

DOI: 10.32604/fdmp.2022.021502

ARTICLE



# Pipes with Trapezoidal Cut Twisted Tape Inserts in the Laminar Flow Regime: Nusselt Number and Friction Coefficient Analysis

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# ABSTRACT

The thermal behavior of pipes with a twisted tape inside (used to enhance heat transfer through the tube wall) is studied in the laminar flow regime. Oil is used as the work fluid with the corresponding Reynolds Number spanning the interval 200–2000. It is found that in such conditions the 'Nusselt Number' (Nu) gradually increases with reducing the tape twist ratio, whereas the friction factor is detrimentally affected by the presence of the tape (as witnessed by the comparison with the companion case where a plain tube is considered). In particular, it is shown that the heat transfer efficiency can be improved by nearly 69% if tape inserts with a relatively low twist ratio are used. On the basis of these findings, it is concluded that loose fit tape inserts are superior to tight fit tapes in terms of heat transfer and ease of replacement.

## **KEYWORDS**

Friction factor; laminar flow; Nusselt Number; trapezoidal-cut twisted tape

#### Nomenclature

Nu	Nusselt Number
Re	Reynolds Number
Pr	Prandtl Number
у	Twist Ratio
f	Friction factor
Nup	Nusselt Number for plane tube
fp	Friction factor for plane tube
η	Efficiency of heat exchanger

## **1** Introduction

Heat exchangers can be found in several domestic applications, e.g., solar heaters [1], industrial processes involving manufacturing, processing, chemical industries [2,3], in power generating stations that need fossil fuel, nuclear energy, renewable energy sources [4], etc. In most applications, heat exchange devices are developed to work either in the laminar flow region or the turbulent flow region. The transitional flow zone is not often employed [5], owing to its complexity [6], unreliability [7],



instability, and uncertainty [8], as well as its behavior [9] and process [10]. Furthermore, because the transitional flow area is characterized by different transport phenomena, it can be considered a meta-stable and complicated region [11].

To name a few applications, Laminar flow is used to heat and cool viscous liquids and oils in process industries, in solar collectors, as well as to transfer heat in compact heat exchangers. Because the coefficients of heat transmission in plain tubes under laminar flow are often low, heat transfer enhancement approaches play an essential role in laminar flow. One method of heat transfer enhancement technology is the use of a tape insert inside a tube [12].

Over the 'Reynolds Numbers' range of 13–2260, with ethylene glycol and water as the conducting fluids, Hong et al. [13] experimented the laminar region. Under constant heat flux conditions, twisted tape inserts were used as passive elements for improving heat transfer. They reported this range of 'Reynolds Numbers' as laminar, without any references to a transitional flow region. In conclusion, they recommended investigation in the transitional flow region, as this would serve as a base for developing a correlation between the laminar and turbulent flow behavior. For the 'Reynolds Numbers' range of 830–1990, Wongcharee et al. [14] analyzed heat transfer characteristics in laminar flow using alternated clockwise and counter-clockwise twisted tape inserts.

They succeeded in achieving a heat transfer improvement of 5.25% for 'Reynolds Number' of 830. Using servo-thermo oil as the conducting fluid, studies were conducted by Saha et al. [12] over the 'Reynolds Numbers' range of 45–1150. The experiment included regularly spaced tape inserts, with a single twist in the tape inter-connected by thin circular rods. Researchers found that phase angles greater than zero were useless. Also, the differences between the heated and isothermal friction factors for periodic flow were low compared to the flow-through plain tubes. Similar studies on twisted tape inserts include the work of Watanabe et al. [15], where the air was used as the conducting fluid, and Bandopadhyay et al. [16], whose experiment uses oil. Computational research in the laminar flow region includes the experiments of Date [17] and Date et al. [18]. Furthermore, in all these studies, transitional flow behavior was not identified or discussed, as it was not the primary focus of their research. These studies were performed to highlight the improvement in heat transfer characteristics using twisted tapes, and interest was not in identifying the boundaries of the three (laminar, transitional, and turbulent) flow regions.

Date [17] and Hong et al. [13] studied heat transfer improvement in the laminar region using viscous liquid flow inside a tube with constant heat flux. In the solutions presented by Date [17], flow conditions were considered for zero-width tape thickness. Hong et al. [13] presented a co-relation for defining 'Nusselt Number' in fully developed swirl flows, using ethylene glycol and water as fluids in electrically heated tubes. Additional information for laminar flow under constant heat flux conditions was reported by Watanabe et al. [15] using air and by Bandopadhyay et al. [16], who used oil as the fluid. Plessis [19] found that under laminar swirl flow conditions, when a smooth tube is subjected to axially constant tube wall temperature, the phenomenon of heat transfer rate considerably increases for a small rise in pressure drop. Over a wide range of 'Prandtl Number', i.e., 1260–8130, experimental information found for swirl flow generated using twisted tape insert is of great importance in heat transfer literature.

Some findings mention that in smooth tubes, change-over from laminar to turbulent flow occurs for a 'Reynolds Number' of 2300. However, it might not be true as, in some cases, this change-over occurs over a wide range of 'Reynolds Numbers,' i.e., 2300–10,000 [20]. Flow instabilities occur over this range, with large pressure variations. It is also found that the pressure gradient required to change the flow from laminar to turbulent might vary by order of a few magnitudes. Therefore, due to the unpredictable behavior of this region, it is generally recommended to remain outside the transitional range, i.e., 2300–10,000, while designing heat exchangers.

However, some enhanced tubes are used to design heat exchangers, such as chiller units that operate in or near the transitional flow region due to environmental issues. Transition, i.e., change-over, was first found

by Reynolds [21] in 1883. He found that these transitions depend not only on surrounding disturbances but also on the 'Reynolds Number'. Lindgren [22], experimentally observed that turbulence occurs either in flashes or in bursts at a fixed point over the length of the tube above a threshold value. By extending the area with consideration of sink/source and chemical reaction, the steady boundary layer of a two-dimensional magnetohydrodynamic of a viscous magneto micro polar was investigated. They discovered a rise in velocity concerning the Soret, Richardson, and Grashof numbers. In comparison to the micropolar fluid, the Newtonian fluid had a higher velocity [23]. Mohammad Alkasassbeh et al. [24] investigated and derived a method and claimed that the new derived method outperformed the old method when working on similar types of problems. They also obtained better numerical method properties. Djebali et al. [25] investigated that, due to cold fluid transverse entry and flow intrusion under the ceiling, the heated cavity not be analyzed as a part of an infinitely hot and cold plate for the phenomena of the boundary layer that occurred along with the isothermal vertical wall. Marzougui et al. [26] claimed that Cu-water (nano liquid) is a significant factor for entropy generation. The generation of thermal entropy variation is linear by using the volume of nanoparticle fraction. An increase of Hartmann, Darcy, and the volume of nanoparticle fraction decreases the generation of the total entropy. Also, the generation of total entropy is affected by the magnetic field and porous media.

The influence of secondary flow intensity on heat transfer intensity and friction factor was investigated, as well as twenty-two distinct architectures of circle tube-finned heat exchangers with and without VGs. Circle tubes and vortex generators create secondary flow intensity, which is quantified using the dimensionless measure Se. In a circle tube-finned heat exchanger, Se may accurately represent the secondary flow intensity created by tubes and VGs. Nu and Se have a one-to-one connection, which means Nu and Se have a power exponential function relationship. This means that in a circle tube-finned heat exchanger, the volumetrically averaged Se is the single determining factor of Nu [27]. The computational results revealed that the hydrothermal features of the SCHE are greatly influenced by the flow patterns in the presence of VGs. When the Oil/MWCNT rates are increased in the presence of VGs, negative turbulent velocities are generated in large amounts, promoting good agitation of nanofluid particles and therefore increased great transfer rates. This heat exchanger can be used in a variety of applications, including residential heating and cooling, agricultural food drying, and water desalination [28].

In shell and tube heat exchangers, the connection between increased fouling resistance and heat transfer losses is exponential. The exchange areas are exaggerated in design issues that estimate the total heat transfer coefficient without factoring in the fouling variables peculiar to the heat transport fluid, therefore overestimating the costs of heat recovery. In shell and tube heat exchangers, the LMTD defines the severity of fouling resistance. Because of the exponential link between exchanger heat loss and fouling buildup, higher LMTD values worsen heat losses more than lower ones [29]. At low airflow rates (Qa < 1.5 LPM), the behavior was extremely evident, with the bubble size having a major impact on the heat exchanger's thermal performance. With rising air mass flow rate, the role of bubble size becomes minimal for small bubble size (bubble diameter of 0.1 and 0.8 mm) and is eventually rejected at air mass flow rate larger than or equal to 1.5 LPM. This could lead to the conclusion that, in order to get the best heat transfer improvement with a small bubble size, the injection air flow rate must be carefully controlled [30].

The effectiveness of the heat exchanger controller system has been demonstrated through genuine test experiments, and it has complicated and diverse functions. It also has some intelligence, can alter the heating mode based on the demands of users and the temperature outside, and has some flexibility and stability. The findings of the study reveal that the system has great efficiency, adaptability, stability, and intelligence. It has a specific application value and can be widely employed in the heating job of the heating station [31]. Longer fluid coils grow as a result of inefficient fluid flow distribution, and the liquid cochlea can finally engulf the entire canal branch, limiting heat transfer and disturbing the biphasic system. The use of a small diameter distribution pipe (or something similar) with outlet holes spaced apart appears to be a smart idea for obtaining good flow distribution [32].

The ANN method was used to predict fouling resistance in a shell-and-tube heat exchanger under a variety of operating situations. The accuracy of the MLP created network was confirmed after it was trained with 295 experimental data. The constructed ANN model's outstanding prediction of fouling resistance confirms the fact that it is a viable tool for integrating a mathematical model in order to estimate a heat exchanger cleaning schedule and control the phosphoric acid concentration plant's operation [33]. When compared to merely water as the working fluid, the addition of MEPCM to a system's working fluid was proven to have a direct correlation between the system's heat capacity and performance [34]. A series of structural analyses on the PHE prototype were carried out using the parent material properties over the entire region to determine the high-temperature structural integrity of the PHE prototype from a macroscopic viewpoint [35].

#### 2 Experimental Analysis

The efficiency of using twisted tape as a heat transfer enhancement strategy for laminar flow with a constant-wall-temperature boundary condition is investigated and demonstrated in this research. The aim to utilize a loose-fit twisted tape that is easier to apply and clean than one with a tight fit is the driving force behind the project. The flow field inside the tube is affected by the presence of the twisted tape. The flow velocity is increased when the tape blocks the tube flow. Furthermore, the twisted tape creates a secondary flow, which results in swirl mixing; the tape functions as a fin for a tight-fitting twisted tape. This will not be the case with smaller-width loose-fit twisted tape. Heat transmission and friction factor measurements are part of this research. The data was gathered for a fully developed laminar flow with a constant wall temperature and an oil-based working fluid. Different twisted tapes with different H and D (y = H/D), where H is the twisted tape's wavelength, and D is the twisted tape's breadth, were examined. Fig. 1 shows a schematic illustration of the twisted tape insert. The tape's physical dimensions are as follows:



Figure 1: Physical dimensions of the trapezoidal-cut tape

Trapezoidal-cut twisted tapes are 23.5 mm width and 1.5 mm thick strips of aluminum for two different values of twist ratio (y), i.e., y = 6.0 and y = 4.4, where y = H/D. Table 1 gives the calculations of the twist ratio. Full-length trapezoidal-cut twisted tapes of dimensions 5 mm depth, 5 mm base, and 10 mm width is used for the experiment.

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H in mm	D in mm	y = (H/D)
108	18	6.0
79.2	18	4.4

Table 1: Twist ratios

A Copper tube, with an internal diameter of 28.5 mm and a longitudinal length of 2000 mm initiates the flow of hot oil which is maintained at 65°C and cold oil maintained at 18°C flows in a counter direction through the annulus. The tube wall is insulated with wool and asbestos rope to reduce heat loss and improve overall heat transfer efficiency (Fig. 2). We want to analyze the flow in a fully developed laminar regime, so we consider the 'Reynolds Number' range to vary from 200 to 2000 for the

experimental purpose. At 65°C with constant heat flux conditions, the flow rate of hot oil is maintained to vary from 0.277 to 2.77 L/s to attain the laminar flow regime. The flow rate is maintained using a rotameter which indicated the flow rate of hot oil inside the tube (Fig. 3). Reference 'Nusselt Number' and friction factor for the laminar regime are expressed as 48/11 and 64/Re, respectively. With a twisted tape insert Nu, f and  $\eta$  can be calculated using correlations 1–2 [14].

$$Nu = 5 * 10^{-3} Re^{1.14} Pr^{0.4} y^{-1/2}$$
(1)

$$f = 6.56 \ Re^{-1/3} y^{-0.674} \tag{2}$$



Figure 2: Dimensions of the pipe



Figure 3: Set-up

#### **3** Results and Discussion

#### 3.1 Outcome of an Insert with the Trapezoidal Cut on Heat Transfer

'Nusselt Number' is the ratio of convective to the conductive transfer of heat at a layer of boundary in a fluid. 'Nusselt Number' over the laminar flow regime is constant for the plain tube and can be calculated as Nu = 48/11 = 4.36. Improvement in 'Nusselt Number' by a factor of 35–40 times is observed (Table 2) with tape inserts, which is higher for reducing twist ratio. Fig. 4 indicates that the spiral flow along the length and interrupts the entire pass (flow) of the fluid for an insert with the trapezoidal cut, the Nu is higher than a plain tube, and hence heat transfer rate increases. The maximum rate of heat transfer was given by the smaller twist ratio because turbulence intensity and flow length acquired were maximum for the lower twist ratio.

Nusselt Number			Friction factor				
Re	Plain tube	Nu for $y = 4.4$	Nu for $y = 6.0$	Re	Plain tube	f for $y = 4.4$	f for $y = 6.0$
200	4.36	14.4732	12.3941	200	0.34	0.485294	0.39375
300	4.36	22.97782	19.677	300	0.2267	0.429189	0.34823
400	4.36	31.8962	27.3143	400	0.17	0.393362	0.31916
500	4.36	41.13546	35.2263	500	0.136	0.367645	0.29829
600	4.36	50.63875	43.3644	600	0.1133	0.347886	0.28226
700	4.36	60.36737	51.6955	700	0.0971	0.332011	0.26938
800	4.36	70.29317	60.1955	800	0.085	0.318846	0.2587
900	4.36	80.39462	68.8458	900	0.0756	0.307667	0.24963
1000	4.36	90.65474	77.6321	1000	0.068	0.298	0.24179
1100	4.36	101.0597	86.5424	1100	0.0618	0.289517	0.2349
1200	4.36	111.5982	95.567	1200	0.0567	0.281984	0.22879
1300	4.36	122.2604	104.698	1300	0.0523	0.275228	0.22331
1400	4.36	133.0382	113.927	1400	0.0486	0.269116	0.21835
1500	4.36	143.9244	123.25	1500	0.0453	0.263549	0.21383
1600	4.36	154.9128	132.659	1600	0.0425	0.258445	0.20969
1700	4.36	165.9978	142.152	1700	0.04	0.253741	0.20588
1800	4.36	177.1745	151.723	1800	0.0378	0.249384	0.20234
1900	4.36	188.4385	161.369	1900	0.0358	0.245332	0.19905
2000	4.36	199.7858	171.086	2000	0.034	0.241549	0.19598

Table 2: Nusselt Number and friction factor

### 3.2 Outcome of an Insert with the Trapezoidal Cut on Friction Factor

The function of Reynold's Number and relative roughness is called a friction factor. The friction factor is independent of Reynold's Number at very large Re due to the thickness of the laminar sub-layer decreasing with the increase of Reynold's Number as shown in Table 2. Fig. 5 represents the friction factor, i.e., heat loss worsens with tape inserts in comparison to plain tubes. Tape insert with a lower twist ratio produces a higher friction factor.



Figure 4: Plot of Nusselt number



Figure 5: Plot of friction factor

3.3 Outcome of an Insert with the Trapezoidal Cut on the Efficiency of the Heat Exchanger The thermal efficiency of the trapezoidal-cut tape is analyzed using

$$\eta = \frac{\left(\frac{Nu}{Nup}\right)}{\left(\frac{f}{fp}\right)^{1/3}} \tag{3}$$

The enhancement quality is estimated from Eq. (3). The thermal efficiency variation with Reynold's Number is plotted in Fig. 6. From Table 3, it can be seen that a trapezoidal cut tape insert with a twist ratio of 4.4 offers better thermal efficiency than a trapezoidal cut tape insert with a twist ratio of 6. Hence, it can be concluded that the lower the twist ratio, the better will be the thermal efficiency.



Thermal efficiency is found to be improved by a factor of 69% in comparison to tape inserts with a higher twist ratio.

Figure 6: Plot of efficiency

Table 3:	Efficiency	calculation
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Re	Nu/Nup ( $y = 4.4$ )	f/fp (y = 4.4)	η (y = 4.4)	Nu/Nup ( $y = 6.0$ )	f/fp (y = 6.0)	η (y = 6.0)
200	3.3195	1.427334	2.98346	2.842686	1.158081	2.7202403
300	5.2701	1.893483	4.35155	4.513079	1.536295	3.967625
400	7.3156	2.313895	5.68787	6.264741	1.8774	5.1860427
500	9.4347	2.703273	7.00104	8.079427	2.193325	6.3833642
600	11.614	3.069582	8.29608	9.945971	2.490534	7.564138
700	13.846	3.417757	9.57621	11.85677	2.773028	8.7313262
800	16.122	3.751125	10.8437	13.8063	3.04351	9.8870087
900	18.439	4.072066	12.1003	15.79033	3.303909	11.032725
1000	20.792	4.382358	13.3472	17.80552	3.555666	12.16966
1100	23.179	4.683371	14.5856	19.84917	3.799896	13.298752
1200	25.596	4.976192	15.8162	21.91903	4.037479	14.420764
1300	28.041	5.261703	17.0397	24.01321	4.269131	15.536326
1400	30.513	5.540629	18.2567	26.13008	4.49544	16.645967
1500	33.01	5.813577	19.4677	28.26824	4.716899	17.750141
1600	35.53	6.081062	20.6732	30.42647	4.933926	18.849235
1700	38.073	6.343526	21.8734	32.60367	5.146878	19.94359
1800	40.636	6.60135	23.0688	34.79889	5.356066	21.033504
1900	43.22	6.854868	24.2596	37.01126	5.56176	22.119239
2000	45.822	7.104373	25.4461	39.23999	5.764198	23.20103

#### 4 Conclusion

The major findings of the experiment can be concluded as follows:

- 1. Over the examined 'Reynolds Number' range, tape insert with a lower twist ratio, i.e., y = 4.4 offers a higher value of Nu compared to twisted tape with a higher twist ratio, i.e., y = 6. So, it can be stated that the value of 'Nusselt Number' decreases with an increasing twist ratio.
- 2. For better heat circulation within the system, losses must be minimized. Lower the friction factor lesser will be the heat loss. A plain tube is found to induce a lower friction factor in comparison to tape inserts. It was found that a tape insert with a higher twist ratio offers a lower value of friction factor.
- 3. Thermal efficiency can be improved by using tape inserts with a smaller twist ratio. It was relatively higher for an insert with the trapezoidal cut with a smaller twist ratio (y = 4.4).

Acknowledgement: For permitting us to experiment, the authors thank the Manager and Assistant Manager of SGP Instruments & Control, Ambernath (E), District-Thane (M.S.)–India.

Funding Statement: The authors received no specific funding for this study.

**Conflicts of Interest:** The authors declare that they have no conflicts of interest to report regarding the present study.

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