more favorable to the differentiation of rBMSCs into osteoblasts in this study. Thus, these parameters were utilized to explore the mechanism of BTS promoting differentiation of rBMSCs into osteoblasts.

ERα, a ligand-dependent nuclear transcription factor, is a receptor of estrogen in the target cells. ERα can protect bone

by regulating the activity of osteoblasts and osteoclasts, rather than ERβ (Hertrampf et al., 2008). ERα not only mediates the estrogen effect in bone cells, but also participates in the transmission of mechanical signals (Jessop et al., 2004; Zaman et al., 2006). In addition, proliferation of BMSCs was inhibited by ER blockade (Melville et al., 2015). Our previously study also found that BTS can up-regulate the expression of ERα or β-catenin in rBMSCs, and ERα can

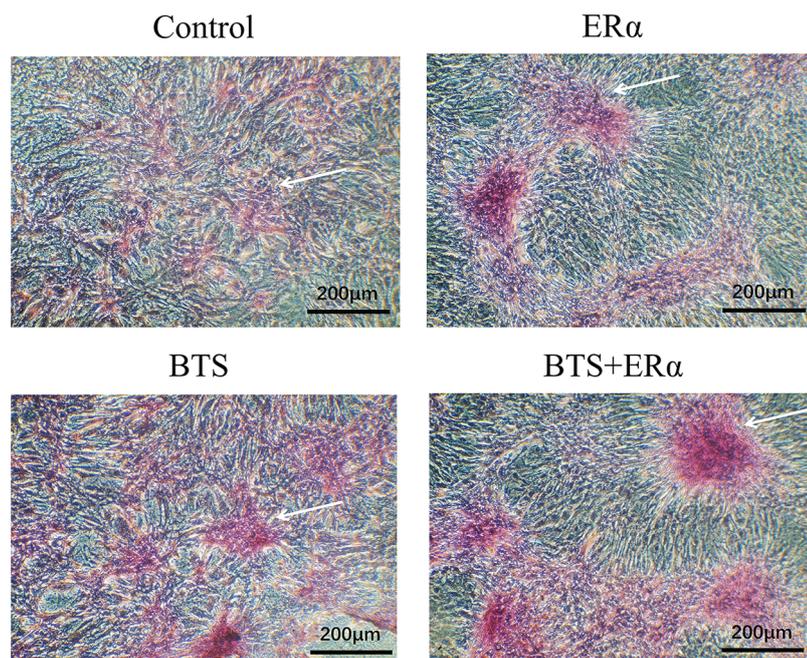


FIGURE 7. The ER α promoted BTS-induced calcium deposition in rat-derived BMSCs. The calcium deposition determined by Alizarin Red S staining. Compared with the control group, BTS could obviously induce calcium deposition, and the ER α can promote BTS-induced calcium deposition. The arrow points to the calcium deposition.

functionally interact with β -catenin (Yao *et al.*, 2014). These results suggested that ER α is an important mechanical receptor. Osteocytes differentiation and growth of osteocyte precursor cells were closely related to the activation of canonical Wnt/ β -catenin signaling pathway (Korvala *et al.*, 2012). Although these reports indicate that ER α and Wnt/ β -catenin signaling pathway play important roles in osteoblasts differentiation, it was not clear whether ER α and Wnt/ β -catenin signaling pathway mediate the BTS promoting osteoblasts differentiation.

Here, we detected ER α , Wnt3a and β -catenin in rBMSCs after loading BTS, the results showed that the protein expression levels of ER α , Wnt3a and β -catenin in rBMSCs in E2 and BTS groups increased significantly. Moreover, the protein expression levels of ER α , Wnt3a and β -catenin in rBMSCs in E2 combined with BTS group were considerably higher than that in E2 and BTS group, respectively ($P < 0.05$). ER α has been shown to regulate the stability of β -catenin by triggering the membrane or cytoplasmic signaling pathways. We also found that BTS can promote the activity of ER α and up-regulate the protein expression of β -catenin and Wnt3a in rBMSCs. However, less is known about the interaction between ER α and Wnt3a/ β -catenin signaling pathway in mechano-transduction in rBMSCs.

In order to further confirm whether ER α is involved in BTS activating Wnt3a/ β -catenin signaling pathway, and promoting osteogenic differentiation of rBMSCs, the rBMSCs were treated with ER α specific inhibitors (ICI 182780) or transfected with pcDNA-ER α . Interestingly, the results showed that Wnt3a and β -catenin in ICI+BTS group were sharply decreased ($P < 0.05$). Furthermore, ALP, Col, I, Runx2 and OCN in ICI+BTS group were significantly reduced. Similar results were found in the rBMSCs treated with LMV (Li *et al.*, 2019). In the rBMSCs overexpressing ER α , the Wnt3a and β -catenin induced by BTS were further enhanced, and the osteogenic differentiation of rBMSCs was more obvious. In addition, BTS+ER α could obviously induce

calcium deposition. These results suggested that BTS may up-regulate the protein expression of Wnt3a by promoting the activity of ER α , and then reduced the degradation of β -catenin in the cytoplasm. The activated β -catenin can translocate to the nucleus and trigger downstream signals to regulate osteogenic potential of rBMSCs.

In conclusion, ER α play a key role in osteogenic differentiation of rBMSCs induced by BTS via the canonical Wnt3a/ β -catenin pathway.

Availability of Data and Materials: Requests for data, 12 months after publication of this article, will be considered by the corresponding author.

Author Contribution: Study design: Min Tang, Xueling He, Liang Li; data collection: Jirui Wen, Xinghong Yao; analysis and interpretation of results: Min Tang, Mingyue Bao, Xueling He; draft manuscript preparation: Min Tang, Xinghong Yao, Liang Li. All authors reviewed the results and approved the final version of the manuscript.

Ethics Approval: This study and all experiments involved are under approval of The Ethical Committee of Sichuan University, with File Code: K2021015 in May 18, 2021.

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Conflicts of Interest: The authors declare that they have no conflicts of interest to report regarding the present study.

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