



REVIEW

Interaction between Earthworms and Arbuscular Mycorrhizal Fungi in Plants: A Review

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ABSTRACT

Different kinds of soil animals and microorganisms inhabit the plant rhizosphere, which function closely to plant roots. Of them, arbuscular mycorrhizal fungi (AMF) and earthworms play a critical role in sustaining the soil-plant health. Earthworms and AMF belong to the soil community and are soil beneficial organisms at different trophic levels. Both of them improve soil fertility and structural development, collectively promoting plant growth and nutrient acquisition capacity. Earthworm activities redistribute mycorrhizal fungi spores and give diversified effects on root mycorrhizal fungal colonization. Dual inoculation with both earthworms and AMF strongly magnifies the response on plant growth through increased soil enzyme activities and changes in soil nutrient availability, collectively mitigating the negative effects of heavy metal pollution in plants and soils. This thus enhances phytoremediation and plant disease resistance. This review simply outlines the effects of earthworms and AMF on the soil-plant relationship. The effects of earthworms on root AMF colonization and activities are also analyzed. This paper also summarizes the interaction between earthworms and AMF on plants along with suggested future research.

KEYWORDS

Earthworm; nutrient; mycorrhiza; soil enzyme; stress; symbiosis

1 Introduction

Earthworms are terrestrial invertebrates of the subclass Oligochaete of the phylum Annelidae. In general, earthworms are an important part of soil ecosystems, playing the role of consumers, disintegrators and regulators. The activities of earthworms promote the formation of soil aggregates by modifying the aggregate structures, thus modulating soil porosity and structure [1,2]. The excretion of earthworms has certain visible impacts on the soil carbon (C) cycle, nutrient content, and organic matter, and (2) microbial load, biomass and activity [3,4]. Earthworms affect the physical, chemical, and



biological properties of soil by complimenting soil fertility with respect to plant growth. They also improve the bioavailability of essential nutrients in the soil, indirectly affecting plant growth [5].

Arbuscular mycorrhizal fungi (AMF) are a type of obligate symbiotic soil microorganisms widely existing in various ecosystems, which can establish mutualistic arbuscular mycorrhiza (AM) symbioses with more than 80% of land's plants [6]. AMF facilitate the absorption area of the host plant roots, and promote their absorption capacity of water and nutrients, thus improving plant growth and enhancing the host plant resistance to abiotic and biotic stresses [7–10]. Studies on the interaction between AMF and earthworms are expected to be limited, especially the effects on plant growth and the rhizosphere environment under synergy conditions. The present review summarizes the effects of earthworms on soil and AMF, and highlights the dual roles of both earthworms and AMF on plant growth and biotic stress resistance. The direction of possible future research is also addressed.

2 Effects of Earthworms on Soil Properties

2.1 Soil Structure

Soil aggregates are an important component of the soil functionality and the basic unit of soil structure. Good soil structure contributes to the improvement of the soil water retention capacity and soil fertility, thus reducing soil and water loss [11]. Earthworms, as a representative of large soil animals in the terrestrial ecosystem, mainly affect the formation of soil aggregates through their activities such as turning and burrowing of soil masses. Earthworm activities help to break down soil organic matter and stimulate the process of soil aggregation to improve soil porosity and structure. This in turn increases the soil water-stable aggregates, that eventually create favorable conditions for enhanced soil microbial activities. At the same time, the coprolites from earthworm intestines have an effect on cementing soil particles, because they are able to feed on the soil and produce aggregates with different particle sizes through excretion. As the size of earthworms' increases, the aggregates are also be increased, thus producing a positive effect on soil aggregates [12,13]. Earlier studies showed that earthworms have a stimulating effect on soil aggregate formation and then stability, dependent on the earthworm species [14–16].

2.2 Soil Fertility

Earthworms play a decisive role in soil fertility through feeding, digestion, excretion (earthworm coprolites), secretion (mucous) and burrowing, thus collectively contributing towards the soil nutrient cycling [2]. Earthworm activities increase the soil-atmosphere C cycle, conducive to transformation of immobile nutrients (e.g., N, P, K and C) into plant available forms [16]. On the other hand, earthworm manure and their secretions and residues are used as the bio-organic fertilizers to elevate soil enzyme activities and the diversity of soil microbial communities, enhancing soil fertility, and expanding the sink capacity for plant nutrient absorption [17]. The addition of earthworms into turfy and matrix soils exhibited a considerable increase in the total N, total K, total P, alkali-hydrolyzed N, available P and available K of soil [17]. In other words, earthworm application improves soil physical and chemical properties along with soil fertility, partly reducing the amount of inorganic fertilizers required for optimum crop performance [18]. Earthworms influence the soil C cycle via their life activities and interactions with other organisms in the soil [19]. The physical disturbance of earthworms accelerates the regeneration rate of organic carbon in the soil [19].

2.3 Soil Enzyme Activities

Soil enzymes are derived from the secretions and decomposition products of animals, plants and microbial cells in the soil, and microorganisms are the main source of soil enzymes. Soil enzymes are an indicator of soil fertility. The type and activity of soil enzymes reflect the supply state of soil nutrients [3]. There are numerous enzymes in earthworms, which play an important role in the decomposition of

organic matter. The organic matter entering the earthworm is broken down and transformed further by these soil enzymes [20]. Earthworms inoculated in soil contaminated with heavy metals increased the activity of sucrase, urease and phosphatase in soil, and alleviated the potential adverse effect of heavy metal pollution on soil enzyme activities [21]. Earthworms produce the coprolites through feeding and excreting, and the coprolites contain a large number of microorganisms, which improve the activity of soil enzymes. The activity of sucrase was the strongest in the coprolites [22], thus facilitating crop growth performance [23].

2.4 Soil Microorganisms

Soil microorganisms are one of the important components of the soil ecosystem, and a strong storehouse in earthworms [24]. A large number of studies have shown that the combined action of earthworms and microorganisms play an important role in the decomposition of organic matter and the release of mineral nutrients [25]. The activities of earthworms affect the number of microbial populations, and the microorganisms promote the release of minerals, increase fertility, and promote plant growth [26,27]. Earthworms treatment in heavy metal contaminated soils significantly increased the number and activity of microorganisms in the soil [28,29], thus, suggesting the pollutant cleaning ability of earthworms in contaminated soils.

3 Effects of AMF on Plants

There are a large number of different kinds of microorganisms in the soil, among which AMF play an important role in plant growth, nutrient acquisition, and stress tolerance [30,31].

3.1 Promotion of Plant Growth

It is well known that AMF colonize plant roots and form mycorrhizal symbiosis, beneficial for plant growth [7]. After forming a symbiotic relationship with plants, mycorrhizal mycelia colonize into the root cortical cells to form a dichotomously branched structure, the arbuscule. AMF inoculation improves plant growth, including citrus [7], tea [32], walnut [9] and other many plant species. However, the growth improvement is dependent on the combination of the AMF and host species. Liu et al. [33] found that *Funneliformis mosseae* significantly promoted growth of trifoliolate orange seedlings, while *Glomus etunicatum* did not promote plant growth, and even appeared to have an inhibitory effect. The mycorrhiza-induced improvement of plant growth is attributable to the increase of nutrient acquisition, root system architecture, and hormone balance [34].

3.2 Improvement of Nutrient Acquisition

After forming a symbiotic relationship with plants, AMF establish a rich mycelial network around the root, and the huge extraradical mycelium can act as an extension of the root system, increasing the contact area for soil nutrients, thus capturing more nutrients for the plant. Numerous studies have confirmed that AMF considerably promoted the uptake of soil nutrients, especially phosphorus, by the host plant [35]. AMF improve the mineral absorption capacity of plants, play a key role in improving plant growth and promoting nutrient absorption, besides being considered as one of the most promising strategies for optimizing plant performance to cope with nutrient deficiency stress [36,37]. The results of studies on trifoliolate orange showed that inoculation with *F. mosseae* improved N, P, Mg, and B contents [7]. Hereinto, AMF-accelerated P acquisition is attributed to the release of a soil acid and neutral phosphatase, the improvement of root morphology, and the up-regulation of root phosphate transporter gene expression [31].

3.3 Enhancement of Stress Tolerance

Mycorrhizal hyphae absorb soil mineral elements [36] for the host plant, regulate the plant hormone balance, and affect plant development, thereby alleviating the impact of environmental stress in a

coordinated manner [38–45]. In addition, AMF also release a special glycoprotein, glomalin, into the rhizosphere, which can contribute to the soil organic C and N, stabilize soil aggregation, and improve soil structure, thus improving plant growth and enhancing stress tolerance [46,47]. Studies have shown that AMF enhanced the stress tolerance in many plants, and the potential mechanisms mainly include: (1) Mycorrhizal extraradical hyphae are directly involved in soil water and nutrient uptake, which are promptly transported to the cortical cells contained in the arbuscule and released into the host; (2) Levels of organic and inorganic osmotic substances are increased by mycorrhizas to improve osmoregulation of the host; (3) The composition and content of some metabolic substances such as polyamines, fatty acids, and calmodulin are optimized, thus activating the antioxidant defense system; (4) The expression level of many stress-responsive genes is induced by mycorrhization in response to stresses [8,10,31,38–45].

3.4 Effects of Earthworms on AMF Colonization and Activities

AMF are widely distributed in terrestrial ecosystems and can establish symbiotic relationships with terrestrial plants [48,49]. Mycorrhizal extraradical hyphae can simultaneously colonize other neighboring plants in the same ecosystem, thus forming a common mycorrhizal network among plants and transferring signals between them [50]. Because AMF cannot form aboveground fungal bodies, the sporophytes used for propagation of AMF mainly reside in the soil after AMF separate from the host plant. Some soil animals, such as earthworms, spread the spores of AMF to areas beyond their ability through earthworm activities in the soil [51]. This expands the area of mycorrhizal fungi colonization and enriches the diversity of soil microorganisms. However, the movement of earthworms in soil and their selective feeding can significantly affect the development of mycorrhizas and the establishment of common mycorrhizal networks.

Earthworms selectively feed on mycorrhizal extraradical hyphae, AMF-colonized roots, or soil containing mycorrhizal spores. Under the action of chitinase, fungi are self-dissolved, thus reducing the rate of mycorrhizal colonization and the density of soil mycorrhizal hyphae [51,52]. The earthworms' activities and feeding in the soil damage the structure of underground common mycelium networks, thus reducing mycorrhizal formation and disturbing common mycorrhizal networks [53]. Previous studies revealed that when exogenous organic substances were added, earthworms preferred to utilize these substances as a food source, which would effectively reduce the negative effects of earthworm activities on mycorrhizal development [54,55]. In another study conducted by Dobson et al. [56], five forest plants in northeastern North America, including *Actaea pachypoda*, *Aquilegia canadensis*, *Cornus racemosa*, *Quercus rubra*, and *Prenanthes alba*, were used to analyze the response to earthworms. These authors found that root AMF colonization in *Q. rubra* was reduced by earthworms, but AMF in other forest species remained unaffected. In soils contaminated with heavy metals like Cd and As, earthworms significantly increased root mycorrhizal fungal colonization [28,57], and the positive effects depended on the earthworm number and timing of earthworm inoculation. Recently, Yang et al. [58] reported that application of earthworms could increase AMF dominance in wheat roots, stimulating mycorrhizal N uptake only under no-till and straw removal practices conditions.

Natural selection gave AMF a unique self-protective mechanism after a long period of evolution to avoid serious depletion of soil animals and other microorganisms, especially earthworms [59]. Earthworms can provide more C sources for the development of mycorrhizal hyphae by increasing the biomass of host plants and activating the soil C, thus promoting the development of hypha [60,61]. After earthworms are fed with AMF, mycorrhizal fungal spores survived in large number in earthworms, and thus ensured a high spore density and facilitated fungal colonization [62]; chitinases in earthworms have an inhibitory effect on the development of extracellular hyphae. Other studies have reported that the activity of earthworms in the rhizosphere did not inhibit the development of hyphae, but promoted its growth, but did not transmit the AMF spores over long distances [52]. It was also reported that the

activity of earthworms had no effect on AMF [63]. These results indicated the complex relationship between earthworms and AMF (Fig. 1), which needs to be disentangle through in-depth studies from various angles.

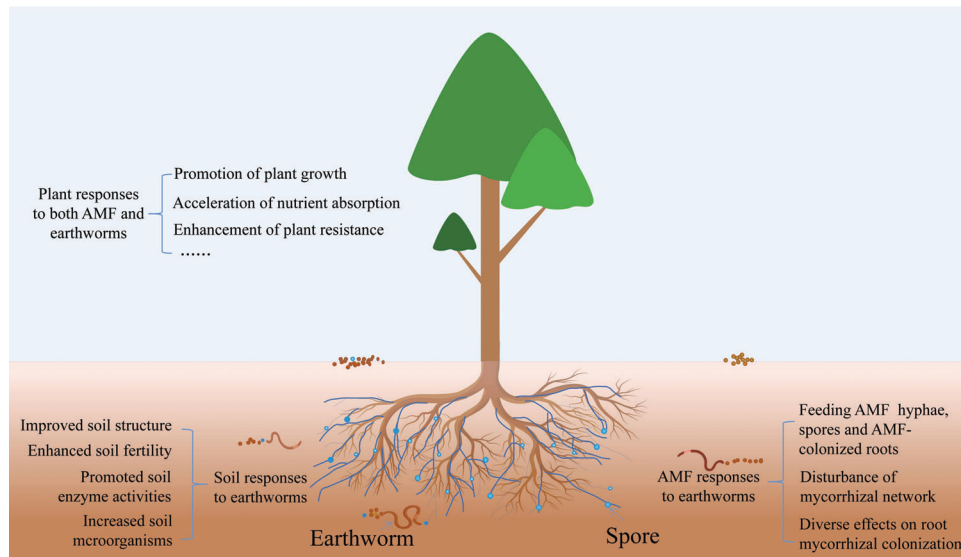


Figure 1: A conceptual model of earthworms-AMF-plants interaction. Earthworms strongly affect soil properties and AMF behavior and activity. AMF have been widely demonstrated to improve water and nutrient acquisition of the host and enhance host resistance to abiotic and biotic stresses. In addition, in the association of earthworms-AMF-plants, earthworms feed on mycorrhizal hyphae, spores, and mycorrhizal colonized roots and also disturb common mycorrhizal networks. Two different trophic levels of organisms work together to further promote plant growth, accelerate nutrient absorption, improve soil properties, enhance plant resistance, etc.

4 Interaction of Earthworms and AMF on Plants

4.1 Promotion of Plant Growth and Nutrient Acquisition

Plants absorb nutrients from the soil in two paths: One is directly absorbed by the root epidermis and root hairs, and the other is mainly absorbed by mycorrhizas [64]. Unlike other types of fungi, AMF do not have an overground fungi body, but earthworms spread mycorrhizal fungal propagules to other regions beyond the periphery of mycorrhizal colonized areas [65]. Although earthworms have a direct effect on soil, they also help plants indirectly by regulating the soil nutrients reserve and microorganisms. The relevant results of earlier studies conducted on the interaction effects of earthworms and AMF on plant growth are summarized as follows (Tab. 1). Millaret et al. [66] studied the effects of earthworms, AMF, and their interaction on growth and nutrient absorption of *Allium porrum*, and found that the earthworm plus AMF treatment significantly promoted the plant root biomass. Other studies [67,68] reported that both AMF and earthworm inoculation significantly increased AMF colonization of maize roots, besides promoting the shoot and root biomasses. Li et al. [54] also confirmed that the interaction between earthworms and AMF improved the shoot and root biomasses in maize plants by promoting P acquisition. In sweet potato plants, earthworms regulated the activities of the soil urease and alkaline phosphatase to increase the efficiency of N and P in the soil, and the AMF stimulated the soil phosphatase activities and increased root phosphorus absorption [69]. These results suggest that the interaction of earthworms and mycorrhiza fungi is mutually beneficial to both participating partners.

4.2 Enhancement of Stress Tolerance

When plants are exposed to pathogen infection, saline-alkali environment and heavy metal pollution, they often face diversified threats. Earthworms act as consumers, decomposers and regulators in soil ecosystems, while AMF are a ubiquitous rhizosphere microorganism, that can be used as biofertilizers, bioreactants and bioprotectants. Earthworm-AMF interactions have different dimension effects on plant resistance to salt and alkali, heavy metals, chemical pollution and diseases.

4.2.1 Salinity Stress

In a few studies, dual inoculations of AMF and earthworms had positive effects on salt tolerance of plants (Tab. 1). Zhang et al. [70] discussed the effects of earthworm and AMF interaction on salinity tolerance and root biomass of maize. They found that double earthworm and AMF inoculation improved the salinity tolerance of maize by increasing soil macro-aggregates and soil bacterial diversity, collectively promoting root mineral absorption and photosynthesis. Therefore, growth improvement of plants under salinity stress via the interaction of AMF and earthworms is associated with the change in the chemical, physical and biological properties of soil and their relevant plant ecophysiological implications.

4.2.2 Heavy Metal Pollution and Phytoremediation

Numerous studies have been conducted on the effects of earthworms and AMF on alleviating soil heavy metal pollution and promoting plant remediation (Tab. 1). Earthworms play an important role in the terrestrial ecosystem through regulating the migration and transformation of heavy metals in the soil-plant system by their activities such as feeding, metabolism and excretion [71]. Mycorrhizal fungi affect the uptake, accumulation, and detoxification of heavy metals by plants through a variety of ways under heavy metal-polluted soils [72]. Fu et al. [71] found that in maidenhair (*Tagetes patula*) plants, single earthworm or AMF addition alleviated the toxicity of Cu contamination of soil and plants, and the combination of AMF and earthworms significantly improved plant biomass, Cu accumulation, and soil enzyme activities, which increased the remediation efficiency of maidenhair in a Cu-polluted soil. Similarly, in Cd-stressed *Solanum nigrum*, co-inoculation with earthworms and AMF activated an antioxidant defense system that improved soil quality parameters (e.g., soil enzyme activity), thus enhancing metal tolerance of plants and improving the quality of polluted soil [73,74]. In polychlorinated biphenyl (PCB)-contaminated paddy soil, the interaction between AMF and earthworms could significantly improve the ability of ryegrass to repair the PCB-contaminated soil; the removal rate of PCB was 61.05%, which was the best effect among treatments (Tab. 1) [75,76]. The results further confirmed the effectiveness of both AMF and earthworms in the phytoremediation of contaminated soils. Cheng et al. [28] also observed that earthworms improved root mycorrhizal fungal colonization and increased the root Cd accumulation on ryegrass, and mycorrhizal fungi promoted the transport of Cd from roots to shoots. As a result, dual inoculation of AMF and earthworms promoted the transport of Cd to shoots. In the Pb and Cd-contaminated soil, dual inoculation of AMF and earthworms increased shoot biomass of plants and the accumulation of Pb and Cd in shoots [77]. Therefore, the combination of earthworms and AMF is of profound significance for the phytoremediation of heavy metal contaminated soils.

4.2.3 Disease Resistance

The interaction between earthworms and AMF displays a positive influence on the disease resistance of plants. In the roots of strawberry plants infected with *Fusarium oxysporum*, earthworms and AMF significantly reduced the soil pH value (Tab. 1). This was due to the production of humic and fulvic acids by the intestinal microorganisms of earthworms, and the release of organic acid secretions by AMF. Additionally, earthworms influence the fungal pathogens by actively feeding and inhibiting the spread of fungal spores, which enhanced the disease resistance of plants. For example, earthworms inhibited the *F. oxysporum* infestation on strawberry roots indirectly (by increasing soil organic matter content) and

directly (by selective feeding), thus reducing the plant wilt disease index. AMF significantly increased the soil organic matter concentration by releasing carbohydrate-rich exudates from the host plant roots and glomalin from the mycorrhizal fungi. This resulted in a strong possibility of bacterial infection, thus increasing bacterial diversity, but a decrease on the intensity of *F. oxysporum* on the plant roots. Therefore, the dual inoculation provided a synergistic effect on enhancing the plant resistance to disease. Therefore, it is pertinent to state that such joint strategy, involving both earthworms and AMF, is a potential alternative biological control approach to mitigate disease bursts [78].

5 Conclusions and Prospects

The effect of single either earthworms or AMF on soil properties and plant growth has been studied, while studies on the interacting effects between earthworms and AMF are only a few. Although earthworms and AMF belong to different nutrition classes, earthworms affect mycorrhizal functions directly and indirectly. Earthworms are large soil animals whose biomass accounts for 60% of the total biomass of soil organisms. It is estimated that the annual excretion volume of earthworms reached 18.7-40.3 t/hm², equivalent to an annual excretion of a soil layer of 5 cm depth [79]. When earthworms interact with soil microorganisms, they produce hormonal substances, which stimulate the root colonization of mycorrhizal fungi and, thus play an important role in plant metabolism for promoting plant biomass and crop quality [80,81]. Previous studies have been carried out on the synergistic effect of earthworm-mycorrhizal fungi on plants (Tab. 1). Based on these previous studies, we propose a conceptual model of earthworms-AMF-plants interaction (Fig. 1). Even so, the interaction between earthworms and AMF is still worth exploring through the following areas of future research:

1. It is still unknown whether earthworm excrement affects AMF colonization and activities, plant growth, and nutrient acquisition. The internal mechanism of their interaction has yet to be studied.
2. It is possible that earthworms might inhale soil spores of AMF when feeding on soil. Future work could analyze the diversity of endophytic mycorrhizal fungi in earthworms, and also analyze the function of the fungi within earthworms and the difference between the *in vitro* and *in vivo* synergistic effects of the interaction of the two organisms in plants.
3. Early studies conducted on the effect of soil sterilization on the dynamics of earthworms and AMs failed to provide any valid clue, which needs to be supplemented through *in-vitro*, at the plant and field scales.
4. Determination of the internal mechanism of earthworms' regulation and its effect on the diversity of microorganisms and plants using molecular biology and genetic engineering techniques.
5. According to the invasion and evolution of various earthworm and alien species, and different AMF types, molecular ecological techniques could be applied to reveal the interaction between mycorrhizal fungi and earthworms along with its feedback effects on plants.
6. Most studies have confirmed that the dual application of earthworms and AMF stimulated growth of host plants in heavy metal-contaminated soils, but the underlying mechanism/s is/are still unclear (e.g., do earthworms or AMF play a dominant role?).
7. Recent studies have shown that the earthworm *Pontoscolex corethrurus* could alleviate the inhibitory effect of mycorrhizal fungi (e.g., *Rhizophagus intraradices*) on soil bacterial abundance [82]. However, the change in the soil bacterial community because of the interaction between AMF and earthworms needs to be further studied.

Table 1: Interaction between earthworms and AMF and their effects on plants

AMF species	Earthworms	Plants	Soils	Effects of earthworms on AMF	Effects of earthworms-AMF on plants				References
					AMF	Earthworms	Interaction	Parameters	
<i>Funneliformis mosseae</i>	<i>Eisenia fetida</i>	<i>Fragaria ananassa</i>	Sterilized soil	Nd	+	+	+	Disease index of <i>Fusarium oxysporum</i> and copy number of <i>F. wilt</i>	[78]
<i>F. mosseae</i>	<i>E. fetida</i>	<i>Zea mays</i>	Saline soil	Nd	+	+	+	Root biomass and salt tolerance	[70]
<i>Rhizophagus irregularis</i>	<i>E. fetida</i>	<i>Dioscorea esculenta</i>	Sterilized soil	Nd	+	+	+	N and P contents; Root morphology	[69]
<i>Glomus intraradices</i>	<i>E. fetida</i>	<i>Z. mays</i>	Field soil	+	+	+	+	Shoot and root biomass; N content; microbial biomass C and N	[54]
<i>F. mosseae</i>	<i>E. fetida</i>	<i>Z. mays</i>	Sterilized soil	+	+	+	+	N, P, and K contents of shoots and roots	[68]
<i>G. caledonium</i>	<i>E. fetida</i>	<i>Lolium multiflorum</i>	PCB-contaminated soil	Nd	+	+	+	Root biomass; soil PCB levels	[76]
<i>F. mosseae</i>	<i>E. fetida</i>	<i>L. multiflorum</i>	PCB-contaminated soil	Nd	+	+	+	Soil PCB levels	[75]
<i>Pisolithus tinctorius</i>	Native earthworms	<i>L. multiflorum</i>	Yellow soil under heavy metal stress	Nd	+	+	+	Shoot biomass and heavy metal concentrations	[77]
<i>Acaulospora</i> spp. + <i>Glomus</i> spp.	<i>E. fetida</i>	<i>Z. mays</i>	Soil under heavy metal stress	+	-	-	+	Root arsenic concentration	[67]
<i>Acaulospora</i> spp. + <i>Glomus</i> spp.	<i>E. fetida</i>	<i>Z. mays</i>	Soil under heavy metal stress	+	+	-	+	Soil phosphatase; shoot and root biomass	[67]
<i>G. intraradices</i>	<i>Aporrectodea caliginosa</i> ; <i>L. terrestris</i>	<i>L. perenne</i>	Field soil	0	-	+	0	Root biomass	[81]
<i>G. intraradices</i> + <i>G. mosseae</i>	<i>Pheretima</i> sp.	<i>L. multiflorum</i>	Sterilized aquods soil under heavy metal stress	+	+	+	+	Cd accumulation of shoots and roots	[28]
<i>G. intraradices</i> + <i>G. mosseae</i>	<i>Pheretima</i> sp.	<i>L. multiflorum</i>	Sterilized aquods soil under heavy metal stress	+	+	+	+	Shoot N	[29]

Note: Meaning of the following symbols: “+” positive effects; “-” negative effects; “0” no significant effects; “Nd” no data available.

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Conflicts of Interest: The authors declare that they have no conflicts of interest to report regarding the present study.

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