REVIEW ARTICLE

Pharmacologic stress cardiovascular magnetic resonance in the pediatric population: A review of the literature, proposed protocol, and two examples in patients with Kawasaki disease

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Abstract

Pharmacologic stress cardiovascular magnetic resonance (PSCMR) is a wellestablished and reliable diagnostic tool for evaluation of coronary artery disease in the adult population. Stress imaging overall and PSCMR in particular is less utilized in the pediatric population with limited reported data. In this review, we highlight the potential use of PSCMR in specific pediatric cohorts with congenital and acquired heart disease, and we review the reported experience. A suggested protocol is presented in addition to two case examples of patients with Kawasaki disease where PSCMR aided decision making.

KEYWORDS

acquired coronary artery disease, congenital heart disease, magnetic resonance imaging, perfusion, pharmacologic stress imaging

1 | BACKGROUND

Pharmacologic stress cardiovascular magnetic resonance (PSCMR) has been well studied in adults with stable ischemic heart disease (SIHD) and has shown excellent prognostic value.¹⁻³ As a non-invasive imaging tool, PSCMR is helpful in guiding management, risk stratifying patients with SIHD, and it is proven to be superior compared to stress echocardiography and stress nuclear imaging.^{2,4} PSCMR has multiple advantages including better safety profile, wider availability, and lower cost making, it a preferable test compared to other non-invasive imaging modalities.⁵ Furthermore, myocardial perfusion utilizing PSCMR has been proven comparable to fractional flow reserve obtained by conventional angiography.^{3,6,7} Atherosclerotic coronary artery disease and congenital coronary anomalies are rare in pediatric patients. However, there is a significant portion of pediatric age patients with congenital and acquired heart disease, in whom PSCMR could be valuable in the initial and follow-up evaluation.^{8,9} The feasibility and safety of PSCMR have been established in children and a number of studies have reported the important diagnostic value of PSCMR in many pediatric settings.¹⁰

In this article, we review the indications of PSCMR in the pediatric population, we propose a protocol and we report two cases of Kawasaki disease where PSCMR played a major role in the management approach.

Abbreviations: A2A, adenosine 2a receptor; AAOCA, Anomalous aortic origin of the coronary arteries; ALCAPA, anomalous left coronary artery from the pulmonary artery; ASO, arterial switch operation; BAV, bicuspid aortic valve; ccTGA, congenitally corrected transposition of the great arteries; CMR, cardiac magnetic resonance; CoA, coarctation of the aorta; CTA, computed tomography angiogram; D-TGA, dextro transposition of the great arteries; FPP, first pass perfusion; KD, Kawasaki disease; PSCMR, pharmacologic stress cardiac MRI; SIHD, stable ischemic heart disease; ToF, tetralogy of Fallot.

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2 | INDICATIONS FOR PHARMACOLOGIC STRESS TESTING IN THE PEDIATRIC POPULATION

In pediatric age groups, there are high risk cohorts that could benefit from myocardial perfusion assessment by PSCMR (Table 1).

- 1. Surgical Coronary Re-implantation: A subset of patients where coronary artery re-implantation is performed include the arterial switch operation (ASO) in D- transposition of the great arteries (D-TGA), the double switch operation in the setting of congenitally corrected transposition of the great arteries (ccTGA), the Ross procedure and in anomalous origin of the left coronary artery from the pulmonary artery (ALCAPA). As part of the arterial switch operation or the double switch approach to D-TGA and ccTGA, respectively, the coronary arteries are translocated from the aorta to the pulmonary artery which becomes the neo-aorta and it results in an increased risk of myocardial ischemia compared to the general population.¹¹ Periodic assessment of the coronary arteries following re-implantation becomes an integral part of the long-term follow-up.¹² Use of PSCMR for evaluation of myocardial ischemia following the ASO has been reported and it has shown excellent agreement with imaging results of the translocated coronary arteries by conventional angiography.^{12,13} In the Ross procedure where the aortic root is replaced by the native pulmonary trunk and as part of the ALCAPA surgical repair, coronary artery re-implantations are performed and the role of PSCMR has been reported as well.^{11,14-16}
- 2. Anomalous origin or course of the coronary arteries: Advanced cardiac imaging has greatly improved our knowledge of the anatomic forms of anomalous aortic origin of the coronary arteries (AAOCA) and myocardial bridges which has led to furthering our understanding of the risk of sudden death in some variants.^{17,18} Provocative myocardial perfusion studies have been recommended as part of the assessment of anomalous aortic origin of

TABLE 1 High risk pediatric patients with congenital or acquired heart diseases

 Surgical Coronary Re-implantation D-TGA s/p ASO Aortic root replacement Aortic valve replacement (ie, Ross) ALCAPA 	
 Anomalous coronary artery origin or course a. AAOCA b. Myocardial Bridge 	
3. Acquired coronary artery disease	

- a. Kawasaki Disease
- b. Polyarteritis nodosa
- 4. Systemic right ventricle

Abbreviations: AAOCA, anomalous aortic origin of the coronary arteries; ALCAPA, anomalous left coronary artery from the pulmonary artery; ASO, arterial switch operation; D-TGA, dextro transposition of the great arteries; PSCMR, pharmacologic stress cardiac MRI. the right coronary artery from the opposite sinus of Valsalva¹⁹ where the risk of sudden cardiac death and benefit from surgical intervention are less well understood.¹⁷ Reports of a potential role for PSCMR in this setting has been suggested.²⁰

- 3. Acquired coronary artery disease: This group is largely represented by Kawasaki disease (KD). Patients with KD and coronary artery aneurysms including those with large and giant aneurysms require serial evaluations²¹ given their increased risk of coronary occlusion acutely or years after the acute phase, due to thrombosis or myointimal proliferation.^{21,22} Tsuda et al reported 36% of patients with giant aneurysms requiring coronary artery bypass graft surgery at a median interval of 7 years.²³ These findings highlight the importance of long-term follow-up and the need to consider myocardial provocative studies such as PSCMR given the coronary artery involvement.¹⁴
- 4. Systemic right ventricle: In unrepaired ccTGA or D-TGA palliated with an atrial switch operation, right ventricular dysfunction and failure are major contributors to their morbidity and mortality.²⁴ Early detection of right ventricular dysfunction by the assessment of myocardial reserve using PSCMR has been reported and its potential role in ccTGA patients being considered for the anatomic repair has also been suggested.^{25,26}

3 | PHARMACOLOGIC STRESS AGENTS

Pharmacologic myocardial stress testing has been established as a reliable alternative method to mimic physical exercise testing in evaluation of myocardial ischemia.²⁷ Various pharmacologic agents have been approved and could be grouped into two major categories: (a) Inotropic agents (Dobutamine) and (b) Coronary vasodilator agents (Dipyridamole, Adenosine, and Regadenoson).²⁷ Historically, Dobutamine was the main inotropic agent used to induce myocardial ischemia by increasing myocardial oxygen demand manifested by decreased perfusion and wall motion abnormalities.^{27,28} Dobutamine is better utilized, where possible dynamic coronary obstruction is suspected such as in AAOCA, and myocardial bridges.^{20,29} Coronary vasodilating agents, are utilized in the assessment of myocardial ischemia by inducing maximal coronary artery vasodilation which results in perfusion deficits in the ischemic territories.³⁰ All coronary vasodilators achieve maximal hyperemia by stimulating Adenosine A2A receptor. Adenosine and Dipyridamole are older non-selective A2A/A1 agonists, which often result in the development of more side effects.³⁰⁻³² Regadenoson as a relatively newer and more selective agent (A2Aselective) is considered to have a better side effect profile and a very similar diagnostic, and prognostic yield compared to other vasodilator agents.^{31,33-37} The ability to administer Regadenoson as a single bolus with a single IV makes it advantageous in children as opposed to all other agents which require continuous infusion.^{38,39} A detailed comparison between the currently available pharmacologic agents is summarized in Table 2.

	Dobutamine	Adenosine	Dipyridamole	Regadenoson
Administration	IV infusion	IV infusion	IV infusion	IV bolus
	2 PIV	2 PIV	2 PIV	1 PIV
Peak (min)	1-2	Immediate	7-15	1-2
Half-life (min)	2	<5 s	30-45	30
Mechanism of action	Synthetic catecholamine	Endogenous vasodilator af- fects A1/A2 _A receptors	Inhibits adenosine deaminase	A2A adenosine receptor agonist (low affinity)
Contraindications and major adverse effects	Recent ACS, electrical or hemody- namic instability ³⁸	Bronchospasm/asthma (rela- tive), SSS, high degree AVB, recent ACS, hypotension ^{31,32}	Bronchospasm/ asthma(relative), SSS, high degree	SSS, high degree AVB, recent ACS, hypotension ³⁴ Bronchosnasm/asthma (rare
			AVB, recent ACS, hypotension	due to A2A selectivity). Seizure is a reported side effect
Effects of caffeine intake	No effects	Reduced sensitivity	Reduced sensitivity	No effects ³⁹
Current use and indications	Dynamic coronary obstruction (ie, AAOCA, myocardial bridges)	Fixed coronary obstruction; Microvascular coronary disease	Fixed coronary obstruction; Microvascular coronary disease	Fixed coronary obstruction; Microvascular coronary disease

Abbreviations: A2A, adenosine 2a receptor; AAOCA, anomalous aortic origin of the coronary arteries; ACS, acute coronary syndrome; AVB, atrioventricular block; IV, intravenous; PIV, peripheral intravenous catheter; SSS, sick sinus syndrome.

4 | COMPARISON WITH OTHER MYOCARDIAL PHARMACOLOGIC STRESS TESTING MODALITIES

PSCMR's diagnostic accuracy and safety profile have been shown to be superior to other stress imaging modalities in the adult population.⁴⁰ In the pediatric age group, its use is still evolving and the limitations are multifactorial including the lack of experience and less familiarity with this modality.41 Pharmacologic stress echocardiography is widely used in adults. Limited acoustic windows following sternotomy for surgical repair of congenital heart disease, variability in image acquisition and experience are limiting factors in the use of pharmacologic stress echocardiography in children and young adolescents.⁴¹ Studies comparing PSCMR and pharmacologic stress echocardiography have shown higher sensitivity and accuracy detecting myocardial ischemia related to coronary artery abnormalities.^{41,42} Single-photon emission computed tomography (SPECT) as another stress imaging modality that can be used in pediatric age patients,⁴¹ has the disadvantage of radiation exposure and it has been shown to be less accurate in detecting the myocardial ischemia due to lower spatial resolution imaging compared to PSCMR in adults.⁴³ Stress echocardiography or SPECT should be considered in patients who cannot undergo PSCMR due to contraindications to magnetic resonance imaging such as in the setting of ferromagnetic implants, or claustrophobia.44

While this review article is focused on pharmacologic stress testing modalities, it is worth mentioning that exercise cardiac magnetic resonance was studied and found to be feasible for pediatric patients with congenital heart disease.⁴⁵ This modality could offer

a new form of stress CMR and add to our understanding of exercise physiology in patients with variant congenital heart diseases.⁴⁶

5 | SUGGESTED PROTOCOL

5.1 | Pharmacologic agents

- 1. Dobutamine is administered as an infusion. Dobutamine is administered as an infusion. The typical initial dose is 5-10 μ g/kg/min with an increase every 3 minutes to a maximum dose of 40 μ g/kg/min in order to achieve a target heart rate of 85% of the maximal heart rate for age.
- 2. Adenosine is administered as an infusion with a starting dose of 140 μ g/kg/min. If after 2-3 minutes, the heart rate does not increase by 10 bpm and/or blood pressure does not drop by >10 mm Hg, the infusion rate may be increased up to a maximal dose of 210 μ g/kg/min depending on institutional and local norms.³³
- 3. Regadenoson is administered as a single injection of 0.4 mg for patients with weight greater than 40 kg. It requires only a single peripheral IV. For patients less than 40 kg, a dose of 10 μ g/kg/ dose is used.

Table 3 summarizes the reported pediatric experience with PSCMR with variant pharmacologic agents.

Dobutamine use for pediatric patients is reported and well described in the pediatric literature.¹⁰ Regadenoson use, however, has been increasingly used in the pediatric population and is not as well described. Here we report our institutional protocol. A conceptual framework for this protocol is shown (Figure 1).

disease					
First Author, Year, Country, (Ref.#), N, Median/Mean Age	Diagnoses	Agent used	Findings	Major adverse events	Comments
Noel et al., 2018, USA, (¹²), N = 36, 15 y	ASO	Regadenoson	Perfusion defects were noted in 30.5% of the cases	None	39% of cases underwent catheterization coronary angiog- raphy with excellent agreement with PSCMR results
Raimondi el al., 2018, France, (¹³), N = 132, 17 y	ASO	Dipyridamole	Perfusion defects were noted in 12%	Not reported	A subgroup of patients who underwent anteriorly re-im- planted left CA were noted to have a higher probability for perfusion defects
Noel et al., 2017, USA, (¹⁴), N = 31, 15.8 y	ASO (36%) KD (29%) Aortic root replacement (19%) AAOCA (9.6%) Others (6.4%)	Regadenoson	Perfusion defects were noted in 23% of cases with FPP. None with LGE. 5/7 had concomitant wall motion abnormality	вно	One patient with autism spectrum disorder was unable to complete the stress perfusion portion of the examination
Vijarnsorn et al., 2016, Canada,Thailand, (⁴⁹), N = 48, 10.9 y	KD (39%) ASO (12.5%) Post Heart Transplantation (12.5%) Post AAOCA Repair (11%) Chest Pain (11%) Myocarditis (3%) Post coronary revasculari- zation (3%) Other (8%)	Adenosine (92%) Dipyridamole (8%)	Perfusion defects were noted in 28%. 6 % with LGE without perfusion defect	None	Compared to catheterization coronary angiography, stress perfusion CMR had PPV of 89%, and NPV of 88%
Ntsinjana et al., 2016, UK, (⁵⁰), N = 58, 14.1 y	ASO (60%) KD (14%) ALCAPA post coronary re-implantation (9%) Others (17%)	Adenosine	Perfusion defects were noted in 21%	Two aborted exams due to chest discom- fort in one, and atrial tachycardia in another	Compared to catheterization coronary angiography and CTA, adenosine stress perfusion CMR: sensitivity 100% (95% confidence interval, CI: 71.6-100%), specificity 98% (95% CI: 86.7-99.9%), PPV 92.9% (95% CI: 64.2-99.6%), and NPV 100% (95% CI: 89.9-100%)
Schmitt et al., 2014, Germany, (¹⁶), N = 21, 2.8 y	ALCAPA post repair	Dobutamine	Wall motion abnormalities were noted in 67%. Perfusion defects were noted in 28%	Not reported	PSCMR identified perfusion defects and wall motion abnormalities that were not detected at rest.
					(Continues)

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TABLE 3 Summary of published literature on the use of Pharmacologic Stress Cardiovascular Magnetic Resonance (PSCMR) in the pediatric population and adults with congenital heart

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	Comments	100% agreement in five patients who underwent cath- eterization coronary angiography	Compared to catheterization coronary angiography, stress perfusion CMR showed a sensitivity of 87% and a specificity of 95%	Interobserver agreement was 100% for test positivity and 92% for wall motion scores	The study describes exercise stress response of D-TGA patients following atrial surgical baffling compared to healthy controls	Good agreement was found between CMR evaluation of myocardial perfusion and viability and analysis of seg- mental wall motion with catheterization coronary angiog- raphy, and single photon emission computed tomography (Continues)
	Major adverse events	Not reported	Not reported	None	Not reported	Not reported
	Findings	Perfusion defects were noted in 21.5%	Perfusion defects in 28.5%	One patient had an inducible wall motion abnormality (3.5%)		
	Agent used	Adenosine	Adenosine	Dobutamine	Dobutamine physical exercise	Adenosine (57%) Dipyridamole (29%) Dobutamine (14%)
	Diagnoses	KD (20%) ToF s/p repair (12%) Hypertrophic Cardiomyopathy (8%) ALCAPA post coronary re-implantation (6%) AAOCA (left) post repair (6%) Aortic Stenosis post Ross procedure (5%) CoA post repair (5%) AAOCA (right) post repair (5%) Others (33%)	KD (32%) ASO (21%) AS post Ross procedure (19%) Cardiomyopathies, Myocarditis (13%) Others (16%)	KD 47% ASO 14% Post heart transplant 11% AAOCA (right) post repair 7% ALCAPA post coronary re-implantation 3.5% Others 17.5%	D-TGA patients post Mustard or Senning	Tetralogy of Fallot post repair (16.6%) Left ventricular fibroma (10%) Hypertrophic Cardiomyopathy (3.3%) Post AAOCA (left) (6.6 %) Others (55%)
TABLE 3 (Continued)	First Author, Year, Country, (Ref. #), N, Median/Mean Age	Campbell et al., 2012, USA, (⁵¹), N = 51, 25.6 y	Buechel et al., 2009, Switzerland, (⁸), N = 47, 12 y	Strigl et al., 2009, USA, (¹⁰), N= 28, 7.3 y	Oosterhof et al., 2005, The Netherlands, (⁵²), N= 39, 24 y	Prakash et al., 2004, USA, (⁵³), N = 30, 13 y

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First Author, Year, Country, (Ref. #), N, Median/Mean Age	Diagnoses	Agent used	Findings	Major adverse events	Comments
Zedde et al., 2004, The Netherlands, (⁵⁴), N= 41, 29 y	ccTGA (31%) D-TGA post Intraatrial surgical repair with Senning or Mustard (42%) Healthy controls (27%)	Dobutamine		Not reported	The study compares segmental and global right ventricular function at rest and during stress in patients having a systemic morphologically right ventricle
Dodge-Khatami et al., 2002, The Netherlands, (²⁷), <i>N</i> = 24, 28 y	Unoperated and physiologically repaired ccTGA (54%) Healthy control (46%)	Dobutamine		Not reported	Compared to healthy controls, both patient groups had larger systemic RV volumes, diminished ejection fraction, but an appropriate response to dobutamine stress. Values of unoperated ccTGA patients are closer to normal than physiologically repaired patients
Tulevski et al., 2002, The Netherlands, (⁵⁵), N = 58, 25 y	ccTGA (14%) Atrial Switch (27%) Subpulmonic RV (40%) Controls (19%)	Dobutamine		Not reported	Impaired filling in surgically corrected TGA and decreased contractility in patients with chronic pressure overloaded subpulmonic right ventricles. Dobutamine stress MRI may facilitate follow-up of RV dysfunction in patients with chronic RV pressure overload due to congenital heart disease
Tulevski et al. 2000, The Netherlands, (²⁶), N = 21, 22.8 y	D-TGA post intra-atrial repair with Senning or Mustard (57%) Healthy controls (43%)	Dobutamine		Not reported	The study examined the role of dobutamine stress in the early detection of RV dysfunction in patients with TGA using CMR. The study showed inadequate RV filling possibly due to rigid atrial baffles, and compromised atrial function or decreased RV compliance
Abbreviations: AAOCA, anomalot bicuspid aortic valve; CA, coronar angiogram; D-TGA, dextropositior negative predictive value; PPV, po	is aortic origin of the coronary y artery; ccTGA, congenitally n of the great arteries; DCM, c sitive predictive value; RV, rig	/ arteries; ALCAPA, al corrected transpositi illated cardiomyopath .ht ventricle; ToF, tetr	nomalous left coronary artery from the point of the great arteries; CoA, coarctation by; FPP, first pass perfusion; KD, Kawasa alogy of Fallot.	pulmonary artery n of the aorta; CN iki disease; LGE, I	; AS, aortic stenosis; ASO, arterial switch operation; BAV, AR, cardiac magnetic resonance; CTA, computed tomography ate gadolinium enhancement; LMS, left main stem; NPV,

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TABLE 3 (Continued)

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FIGURE 2 Stress (A, B) and rest (C, D) first pass perfusion imaging showing reversible subendocardial perfusion defects (arrows) at mid and apical inferoseptal and anteroseptal segments. E, Selective left coronary angiogram in RAO 20, CAU 30 orientation demonstrating good sized left main and LAD, with diffuse ectasia of the left system. There is a discrete stenosis of the LAD (arrow) and a second discrete area of stenosis of the circumflex (arrow), just proximal to an obtuse marginal branch

5.2 | Regadenoson imaging protocol

Survey imaging is performed followed by respiratory and vector gated axial stack steady state free precession (SSFP) imaging. Two chamber, four chamber, and short axis cines are obtained to evaluate ventricular volumes and function. Regadenoson is administered and stress myocardial first pass imaging is performed after administering the first dose of gadolinium at 0.05 mmol/kg injected at a rate of 3.5 mL/h or the highest rate the peripheral IV will allow in smaller children. Three slices in ventricular short axis are obtained with a voxel size of $2-2.5 \times 2-2.5 \times 7 \text{ mm}$. Slice thickness can be decreased in smaller patients to 4-5 mm. Repeat short axis cine imaging is performed to assess for ventricular wall motion abnormalities. Once the heart rate approaches the baseline, we proceed with resting perfusion imaging following a second dose of

gadolinium at 0.05 mmol/kg. Another 0.1 mmol/kg of gadolinium is administered for late gadolinium enhancement imaging. 3-D SSFP or three point Dixon (m-Dixon) respiratory navigator sequence is then obtained to evaluate the proximal coronary arteries. In cases where susceptibility artifact is an issue, M-Dixon is institutionally preferred as it better compensates for magnetic field heterogeneity.⁴⁷ Approximately 6-8 minutes after the last dose of gadolinium, myocardial viability is assessed using a phase sensitive inversion recovery sequence in short axis, two chamber, four chamber, and three chamber orientations.¹⁴ Aminophyllin is available as a single dose of 50 mg should side effects of Regadenoson develop. Given recurrent national shortages of Aminophylline, Theophylline and Caffeine can be considered as a substitute reversal agent.⁴⁸ Similar principles apply to dobutamine stress testing however resting perfusion sequence is done before dobutamine administration and cine



FIGURE 3 Stress (A-C) and rest (D-F) first pass perfusion imaging demonstrating fixed defect in basal (A,D) and mid anteroseptal (B, E, arrows) and reversible defect in the apical segment (C, F, arrows). G and H, Four chamber and three chamber view showing transmural LGE of basal anteroseptal segment (arrow). I, Selective left coronary angiogram in LAO 90, CRA 0 orientation demonstrating near total occlusion of LADartery and giant aneurysm with potential thrombus (arrow)

imaging is done during dobutamine infusion to evaluate for work motion abnormalities.

5.3 | Utility of PSCMR in two cases of Kawasaki disease

5.3.1 | Case 1

A 15-year-old female with KD diagnosed at 3 years of age developed giant aneurysms of right and left coronary artery systems. Overtime, there was regression of the aneurysms with resolution on right and persistently small aneurysms on the left coronary artery. She remained clinically asymptomatic on aspirin therapy. Surveillance treadmill exercise stress test demonstrated normal exercise capacity, no symptoms and no electrocardiographic abnormalities. Stable mild residual fusiform dilation of the distal left main coronary artery, proximal left anterior descending (LAD), and circumflex coronary arteries were seen by CMR. Stress first pass perfusion showed subendocardial perfusion defects in the distribution of the LAD not noticed at rest perfusion. Subsequent cardiac catheterization showed a focal area of stenosis in the proximal LAD and circumflex coronary arteries and fractional flow reserve in the left coronary system was abnormal corroborating the myocardial perfusion findings (Figure 2). The patient ultimately underwent catheterizationbased rotational atherectomy and cutting balloon dilation.

5.3.2 | Case 2

A 4-year-old male diagnosed with KD at 2 years of age, developed giant aneurysms of the left main, LAD artery, and right coronary arteries.

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CMR evaluation was notable for giant aneurysms of the left coronary system, hyopkinesis of the basal anteroseptal segment in the LAD distribution, and the global left ventricular systolic function was normal. Myocardial perfusion imaging demonstrated a fixed perfusion defect in the basal and mid anteroseptal walls, and a reversible defect in the apical septal segment. In addition, there was transmural late gadolinium hyperenhancement of the basal anteroseptal segment. Subsequent cardiac catheterization showed near total occlusion of LAD and a giant aneurysm with a questionable thrombus (Figure 3). The patient underwent coronary artery bypass graft of the LAD and posterior descending coronary arteries.

6 | SUMMARY AND CONCLUSIONS

The role and utilization of PSCMR continue to evolve in the evaluation of pediatric age patients with congenital and acquired heart disease at high risk for myocardial ischemia.

Additional studies will hopefully add to our understanding of the indications, benefits, and pitfalls of this robust non-invasive imaging tool and its potential impact in management and prognostication.

AUTHOR CONTRIBUTIONS

All authors read and approved the final manuscript. Conception and design of study: TA and MF Drafting the manuscript: All authors Revision of manuscript: All authors

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How to cite this article: Fares M, Critser PJ, Arruda MJ, et al. Pharmacologic stress cardiovascular magnetic resonance in the pediatric population: A review of the literature, proposed protocol and two examples in patients with Kawasaki disease. *Congenital Heart Disease*. 2019;14:1166–1175. <u>https://doi.</u> org/10.1111/chd.12840