

## Simultaneous, But Not Consecutive, Combination With Folate Salts Potentiates 5-Fluorouracil Antitumor Activity In Vitro and In Vivo

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The combination of folinate salts to 5-fluorouracil (5-FU)-based schedules is an established clinical routine in the landscape of colorectal cancer treatment. The aim of this study was to investigate the pharmacological differences between the sequential administration of folinate salts (1 h before, as in clinical routine) followed by 5-FU and the simultaneous administration of both drugs. Proliferation and apoptotic assays were performed on human colon cancer cells exposed to 5-FU, calcium (CaLV), or disodium (NaLV) levofolate or their simultaneous and sequential combination for 24 and 72 h. TYMS and SLC19A1 gene expression was performed with real-time PCR. In vivo experiments were performed in xenografted nude mice, which were treated with 5-FU escalating doses and CaLV or NaLV alone or in simultaneous and sequential combination. The simultaneous combination of folinate salts and 5-FU was synergistic (NaLV) or additive (CaLV) in a 24-h treatment in both cell lines. In contrast, the sequential combination of both folinate salts and 5-FU was antagonistic at 24 and 72 h. The simultaneous combination of 5-FU and NaLV or CaLV inhibited TYMS gene expression at 24 h, whereas the sequential combination reduced SLC19A1 gene expression. In vivo experiments confirmed the enhanced antitumor activity of the 5-FU+NaLV simultaneous combination with a good toxicity profile, whereas the sequential combination with CaLV failed to potentiate 5-FU activity. In conclusion, only the simultaneous, but not the consecutive, in vitro and in vivo combination of 5-FU and both folinate salt formulations potentiated the antiproliferative effects of the drugs.

**Key words:** Colon cancer; 5-Fluorouracil (5-FU); Calcium levofolate (CaLV); Disodium levofolate (NaLV); Synergism; Thymidylate synthetase (TYMS); SLC19A1

### INTRODUCTION

5-Fluorouracil (5-FU) and other fluoropyrimidines (e.g., capecitabine, UFT, S-1, and TAS-102) still represent essential drugs in combination regimens for the adjuvant or first/second-line treatment of solid tumors such as colorectal neoplasms<sup>1–3</sup>. Their main mechanism of action involves the inhibition of thymidylate synthase (TS) by the active metabolite 5-fluoro-deoxyuridine-monophosphate (5-FdUMP) in the presence of folate (5,10-methylene-tetrahydrofolate), a required cofactor for the reaction<sup>1</sup>. The formation of the ternary complex 5-FdUMP/TS/folate with covalent bonds leads to the stabilization of the complex itself, with prolonged inhibition of TS catalytic activity<sup>1,4</sup>. On the basis of these observations, the modulation of the inhibitory effects of fluoropyrimidines by folinate salts has been developed in preclinical and clinical settings, showing a preclinical enhancement<sup>5–7</sup> and a better clinical response to 5-FU/levofolate combined treatment compared to fluoropyrimidine alone<sup>8</sup>.

Unfortunately, the simultaneous use of folic acid salified with calcium and mixed with the 5-FU caused the precipitation of formed calcium carbonate<sup>9</sup> and subsequent catheter obstruction<sup>10–12</sup>. Indeed, it soon became evident in patients that the simultaneous 5-FU and calcium levofolate (CaLV) mix and infusion in a single catheter was impossible, and 5-FU and CaLV were infused with the aid of two separate pumps<sup>10</sup>. Thereafter, a sequential administration of CaLV followed by 5-FU (administered first as a bolus injection, then as continuous or chronomodulated infusions) was adopted in the clinical routine and now represents the standard therapeutic scheme to which new drugs have been added over the years, such as irinotecan, oxaliplatin, cetuximab, and bevacizumab<sup>13</sup>.

At the beginning of the 2000s, the therapeutic armamentarium included both CaLV and the newer formulation disodium levofolate (NaLV)<sup>14,15</sup>. The latter showed comparable efficacy to CaLV, with an objective response rate of 37.2% in patients with advanced rectal cancer<sup>14</sup>.

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However, it was noted that in 51 evaluable patients, the use of NaLV seemed favorably associated with a best time to progression<sup>14</sup>. More recently, a phase II randomized study of combined infusional NaLV and 5-FU versus the CaLV followed by 5-FU, both in combination with irinotecan or oxaliplatin in patients with metastatic colorectal cancer, showed the same overall response rate in both study arms with comparable safety<sup>16</sup>. The favorable toxicity profile of the simultaneous clinical combination of 5-FU and NaLV was also recently confirmed in a 24-h infusion schedule<sup>17</sup>. The NaLV formulation can be easily administered simultaneously to 5-FU admixed in one ambulatory pump because it does not precipitate in the solution. This characteristic may have several clinical and nursing advantages, such as a shortening of the time necessary for the administration of drugs (with a consequent decrease in human resources) and reduced discomfort for the patient<sup>18</sup>, compared to the sequential administration of CaLV followed by 5-FU.

The aims of the present study were to determine the effects of simultaneous administration of 5-FU and NaLV or CaLV on colon cancer cells compared to the sequential combination of the two drugs (CaLV or NaLV 1-h treatment before 5-FU administration), investigating both the antiproliferative and proapoptotic effects and the changes in thymidylate synthetase (TYMS) and solute carrier family 19 member 1 (SLC19A1) gene expression, and to evaluate the *in vivo* activity of simultaneous/consecutive administration of 5-FU and CaLV or NaLV on human colon cancer xenografts.

## MATERIALS AND METHODS

### *Drugs, Cell Lines, and Reagents*

5-FU, NaLV, and CaLV were generously provided by MEDAC (Wedel, Germany). The drugs were dissolved in sterile water at a concentration of 1 mM before their *in vitro* and *in vivo* use.

The human colon cancer cell lines HT-29 (B-raf mutated) and Caco-2 (wild type) were used between passage 2 and 5 from the original vial obtained from the American Type Culture Collection (Rockville, MD, USA). Cells were cultured in sterile flasks of 75 cm<sup>2</sup> at 37°C and 5% CO<sub>2</sub>. Cells were maintained in RPMI-1640 medium (Sigma-Aldrich, Milan, Italy), supplemented with penicillin (50 IU/ml), streptomycin (50 µl/ml), and with 10% fetal bovine serum (FBS) for the entire duration of *in vitro* experiments.

Each cell line was characterized for polymorphisms in the promoter region of the TS gene [thymidylate synthase enhancer region (TSER)] by polymerase chain reaction (PCR) amplifying a fragment containing 2 (TSER\*2, 2R) or three repeats (TSER\*3, 3R) of 28 base pairs (bp) in a thermocycler ABI PRISM 9700 (Life Technologies, Thermo Fisher Scientific Corporation, Carlsbad, CA, USA) using the following primers<sup>19</sup>: 5'-GTGGCTCCT

GCGTTTCCCCC-3' (forward) and 5'-TCCGAGCCGG CCACAGGCAT-3' (reverse).

PCR analysis was performed in a total volume of 25 µl containing 200 ng of DNA, 2 µl of 10 mM each primer, 0.5 µl of 10 mM deoxynucleotide mix (Sigma-Aldrich), 0.15 U of 5 U/µl GoTaq<sup>®</sup> DNA Polymerase (Promega, Milan, Italy), 2.5 µl of 5× buffer with MgCl<sub>2</sub> (Promega), and DNase/RNase-free water. Cycling conditions were 1 cycle at 94°C for 5 min with a hot start; 30 cycles of 40 s at 94°C, 1 min at 62°C, and 40 s at 72°C; and 1 cycle elongation for 5 min at 72°C<sup>20</sup>. PCR products were maintained at 4°C until electrophoresis on 3% agarose gel labeled with ethidium bromide.

### *Antiproliferative Effects of Drugs*

Cells were seeded into sterile 24-well plates (3×10<sup>6</sup> cells/well). After 24 h, cells were treated with 5-FU, CaLV, and NaLV (from 0.01 to 100 µM) for 24, 48, and 72 h, whereas a group of control cells were exposed to vehicle alone (saline). After exposure, the cells were detached, and viable cells were counted by the ADAM-MC cell counter (Digital Bio; NanoEnTek Inc., Seoul, South Korea) as previously described<sup>21</sup>. Results were expressed as a percentage of the vehicle-treated control. The concentration level of the drugs that induced 50% of cell proliferation inhibition (IC<sub>50</sub>) was calculated using the software GraphPad Prism v. 5.0 (GraphPad Software Inc., San Diego, CA, USA) with a nonlinear regression method. Each experiment was conducted in triplicate, considering nine wells for each drug concentration tested.

### *In Vitro Combination Studies*

To evaluate the type of interaction (i.e., synergistic, additive, and antagonistic) between the drugs, 5-FU combined with NaLV or CaLV was explored with two different treatment schedules for 24 and 72 h at a fixed molar concentration ratio of 1:1 in HT-29 and Caco-2 cells, as follows: (a) a simultaneous exposure with 5-FU (0.1–100 µM) plus NaLV or CaLV (0.1–100 µM) for 24 or 72 h; (b) a sequential exposure with NaLV or CaLV (0.1–100 µM) given alone for 1 h, then 5-FU (0.1–100 µM) plus NaLV or CaLV (0.1–100 µM) were added for 24 or 72 h. After drug exposure, the media of cell cultures were discarded, and cells were counted. Each experiment was conducted in triplicate, considering nine wells for each drug concentration tested.

The effect of combination treatments was then assessed by the software CalcuSyn v. 2.0 (Biosoft, Cambridge, UK) using the method of Chou<sup>22</sup>. Briefly, the synergistic, additive, or antagonistic effect of 5-FU plus NaLV or CaLV was calculated on the basis of the multiple drug-effect equation and quantified by the combination index (CI), where CI < 1, CI = 1, and CI > 1 indicate synergism, additive effect, and antagonism, respectively. Based on the

classic isobologram, the CI value was calculated according to the formula:  $CI = [(D)_1/(Dx)_1] + [(D)_2/(Dx)_2]$ , where  $(Dx)_1$  and  $(Dx)_2$  are the  $IC_{50}$  values of the two drugs used alone, whereas  $(D)_1$  and  $(D)_2$  are the concentrations of the two drugs in combination to inhibit 50% cell growth.

#### *Evaluation of Apoptosis*

To quantify the apoptosis induced by the aforementioned pharmacological treatments, HT-29 and Caco-2 cell lines were treated for 24 h alone and in combination with 5-FU (2  $\mu$ M), NaLV (2  $\mu$ M), and CaLV (2  $\mu$ M) (at the fixed molar concentration ratio of 1:1). After incubation with drugs, cells were collected and analyzed using the Cell Death Detection ELISA Plus Kit (Roche, Basel, Switzerland) as per the manufacturer's instructions. The optical density was measured using a Multiskan Spectrum microplate reader (Thermo Labsystems, Milan, Italy) set to a wavelength of 405 nm (with a wavelength of 490-nm correction). All experiments were repeated three times with at least three replicates per sample.

#### *Evaluation of TYMS and SLC19A1 Gene Expression*

The assessment of TYMS and SLC19A1 gene expression in tumor cells, exposed for 24 h alone and in combination with 2  $\mu$ M 5-FU, 2  $\mu$ M NaLV, and 2  $\mu$ M CaLV (at the fixed molar concentration ratio of 1:1), was conducted measuring mRNA concentrations using the PCR after reverse transcription (RT-PCR). The mRNA concentration ( $\mu$ g/ $\mu$ l) was determined by measuring the absorbance at a wavelength of 260 nm. The reverse transcription reaction was carried out in a volume of 20  $\mu$ l of a mixture containing the extracted RNA (2  $\mu$ g), dNTP (0.8 mM), oligo (DT6) primers (50  $\mu$ g/ $\mu$ l), MLV-RT (10 U/ $\mu$ l), 5 $\times$  RT buffer, DTT (5 mM), and RNase inhibitor (2.5 U/ $\mu$ l). Reaction mixture was incubated at 37°C for 1 h in an ABI PRISM 9700 thermocycler (Life Technologies), and the cDNA was stored at -20°C.

The quantification of gene expression (RT-PCR) of TYMS (assay ID: Hs00426586\_m1), SLC19A1 (assay ID: Hs00953344\_m1), and the endogenous control gene GAPDH (glyceraldehyde-3-phosphate dehydrogenase) (assay ID: 4326317E) was performed using TaqMan primers and probes (Life Technologies). Amplification reactions were performed in triplicate in 96-well plates in a total volume of 25  $\mu$ l, containing cDNA equivalent to 20 ng of total RNA (5  $\mu$ l), primers at optimal concentrations, 100 nM probe, and 12.5  $\mu$ l of TaqMan Universal PCR master mix (Life Technologies). PCR was performed according to the following steps: 50°C/2 min, 95°C/10 min, then 40 cycles at 95°C/15 s and 60°C/1 min. Data were analyzed by PCR using the ABI PRISM program 7900HT Sequence Detector Software (Life Technologies). All experiments were repeated three times with at least three replicates per sample.

The PCR thermal cycling conditions and the optimization of primer concentrations were as per the manufacturer's instructions. Amplifications were normalized to GAPDH, and the quantification of gene expression was performed using the  $\Delta\Delta$ Ct calculation, where Ct is the threshold cycle. The amount of target, normalized to the endogenous control and relative to the calibrator (i.e., vehicle-treated control cells), was calculated using the formula  $2^{-\Delta\Delta$ Ct}.

#### *Animals*

Athymic Nude-Foxn1<sup>nu</sup> male mice, weighing 25 g, were supplied by Envigo (Milan, Italy) and were allowed unrestricted access to sterile food and water. Housing and all procedures involving animals were performed according to the protocol first approved by the Academic Organization Responsible for Animal Welfare [Organismo Preposto per il Benessere Animale (OPBA)] of the University of Pisa, in accordance with the Italian law D.lgs. 26/2014, and by the Italian Ministry of Health (Authorization No. 557/2015-PR). Each experiment employed the minimum number of mice needed to obtain statistically meaningful results.

#### *Subcutaneous HT-29 Xenografts*

Animals were anesthetized with a combination (1:1) of tiletamine and zolazepam (Zoletil<sup>®</sup>), 50 mg/kg, IP before the inoculation procedure. HT-29 cell viability was assessed by trypan blue dye exclusion, and on day 0,  $1.3 \times 10^6 \pm 5\%$  cells per mouse were inoculated subcutaneously between the scapulae in 0.2 ml of culture medium without FBS, using an insulin syringe with a 0.5 $\times$ 16-mm needle. Animal weights were monitored, and upon the appearance of a subcutaneous mass, tumor dimensions were measured using calipers (by two trained and expert technicians, independently). Caliper measurements were carried out every 2 days to determine tumor growth and tumor volume. Tumor volume ( $\text{mm}^3$ ) was measured as follows:  $[(w_1 \times w_1 \times w_2) \times (\pi/6)]$ , where  $w_1$  and  $w_2$  were the smallest and the largest tumor diameter (mm), respectively. The mice were randomized into groups of six animals ( $n=6$ ) and were administered with the experimental schedules when the mean of tumor volumes was around 100  $\text{mm}^3$ . Data analysis was conducted by an investigator blinded to which group of animals represented treatments or controls.

Three different experiments were performed using escalating doses of 5-FU. In the first experiment, animals were randomized into four groups: group 1 (control group) was administered with vehicle alone (saline); group 2 received 5-FU (50 mg/kg, IP) once a week; group 3 received the CaLV (50 mg/kg, IP) once a week (slow infusion), followed 1 h later by 5-FU (50 mg/kg, IP); and group 4 was treated with 5-FU (50 mg/kg, IP) and NaLV (50 mg/kg) simultaneously in the same syringe. In the second experiment, animals were randomized into five groups: group 1

**Table 1.** IC<sub>50</sub> Values of Single Drugs After 24, 48, and 72 h of In Vitro Exposure

Drugs	HT-29	CaCo-2
	[IC <sub>50</sub> ±SD (μM)]	[IC <sub>50</sub> ±SD (μM)]
5-FU 24 h	12.27±0.93	14.56±4.84
5-FU 48 h	7.57±2.58	11.20±3.63
5-FU 72 h	0.45±0.01	1.324±0.50

(control group) was administered with vehicle alone (saline); group 2 received 5-FU (100 mg/kg, IP) once a week; group 3 received CaLV (50 mg/kg, IP) once a week (slow infusion), followed 1 h later by 5-FU (100 mg/kg, IP); and group 4 and group 5 were treated with the simultaneous combination of 5-FU (100 mg/kg, IP) plus NaLV (50 mg/kg) (in the same injection) or CaLV (50 mg/kg, IP) (in separate injections), respectively. In the last experiment, animals were randomized into five groups: group 1 (control group) was administered with vehicle alone (saline); group 2 received 5-FU (150 mg/kg, IP) once a week; group 3 received CaLV (50 mg/kg, IP) once a week (slow infusion), followed 1 h later by 5-FU (150 mg/kg, IP); and group 4 and group 5 were treated with the simultaneous combination of 5-FU (150 mg/kg, IP) plus NaLV (50 mg/kg) (in the same injection) or CaLV (50 mg/kg, IP) (in separate injections), respectively. At the end of the study, animals were sacrificed with an overdose of anesthetic.

#### Statistical Analysis

Analysis of variance (ANOVA), followed by Student–Newman–Keuls test, was used to compare data among different groups for in vitro and in vivo experiments. Values of  $p < 0.05$  were considered significant. Statistical analyses were performed using the GraphPad Prism software package version 5.0.

## RESULTS

### 5-FU Inhibited Tumor Cell Proliferation in a Time- and Concentration-Dependent Manner

The analysis of DNA extracted from both HT-29 and CaCo-2 cells revealed a TS promoter genotype of TSER 2/2.

5-FU has shown a significant time- and concentration-dependent inhibitory activity on cell proliferation. Indeed, the maximum effect of 5-FU was obtained in HT-29 cells at 72 h (IC<sub>50</sub>s: 0.45±0.01 μM), whereas the CaCo-2 cell line was slightly less sensitive to 5-FU concentrations at all the time points (e.g., 1.32±0.50 μM at 72 h). Table 1 shows all the calculated IC<sub>50</sub>s at 24, 48, and 72 h for the 5-FU drug in both colon cancer cell lines. The in vitro NaLV and CaLV IC<sub>50</sub>s were experimentally achieved in order to calculate the synergistic, additive, or antagonistic interaction between drugs, but resulted extremely high (>50 μM) in both cancer cell lines at all the time points (data not shown).

### In Vitro Studies of Simultaneous or Consecutive Combination of 5-FU and NaLV or CaLV After 24 or 72 h of Exposure

In order to mimic the clinical settings of the simultaneous infusion of NaLV plus 5-FU and the consecutive administration of CaLV 1 h before 5-FU injection, both the in vitro schedules were studied at 24 and 72 h.

### Synergistic and Additive Effects of Simultaneous Combination of 5-FU and NaLV or CaLV After 24 h of Exposure

Simultaneous exposure of HT-29 and CaCo-2 cells to different concentrations of 5-FU and NaLV for 24 h showed a strong synergism for 50% fraction of affected cells (CI<1) (Table 2). Interestingly, also the simultaneous treatments of 5-FU and CaLV for 24 h in both CaCo-2 and HT-29 cells had additive effects for 50% fraction of affected cells (CI equal or around 1) (Table 2).

### Antagonistic Effects of the Sequential Treatment of NaLV or CaLV (1 h) Followed by 5-FU After 24 h of Exposure

Sequential exposure of HT-29 cells to different concentrations of NaLV (1 h before) and then to 5-FU for 24 h showed an unexpected antagonism for all the percentages of fraction affected cells (CI>1) (Table 2). Furthermore, the sequential treatments of CaLV (1 h) followed by 5-FU for 24 h in HT-29 cells were strongly

**Table 2.** Combination Index (CI) Values at 50% of Affected Cell Fraction in Human HT-29 and CaCo-2 Colon Cancer Cells After 24 and 72 h of Simultaneous and Consecutive Combination Treatment of 5-Fluorouracile (5-FU) and Sodium Levofolinat (NaLV) or Calcium Levofolinat (CaLV)

Cell Line	Simultaneous Treatment 5-FU+NaLV or CaLV				Consecutive Treatment NaLV or CaLV (1 h) → 5-FU			
	24 H		72 H		24 H		72 H	
	NaLV	CaLV	NaLV	CaLV	NaLV	CaLV	NaLV	CaLV
HT-29	0.427	1.340	0.811	0.906	4.136	32.462	9.297	2.584
CaCo-2	0.793	1.063	0.962	27.974	4.923	7.778	12.622	23.076

antagonistic for a 50% fraction of affected cells (CI>1) (Table 2).

*Different Effects of the Simultaneous Treatments of 5-FU and NaLV or CaLV After 72 h of Exposure in the Two Cell Lines*

Simultaneous exposure of Caco-2 and HT-29 cells to different concentrations of 5-FU and NaLV for 72 h showed a synergistic effect for a 50% fraction of affected cells (CI<1) (Table 2). In contrast, the simultaneous treatments of 5-FU and CaLV for 72 h in Caco-2 cells resulted as frankly antagonistic (CI>1) (Table 2), whereas a moderate synergistic effect was maintained in the more sensitive HT-29 cell line (Table 2).

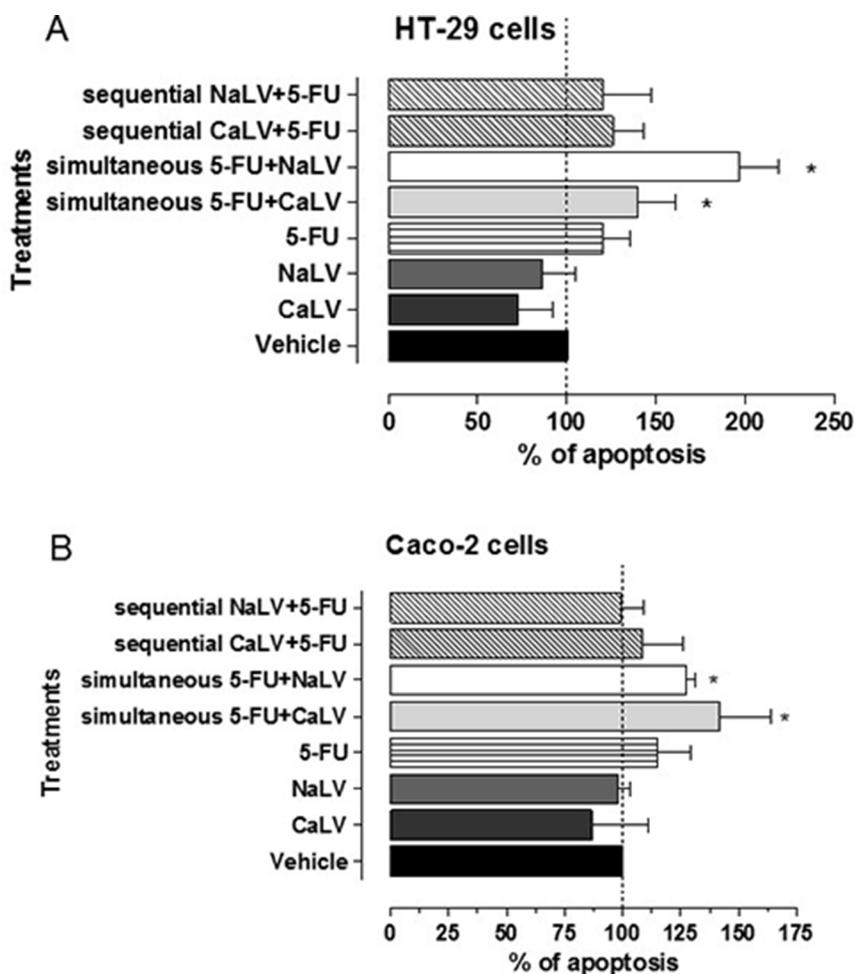
*Antagonistic Effects of the Sequential Treatment of NaLV or CaLV (1 h) Followed by 5-FU After 72 h of Exposure*

Sequential exposure of Caco-2 and HT-29 cells to different concentrations of NaLV (1 h before) and then to

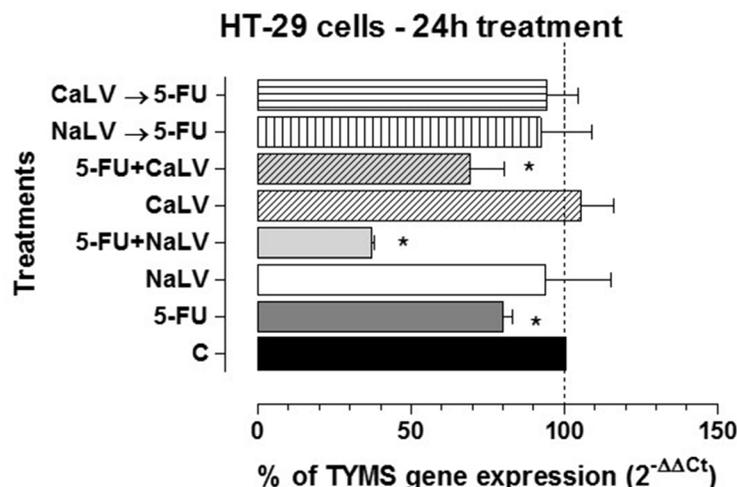
5-FU for 72 h showed a marked antagonism for a 50% fraction of affected cells (CI>1) (Table 2). Moreover, the sequential treatments of CaLV (1 h) followed by 5-FU for 72 h in both cell lines were highly antagonist for half of affected cells (CI>1) (Table 2).

*Induction of Apoptosis by the Simultaneous Combination of 5-FU and NaLV or CaLV in Colon Cancer Cells*

The extent of DNA fragmentation was significantly higher after 24 h in HT-29 cells treated with the simultaneous combination of 5-FU and NaLV ( $p<0.05$  vs. vehicle-treated cells) (Fig. 1A) and, although to a minor extent, with the simultaneous combination of 5-FU and CaLV ( $p<0.05$  vs. vehicle-treated cells) (Fig. 1B). Both NaLV and CaLV alone did not modulate the apoptotic process after 24 h. Interestingly, both the sequential combinations (CaLV or NaLV followed by 5-FU) slightly enhanced the presence of chromatin fragments, but they did not reach a statistical significance when



**Figure 1.** Apoptotic effects of sequential and simultaneous combinations of 5-fluorouracile (5-FU) (2 μM), NaLV (2 μM), and CaLV (2 μM) on HT-29 (A) and Caco-2 (B) colon cancer cell lines treated for 24 h. Columns and bars indicate mean values±SD, respectively. \* $p<0.05$  versus vehicle-treated controls.



**Figure 2.** TYMS gene expression in HT-29 cells exposed for 24 h to 5-FU alone and to the sequential and simultaneous combinations of 5-FU (2  $\mu$ M), NaLV (2  $\mu$ M), and CaLV (2  $\mu$ M). Columns and bars indicate mean values  $\pm$ SD, respectively. \* $p$ <0.05 versus vehicle-treated controls.

compared to Caco-2 and HT-29 vehicle-treated cells (Fig. 1A and B).

#### *5-FU and NaLV or CaLV Simultaneous Combination Inhibited TYMS Gene Expression in Colon Cancer Cells*

To study the effect of the treatment with 5-FU, NaLV, and CaLV alone and in simultaneous or sequential combination on the variation of TYMS expression, the gene expression of the 5-FU target was quantified in the HT-29 colon cancer cell line after 24 h. Figure 2 shows significant inhibition ( $p$ <0.05 vs. vehicle-treated cells) of the TYMS expression of cancer cells by 5-FU treatment and, above all, by the simultaneous combination of 5-FU and NaLV or CaLV (although in a lesser extent). Both NaLV and CaLV alone seem not to significantly change the TYMS gene expression. The sequential combination of NaLV or CaLV (1 h) and then 5-FU did not significantly change the TYMS expression after 24 h when compared to vehicle-treated cancer cells (Fig. 2).

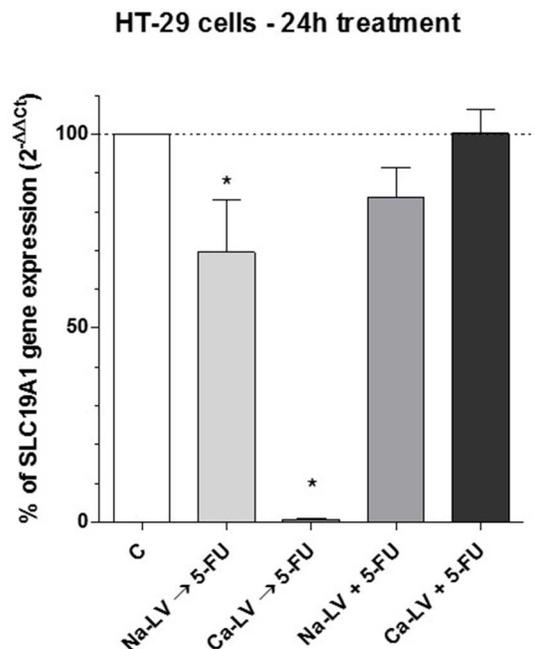
#### *NaLV or CaLV and 5-FU Sequential Combination Inhibited SLC19A1 Gene Expression in HT-29 Colon Cancer Cells*

To investigate the effect of treatment with 5-FU, NaLV, and CaLV alone and in simultaneous or sequential combination on the variation of SLC19A1, expression were quantified in HT-29 colon cancer cell line exposed for 24 h. Figure 3 shows the significant inhibition ( $p$ <0.05 vs. vehicle-treated cells) of the SCL19A1 expression of cancer cells by the sequential NaLV (1 h before) plus 5-FU treatment and, above all, by the sequential CaLV (1 h before) plus 5-FU treatment. On the contrary, the simultaneous combination of NaLV or CaLV plus 5-FU did not significantly change the SCL19A1 expression

after 24 h when compared to vehicle-treated cancer cells (Fig. 3), as well as the drugs administered alone.

#### *HT-29 Colon Cancer Tumor Xenografts In Vivo Studies*

To evaluate the in vivo effect of the treatments on subcutaneous HT-29 tumors, three different experiments



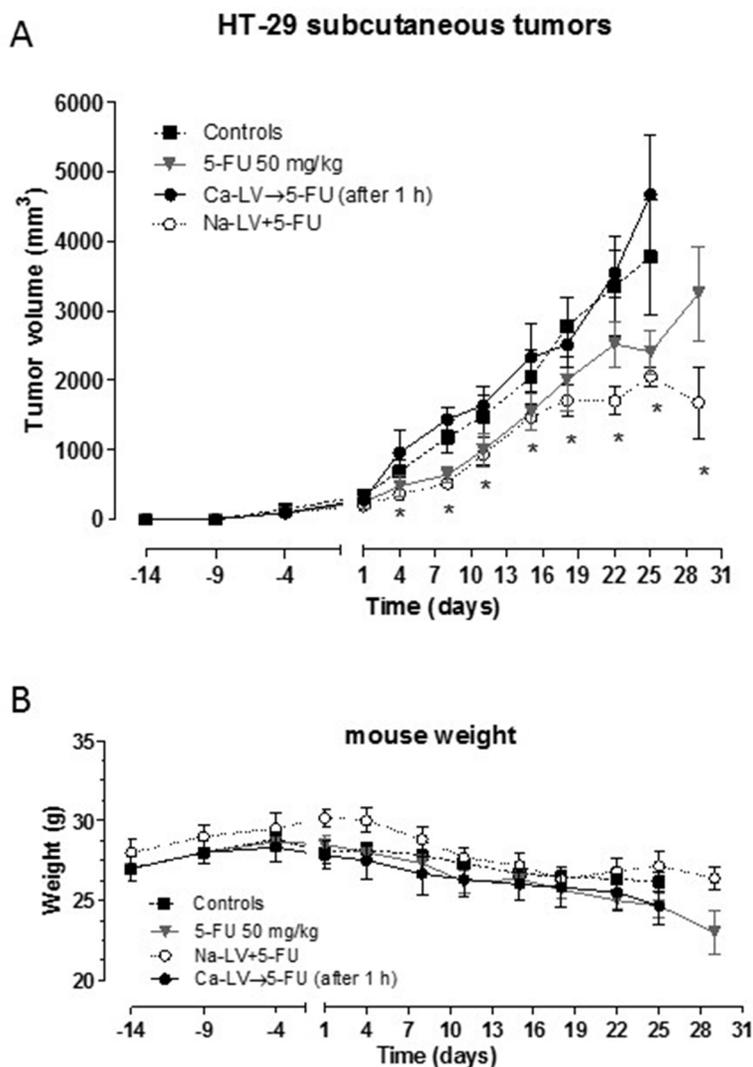
**Figure 3.** SCL19A1 gene expression in HT-29 cells exposed for 24 h to sequential and simultaneous combinations of 5-FU (2  $\mu$ M), NaLV (2  $\mu$ M), and CaLV (2  $\mu$ M). Columns and bars indicate mean values  $\pm$ SD, respectively. \* $p$ <0.05 versus vehicle-treated controls.

were performed using escalating doses of 5-FU (50, 100, and 150 mg/kg) combined with NaLV (50 mg/kg) or CaLV (50 mg/kg) simultaneously, and in the case of CaLV also in a sequential manner.

#### Experiment With 5-FU Dose of 50 mg/kg

HT-29 cells injected subcutaneously in CD nu/nu mice grew quite rapidly, and tumor masses became detectable 6–10 days after xenotransplantation. Tumors in control animals showed a progressive enlargement in their dimensions, and a mean volume of 3,774 mm<sup>3</sup> was reached at the end of the experimental period at day 25 (Fig. 4A). Both 5-FU alone and the simultaneous combination of 5-FU+NaLV were able to significantly inhibit

tumor growth, and their therapeutic effects were significant starting on the fourth day after the beginning of the therapeutic schedule compared to controls (Fig. 4A). However, the simultaneous combination maintained a significant inhibitory effect during the entire experimental period. Indeed, the tumor growth curve of NaLV+5-FU showed a divergent profile than that of 5-FU alone starting at day 18. On the contrary, in the group of animals receiving the combined, but sequential, treatment with CaLV followed 1 h later by 5-FU, the reduction in tumor growth was not present, and the profile of the curve was superimposable to the one of controls (Fig. 4A). Animals of both controls and CaLV+5-FU combination groups were sacrificed at day 25 for the high tumor volumes.



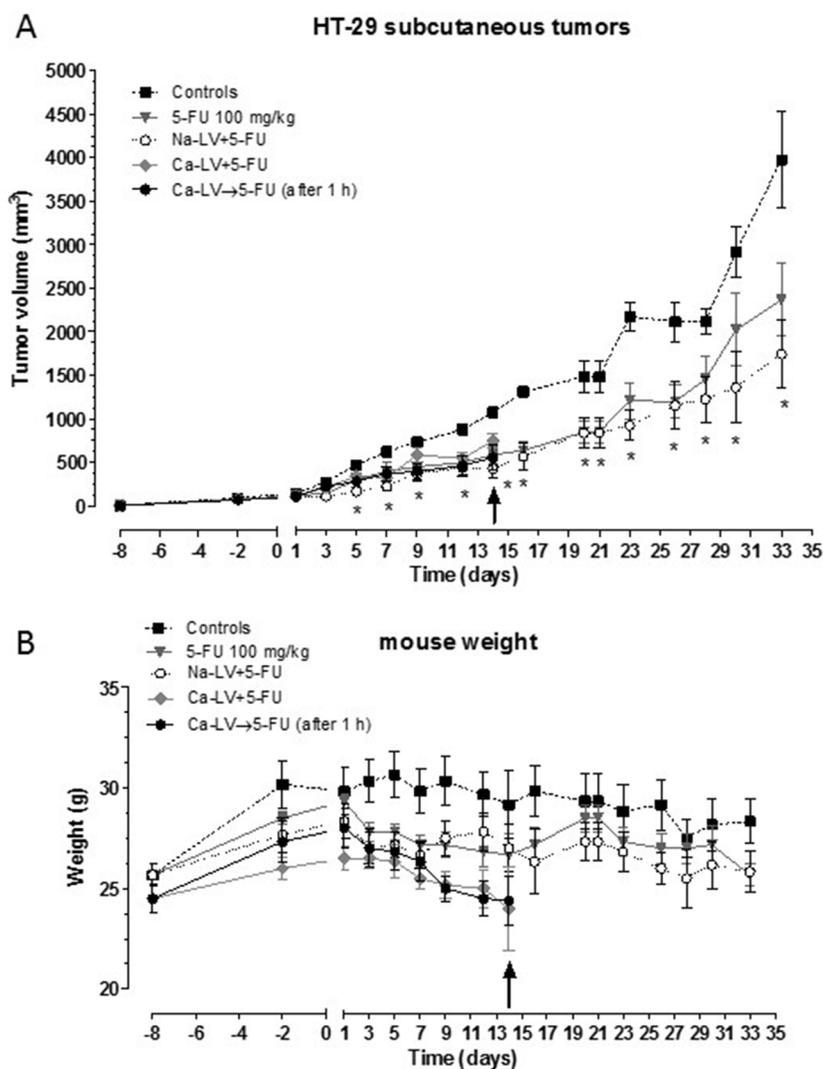
**Figure 4.** (A) Chemotherapeutic effect of 5-FU (50 mg/kg, IP) alone and in simultaneous or sequential combination with NaLV or CaLV (50 mg/kg, IP) on HT-29 tumors xenotransplanted in CD nu/nu mice ( $n=6$  for each group).  $*p<0.05$  with respect to controls. Symbols and bars: mean  $\pm$  SD. (B) Body weight of HT-29 tumor-bearing control mice and mice treated with 5-FU alone or in simultaneous or sequential combination with folinate salts. Symbols and bars: mean  $\pm$  SD.

Interestingly, all the drug schedules showed a constant tumor increase in all the treated groups, but with a significant delay in the case of the 5-FU+NaLV combination treatment. The toxicity profile was favorable at this dose level and acceptable for all treatment groups, with a small loss of weight throughout the course of the experiment (Fig. 4B).

#### Experiment With 5-FU Dose of 100 mg/kg

Injected HT-29 cells grew rapidly, and tumor masses became detectable 6 days after xenotransplantation. A mean volume of 3,973 mm<sup>3</sup> was reached at day 34 when animals of the control group were sacrificed (Fig. 5A). Both

5-FU and the simultaneous association of 5-FU+NaLV were able to significantly inhibit tumor growth, and their efficacy became significant starting on the seventh and the fifth days, respectively, after the beginning of treatments compared to controls (Fig. 5A). On average, the 5-FU+NaLV schedule was more effective, especially from day 23 until the end of the experiment. It is noteworthy that in the groups of animals receiving the simultaneous and sequential combination of 5-FU+CaLV, the initial response was superimposable to the 5-FU-alone group and significantly different from controls until day 14 (Fig. 5A). However, at that day the experimental period finished due to their toxicity profiles as described below.

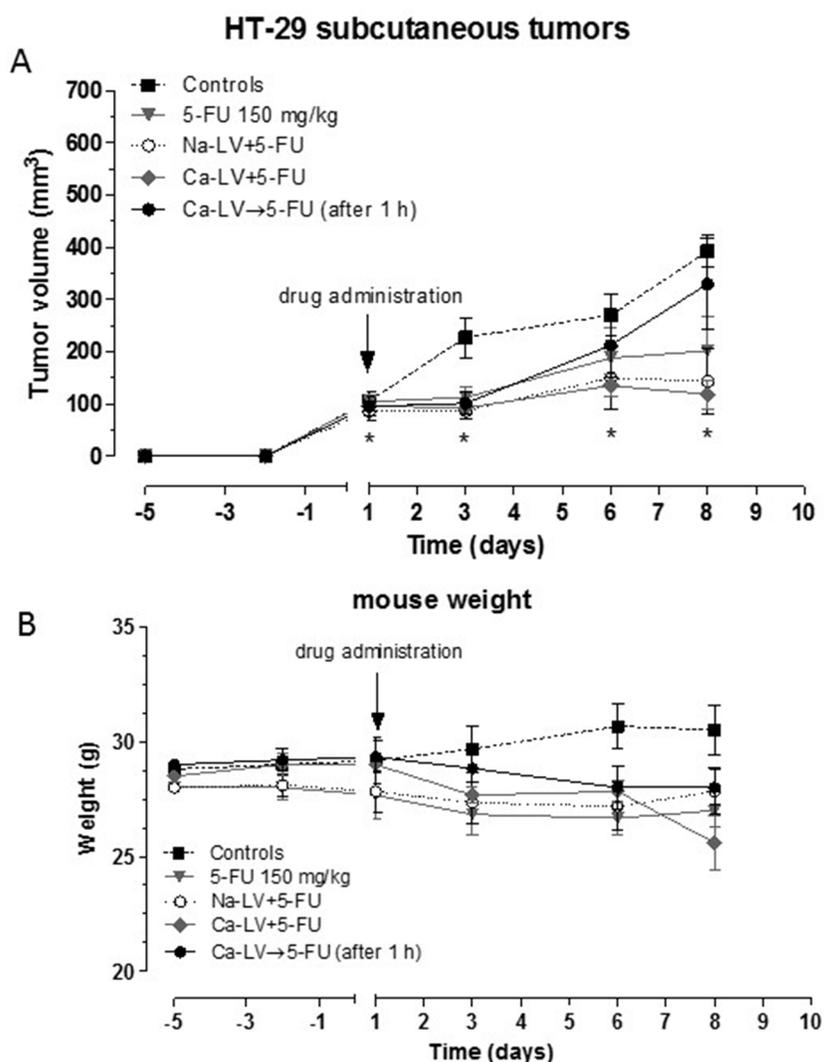


**Figure 5.** (A) Chemotherapeutic effect of 5-FU (100 mg/kg, IP) alone and in simultaneous or sequential combination with NaLV or CaLV (50 mg/kg, IP) on HT-29 tumors xenotransplanted in CD nu/nu mice ( $n=6$  for each group). \* $p<0.05$  with respect to controls. Symbols and bars: mean  $\pm$  SD. (B) Body weight of HT-29 tumor-bearing control mice and mice treated with 5-FU alone or in simultaneous or sequential combination with folinate salts. Both the simultaneous 5-FU+CaLV combination and the sequential CaLV and 5-FU association caused a severe loss of mouse weight requiring fluid therapy (0.9% saline) at day 12, and then at day 14 the ethical sacrifice of all the animals (arrow). Symbols and bars: mean  $\pm$  SD.

Figure 5B shows the toxicity profiles of the four different treatment schedules. Both the 5-FU and 5-FU+NaLV treatments were favorable and acceptable with a minor loss of weight throughout the course of the treatment (Fig. 5B), whereas both the simultaneous 5-FU+CaLV combination and the sequential CaLV and 5-FU association caused a severe toxicity and a loss of weight that necessitated veterinary assistance at day 12 with an immediate fluid therapy (0.9% saline) and then at day 14, due to the nadir of body weight loss, the ethical sacrifice of all the animals, as suggested by guidelines (Fig. 5B, arrow). It is noteworthy that the animals belonging to the simultaneous 5-FU+NaLV combination group had a similar body weight profile to those treated with 5-FU alone (Fig. 5B).

#### Experiment With 5-FU Dose of 150 mg/kg

Tumors in control animals showed a rapid enlargement in their dimensions; a mean volume of 392 mm<sup>3</sup> was reached at day 8 when the experiment was closed (Fig. 6A). Both the simultaneous combinations of 5-FU+NaLV and 5-FU+CaLV were able to significantly inhibit the tumor, and their efficacy became significant starting on the third day, after the single injection of high-dose 5-FU compared to controls (Fig. 6A). On average, the simultaneous combination schedules were more effective if compared to 5-FU alone and to the sequential administration of CaLV followed by 5-FU. Interestingly, after day 6 the initial response of this schedule was lost, and the tumor volumes of this group of mice started to grow similarly to the controls (Fig. 6A).



**Figure 6.** (A) Chemotherapeutic effect of the single injection of 5-FU (150 mg/kg, IP) dose alone and in simultaneous or sequential combination with NaLV or CaLV (50 mg/kg, IP) on HT-29 tumors xenotransplanted in CD nu/nu mice ( $n=6$  for each group).  $*p<0.05$  with respect to controls. Symbols and bars: mean  $\pm$  SD. (B) Body weight of HT-29 tumor-bearing control mice and mice treated with 5-FU alone or in simultaneous or sequential combination with folinate salts. Symbols and bars: mean  $\pm$  SD.

However, at that day the experimental period finished due to their toxicity profiles as described below.

Figure 6B shows the toxicity profiles of the four different treatment schedules. At the high 5-FU dose, weight loss is immediate for all the treated groups. Since the primary objective of this experiment was to establish the rapid antitumor effects of the schedules, the mice were sacrificed before the expected development of severe toxicity and weight loss caused by the administration of the 5-FU dose.

## DISCUSSION

The association of folinate salts to 5-FU-based schedules is an established clinical routine in the landscape of colorectal cancer treatment because it has been experimentally proven to be active in past observations both in preclinical<sup>5-7</sup> and clinical settings<sup>8,23</sup>.

In vitro experiments of the early 1990s<sup>7,24</sup> suggested that prolonged simultaneous exposure to both 5-FU and folinic acid would increase cytotoxicity in human cancer cell lines in a schedule-dependent manner. Moreover, it was demonstrated that simultaneous prolonged exposure to folinic acid during 5-FU administration might be optimal for the intracellular formation of the stable ternary complex with thymidilate synthase, 5-FU metabolites, and folinic acid derivatives<sup>25</sup>. Ardalan and colleagues first translated these preclinical data in the clinical setting, treating patients with the simultaneous administration of 5-FU and CaLV<sup>10</sup>. However, the crystallization of calcium salts with the consequent blockage of catheters led the authors to use two separate pumps<sup>10</sup> in order to finish the clinical study. Based on these evidences, a 1- or 2-h infusion of CaLV preceding 5-FU administration was introduced into the clinic for its better practicability<sup>26</sup>. This schedule became widely used, especially in European countries. However, as well pointed out by Luftner and colleagues in an editorial appearing in 2003, "this mode of application represented a compromise between the need for one IV device only and the pharmacological rationale of parallel toxification of 5-FU by folinic acid. However, keeping in mind the half lives of folinic acid with approximately 7 h and 5-FU with a few minutes, this compromise a priori renounces optimal toxification of 5-FU, especially towards the end of the 24-h infusion"<sup>27</sup>.

The aim of the present study was to better investigate whether there were relevant pharmacological differences between the sequential administration of folate salts (1 h before) followed by 5-FU (a schedule adopted in the clinical routine mainly for practical reasons rather than on the basis of experimental results) and the simultaneous administration of both drugs in in vitro and in vivo settings. Indeed, our in vitro data seem to suggest some important differences on the activity of the combination of 5-FU and NaLV or CaLV in both colon cancer cell

lines with the same TSER genetic profile but with different mutation status (i.e., HT-29 B-raf mutated, Caco-2 wild type). As expected by the previous published scientific literature, the simultaneous combination of both folinate salts with 5-FU enhanced the antiproliferative activity of the chemotherapeutic drug; in particular, the association of NaLV and 5-FU was synergistic at 24 and 72 h, whereas the combination with CaLV was simply additive in the 24-h schedule. Instead, and surprisingly, the sequential combination of NaLV or CaLV (1 h before) and then 5-FU resulted not in an additive but in an antagonistic effect in a 24- and 72-h treatment. Moreover, the simultaneous combination (but not the sequential one) of 5-FU and NaLV or CaLV (although to a lesser extent) significantly increased the percentages of apoptotic cells after the 24-h treatments.

A possible explanation for this counterintuitive antagonistic effect may come from the gene expression analysis of treated cancer cells. Indeed, the sequential combination (but not the simultaneous one) of 5-FU and CaLV or NaLV (although to a much lesser extent) significantly inhibited the folate transporter SLC19A1 gene expression after 24 h of exposure. SLC19A1/RFC-1 is ubiquitously expressed and is the major folate transporter in mammalian cells and tissues<sup>28,29</sup>. The SLC19A1/RFC-1 gene encodes the reduced folate carrier, which functions optimally at physiological pH, transferring reduced folates, including leucovorin, into the cells<sup>30</sup>. Interestingly, Odin and colleagues<sup>31</sup> significantly associated SLC19A1/RFC-1 expression with the disease-free survival of colorectal cancer patients treated with a 5-FU-based therapy using leucovorin. The authors suggested that the poor response to 5-FU plus leucovorin therapy in some patients was linked to low expression of this gene<sup>31</sup>. The low expression of the folate transport gene SLC19A1/RFC-1 in tumor cells after the sequential administration of the two drugs would result in lower levels of intracellular folates, and a reduced stabilization of the ternary complex comprising the active cofactor 5,10-methylenetetrahydrofolate, the TS, and fluorinated dUMP, and may correlate with a decreased effect of the combination, measured by antiproliferative and proapoptotic activities. On the contrary, the simultaneous combination of folinate salts and 5-FU did not alter the transporter expression, making available a higher amount of stable ternary complexes with a strong synergistic antiproliferative effect. This result is unlikely related to 5-FU, considering that this drug enters the cells by transport mechanisms unrelated to SLC19A1/RFC-1<sup>32</sup>.

However, other folate pathway genes than the analyzed SLC19A1/RFC-1 are likely to be of importance. For instance, expression of the gene TYMS, which encodes the 5-FU target TS, is known to affect response to treatment<sup>33</sup>. In our experiments, the simultaneous combination

(but not the sequential one) of 5-FU and NaLV or CaLV (although in a lesser extent) significantly inhibited TYMS gene expression after 24 h of exposure. Of note, TYMS is known to play a central role in 5-FU response to therapy because the higher expression of TYMS has been previously reported to be associated with resistance to 5-FU<sup>34,35</sup>. Among the resistance mechanisms reported so far, tumors with elevated TYMS have been shown to have highly proliferative and metastatic characteristics<sup>36</sup>; moreover, 5-FU sensitivity and patients' survival have been inversely related to the level of TYMS protein and enzymatic activity in cancer cells, and 5-FU-resistant tumors commonly express high levels of TYMS protein<sup>37</sup>. Thus, it is conceivable, at least in vitro, that the sequential administration, differently from the simultaneous one, of folinate salts and 5-FU may cause an antagonistic effect through the significant inhibition of the transport mechanism of folate, whereas the simultaneous combination of drugs may synergize its effects through the significant decrease in TYMS gene expression and an unchanged SLC19A1/RFC-1 expression.

The in vivo experiments confirmed the enhanced antitumor activity of the simultaneous 5-FU plus NaLV combination at different 5-FU doses. These positive effects could be explained on the basis of our in vitro findings but also with the possible pharmacokinetic advantage of the simultaneous administration of the two drugs. Indeed, the NaLV maximum concentration, and thus the availability of LV in plasma and tissues, is contextual with the maximum concentration reached by 5-FU, enhancing the possibility of stabilization of the ternary complex that can be achieved by high levels of 5,10-methylenetetrahydrofolate<sup>31</sup>. Moreover, this association obtained a good toxicity profile in nude mice, similar to the published clinical studies of Hartung et al.<sup>14</sup> and Kuhfahl et al.<sup>15</sup> on the simultaneous administration of NaLV and 5-FU, where no hematological toxicity grade III/IV was observed. On the contrary, the sequential association of CaLV (1 h before)<sup>38</sup> followed by 5-FU at the lowest and at the highest doses (50 and 150 mg/kg) did not exert a significant therapeutic effect, whereas at the 5-FU dose of 100 mg/kg, the combination showed an antitumor activity similar to 5-FU alone but with the appearance of a severe toxicity that led to a precocious mouse suppression. Unfortunately, combined administration of CaLV and 5-FU resulted in high-grade toxicity. However, it cannot be excluded that this important toxicity may depend on the calcium salt formulation of the drug with the possible crystallization and precipitation of the formed calcium carbonate<sup>9</sup> during the simultaneous persistence in peritoneal cavity of the two drugs, although this event was not recorded at the autopsy of the mice.

In conclusion, the simultaneous in vitro administration of folate salts with 5-FU leads to an enhanced

antiproliferative effect. Unfortunately, this increased activity is lost in the sequential combination probably due to the inhibition of SLC19A1/RFC-1 gene expression. The in vivo experiments confirmed the enhanced antitumor activity of the simultaneous combination of NaLV+5-FU with a good toxicity profile of this schedule. The present preclinical findings seem to suggest that folinate salts may be better administered with 5-FU simultaneously in a single pump (i.e., NaLV) or with the aid of two separate ones (i.e., CaLV), rather than sequentially, as currently applied in routine oncology practice. However, a confirmation of this preclinical data in a clinical setting could be achieved only through a properly designed phase III, randomized clinical trial.

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